

DECEMBER 2017

Elementary School Lunch Menu

Lunch Meal Price \$3.00
Reduced Price \$0.40
A La Carte Beverage \$0.75



PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday



For information about Poway school meals, such as nutrition details, allergens, featured local produce, and more, visit:

www.powayusdnutrition.com

4
Turkey Hot Dog & Pretzels
Fish Sticks & Pretzels
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

5
Haystack
Macaroni & Cheese*
Bean & Cheese Burrito*
Yogurt and Cheez-Its*

6
Hamburger
Cheese Tamale and Beans*
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

7
Orange Chicken with Rice
Chicken Nuggets
Entrée Salad with Seeds*
Yogurt and Cheez-Its*

1
Cheese Pizza*
Pepperoni Pizza
Bean & Cheese Burrito*
Yogurt, Seeds, & Crackers*

11
Cheeseburger
Mini Chicken Corn Dogs
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

12
Cheesy Bean Nachos*
French Toast and Sausage
Bean & Cheese Burrito*
Yogurt and Cheez-Its*

13
Salisbury Steak with
Noodles & Garlic Toast
Barbecue Chicken Sandwich
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

14
Teriyaki Chicken with Rice
Chicken Nuggets
Entrée Salad with Egg*
Yogurt and Cheez-Its*

8
Cheese Pizza*
Pepperoni Pizza
Bean & Cheese Burrito*
Yogurt, Seeds, & Crackers*

18
Cheesy Breadsticks*
Breaded Chicken Sandwich
Grilled Cheese Sandwich*
Yogurt, Seeds, & Crackers*

19
Crispy Turkey Taco
Chicken Drumstick
Bean & Cheese Burrito*
Yogurt and Cheez-Its*
Whole Grain Treat

20
SPECIAL HOLIDAY LUNCH \$3.25
Turkey & Gravy, Mashed Potatoes, Cranberry Sauce, and more! Watch for details at your school.

21
Teriyaki Beef with Rice
Chicken Nuggets
Entrée Salad with Cheese*
Yogurt and Cheez-Its*

15
Cheese Pizza*
Pepperoni Pizza
Bean & Cheese Burrito*
Yogurt, Seeds, & Crackers*
Cupcakes for Students with December Birthdays


25
WINTER BREAK!

26
WINTER BREAK!

27
WINTER BREAK!

28
WINTER BREAK!

29
WINTER BREAK!

 * Meatless entrees are marked with an asterisk. At least two meatless options are offered daily.

Menu items subject to change without notice.
Poway Unified School District is an equal opportunity provider and employer.



School lunch includes:
Choice of Entrée (Protein + Whole Grains)
Self-Serve Salad Bar (Fruits + Vegetables)
Choice of Milk (1% white or fat free chocolate)