

# October 2021

## EL MORRO MENU

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



Breakfast Cereal **1**  
Fresh Fruit  
Milk  
Turkey & Cheese  
Lunch Box  
Fresh  
Fruit/Veggie  
Milk

**4**  
Blueberry Muffin  
Fresh Fruit  
Milk  
Crispy Chicken Burger  
Fresh  
Fruit/Veggie  
Milk

**5**  
Bagel & Cream  
Cheese  
Fresh Fruit & Milk  
Taco Snack  
Fresh Fruit/Veggie  
Milk

**6**  
Blueberry Muffin  
Fresh Fruit  
Milk  
Pizza Boli  
Fresh Fruit/Veggie  
Milk

**7**  
Bagel & Cream Cheese  
Fresh Fruit & Milk  
Bean & Cheese Burrito  
Fresh  
Fruit/Veggie  
Milk

**8**  
Breakfast Cereal  
Fresh Fruit  
Milk  
Cheese Lasagna  
Fresh Fruit/Veggie  
Milk

**11**  
**Minimum Day**  
Chicken Taquitos  
Fresh Fruit  
Veggie  
Milk

**12**  
**Minimum Day**  
Turkey & Cheese  
Sub  
Fresh  
Fruit/Veggie  
Milk

**13**  
**Minimum Day**  
French Toast Sticks  
Fresh Fruit  
Veggie  
Milk

**14**  
**Minimum Day**  
Chicken Sausage  
Breakfast Sandwich  
Fresh Fruit/Veggie  
Milk

**15**  
**Minimum Day**  
Blueberry Waffles  
Fresh Fruit  
Milk

**18**  
Bagel & Cream  
Cheese  
Fresh Fruit & Milk  
BBQ Chicken WG Roll  
Fresh Fruit  
Veggie  
Milk

**19**  
Blueberry Muffin  
Fresh Fruit  
Milk  
Spaghetti and  
Meatballs  
Fresh Fruit/Veggie  
Milk

**20**  
Bagel & Cream  
Cheese  
Fresh Fruit & Milk  
Crispy Chicken Burger  
Fresh  
Fruit/Veggie  
Milk

**21**  
Breakfast Cereal  
Fresh Fruit  
Milk  
Vegetarian  
Chili W/Chips  
Fresh Fruit/Veggie  
Milk

**22**  
Bagel & Cream  
Cheese  
Fresh Fruit & Milk  
Chicken & Brown  
Rice Bowl  
Fresh Fruit/Veggie  
Milk

**25**  
Blueberry Muffin  
Fresh Fruit  
Milk  
Cheese Lasagna  
Fresh Fruit/Veggie  
Milk

**26**  
Bagel & Cream  
Cheese  
Fresh Fruit & Milk  
Taco Snack  
Fresh Fruit/Veggie  
Milk

**27**  
Blueberry Muffin  
Fresh Fruit  
Milk  
Pizza Boli  
Fresh Fruit/Veggie  
Milk

**28**  
Bagel & Cream  
Cheese  
Fresh Fruit & Milk  
Vegetarian  
Chili W/Chips  
Fresh Fruit/Veggie  
Milk

**29**  
Breakfast Cereal  
Fresh Fruit  
Milk  
Bean & Cheese Burrito  
Fresh  
Fruit/Veggie  
Milk

### A La Carte

Water	\$1.50
Assorted Chips	\$1.50
Granola Bar	\$0.75
Fresh Fruit	\$0.75
Milk	\$0.75
Second Meal	\$3.90
Staff Meal	\$4.40

### School Info

Although Meals are free to all students this school year if you feel you may qualify please fill out an online application at the link below

<https://family.titank12.com/>

There are other amenities offered for those that qualify on this application

### GOING GREEN ONLINE MENUS



ONLINE DEPOSIT  
[Titan School Solutions](https://www.titank12.com/)

497-7700 x5216 or email  
[dappel@lbusd.org](mailto:dappel@lbusd.org)

Please take a minute to check out the Nutrition Services website  
[www.lbusd.org](http://www.lbusd.org)

"This institution is an equal opportunity provider"