

# JANUARY 2018

## LBHS JANUARY 2018 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>WINTER BREAK</b>	2 <b>WINTER BREAK</b>	3 <b>WINTER BREAK</b>	4 <b>WINTER BREAK</b>	5 <b>WINTER BREAK</b>
8 <b>MEATLESS MONDAY</b> SPECIAL OF THE DAY BOSCO'S BREADSTICKS W/MARINARA SAUCE  CHICKEN CAESAR SALAD VEGETARIAN GREEK SALAD	9 SPECIAL OF THE DAY BBQ PULLED PORK ON WHOLE GRAIN BUN  CHICKEN CAESAR SALAD VEGETARIAN GREEK SALAD	10 SPECIAL OF THE DAY CHICKEN & CHEESE QUESADILLA  CHICKEN CAESAR SALAD VEGETARIAN GREEK SALAD	11 SPECIAL OF THE DAY PICK UP STIX HOUSE CHICKEN  CHICKEN CAESAR SALAD VEGETARIAN GREEK SALAD	12 SPECIAL OF THE DAY <b>Z PIZZA</b> CHEESE PIZZA (V) or PEPPERONI PIZZA  CHICKEN CAESAR SALAD
15 <b>MARTIN LUTHER KING HOLIDAY</b>	16 SPECIAL OF THE DAY CHICKEN FAJITA BURRITO  CHICKEN CAESAR SALAD SOUTHWESTERN SALAD	17 SPECIAL OF THE DAY SLOPPY JOE ON WHOLE GRAIN BUN  CHICKEN CAESAR SALAD SOUTHWESTERN SALAD	18 SPECIAL OF THE DAY PICK UP STIX HOUSE CHICKEN  CHICKEN CAESAR SALAD SOUTHWESTERN SALAD	19 SPECIAL OF THE DAY <b>Z PIZZA</b> CHEESE PIZZA (V) or PEPPERONI PIZZA  CHICKEN CAESAR SALAD
22 <b>MEATLESS MONDAY</b> SPECIAL OF THE DAY MAMA'S MAC & CHEESE (V)  CHICKEN CAESAR SALAD VEGETARIAN GREEK SALAD	23 SPECIAL OF THE DAY BBQ PULLED PORK ON WHOLE GRAIN BUN  CHICKEN CAESAR SALAD VEGETARIAN GREEK SALAD	24 <b>FINAL EXAMS MINIMUM DAY</b>	25 <b>FINAL EXAMS MINIMUM DAY</b>	26 <b>FINAL EXAMS MINIMUM DAY</b>
29 <b>NON STUDENT DAY</b>	30 SPECIAL OF THE DAY CHICKEN FAJITA BURRITO  CHICKEN CAESAR SALAD CHEF SALAD	31 SPECIAL OF THE DAY CHILI WITH CORN MUFFIN  CHICKEN CAESAR SALAD CHEF SALAD	<b>DID YOU KNOW...</b> <b>JANUARY IS NAMED AFTER THE ROMAN GOD JANUS,</b> <b>WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS.</b> <b>HE LOOKED BACK TO THE LAST YEAR AND FORWARD</b> <b>TO THE NEW ONE.</b>	

### Daily Entrees

100% All Beef Hamburger  
 100% All Beef Cheeseburger  
 BBQ Bacon Burger  
 Beef Hot Dog  
 Popcorn Chicken  
 & Corn Muffin  
 Spicy Chicken Sandwich  
 Crispy Chicken Sandwich  
 Bean & Cheese Burrito  
 Turkey and Swiss  
 Sandwich w/Fresh Fruit  
 Ham and Swiss  
 Sandwich w/Fresh Fruit  
 Chicken Caesar Salad & Roll  
 Salad Special of the Week

**MEAL PRICE \$ 3.90**  
**ADULT MEAL \$4.40**

INCLUDES  
 CHOICE OF MILK  
 AND A VARIETY OF FRESH FRUITS AND  
 VEGETABLES  
 FROM OUR FRESH FRUIT & SALAD BAR

### School News

**NUTRITION SERVICES**  
**"FEATURING ALL**  
**NEW"**

**NITRATE/NITRITE FREE**  
**HOT DOGS &**  
**HORMONE FREE**  
**ANTIBIOTIC FREE**  
**HAMBURGERS**

497-7700 x5216 or email  
[dappel@lbusd.org](mailto:dappel@lbusd.org)

Please take a minute to check out the  
 Nutrition Services website  
[www.lbusd.org](http://www.lbusd.org)

**GOING GREEN ONLINE MENTIS**



ONLINE DEPOSIT  
 WITH e-Funds

"This institution is an equal  
 opportunity provider"