

JANUARY 2018

EL MORRO JANUARY 2018 LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
**WINTER
BREAK**

2
**WINTER
BREAK**

3
**WINTER
BREAK**

4
**WINTER
BREAK**

5
**WINTER
BREAK**

8
MEATLESS MONDAY

Bosco's
Cheese Sticks (V)
W/Marinara Sauce
Green Beans
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

9
Mandarin King
House Chicken w/Rice
Peach Cup
Choice of Sides
Choice of Milk

10
100% All Beef Hot Dog or
Veggie Burger (V)
Baked Beans
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

11
Popcorn Chicken
Steamed Corn
Applesauce Cup
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

12
Z PIZZA
Cheese or (V)
Pepperoni Pizza
Sliced Peaches
Choice of Sides
Choice of Milk

15
**MARTIN
LUTHER
KING
HOLIDAY**

16
Meatball Sub
Blue Raspberry
Lemon Ice
Choice of Sides
Choice of Milk

17
HARVEST OF THE MONTH
100% All Beef Hamburger,
Cheeseburger or Veggie
Burger (V) Whole Grain Bun
Baked Beans
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

18
Popcorn Chicken
Steamed Corn
Applesauce Cup
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

19
Z PIZZA
Cheese Pizza (V)
Peach Cup
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

22
MEATLESS MONDAY

All Natural
Bean & Cheese Burrito (V)
Salsa - Applesauce
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

23
Mandarin King
House Chicken w/Rice
Fresh Fruit
Choice of Sides
Choice of Milk

24
100% All Beef Hot Dog or
Veggie Burger (V)
Applesauce
Choice of Sides
Choice of Milk

25
Sloppy Joe's on
Whole Grain Bun
Mixed Fruit
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

26
Z PIZZA
Cheese or (V)
Pepperoni Pizza
Applesauce Cup
Choice of Sides
Choice of Milk

29
MEATLESS MONDAY

Spaghetti (V)
W/Marinara Sauce
Mixed Fruit
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

30
Chili Con Carne
with Gold Fish
Blue Raspberry
Lemon Ice
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

31
100% All Beef Hamburger,
Cheeseburger or Veggie
Burger (V) Whole Grain Bun
Applesauce
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

DID YOU KNOW...

**JANUARY IS NAMED AFTER THE ROMAN GOD JANUS,
WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS.
HE LOOKED BACK TO THE LAST YEAR AND FORWARD
TO THE NEW ONE.**

SNACKS

Bagel w/Cream Cheese	\$1.00
Blueberry Muffin	\$0.75
Soft Pretzel	\$1.00
Yogurt	\$1.25
Breakfast Sandwich	\$2.00
Small Cereal w/Milk	\$1.25
Fruit Parfait	\$2.00
Assorted Chips	\$1.00
Granola Bar	\$0.50
Clif Bar	\$1.50
Krispy Treat	\$1.00
Milk/Juice	\$0.60
Fresh Fruit	\$0.50
Water	\$1.00

Lunch Price \$3.90
Staff Meal \$4.40

**FRESH FRUIT/SALAD BAR NOW
PROUDLY SERVING SEASONAL
LOCALLY GROWN FRUITS &
VEGETABLES
CHOICE OF MILK**

School News

**HARVEST OF THE MONTH
TOW MANDARIN TREE
JOIN NUTRITION SERVICES &
TOW 5TH GRADE STUDENT
COUNCIL FOR A MANDARIN
TASTE TEST ON JANUARY 17TH**

