

MARCH 2017

EL MORRO LUNCH MENU



MONDAY

DID YOU KNOW...

March was the first month of the year until the Gregorian calendar began to be used in 1752.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEATLESS MONDAY 6

Mama's
Mac & Cheese (V)
Sliced Peaches
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

Mandarin King
House Chicken w/Rice
Orange Slices
Choice of Sides
Choice of Milk

100% All Beef Hot Dog or
Veggie Burger
Baked Beans
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

Popcorn Chicken
Sliced Pears
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

Z PIZZA 10
Cheese Pizza (V)
Applesauce Cup
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

MEATLESS MONDAY 13

Bosco's
Cheese Sticks (V)
W/Marinara Sauce
Sliced Pears
Seasonal Fresh Fruits and
Vegetables

BBQ Pulled Pork 14
On a Whole Grain Bun
Blue Raspberry
Lemon Ice
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

BBQ 15
100% All Beef Hamburger,
Cheeseburger or Veggie
Burger Whole Grain Bun
Baked Beans
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

Meatball Sub 16
Blue Raspberry
Lemon Ice
Choice of Sides
Choice of Milk

Z PIZZA 17
Cheese Pizza (V)
Applesauce Cup
St Patrick's Day Cookie
Choice of Sides
Choice of Milk

MEATLESS MONDAY 20

All Natural
Bean & Cheese Burrito (V)
Salsa – Sliced Pears
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

Mandarin King 21
House Chicken w/Rice
Orange Slices
Choice of Sides
Choice of Milk

100% All Beef Hot Dog or
Veggie Burger
Baked Beans
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

MINIMUM DAY 23
All Natural
Bean & Cheese Burrito (V)
Applesauce Cup
Choice of Sides
Choice of Milk

MINIMUM DAY 24
Bagel Sandwich
Bacon, Egg & Cheese
Applesauce Cup
Choice of Sides
Choice of Milk
(WITHOUT BACON UPON REQUEST)

MEATLESS MONDAY 27

Bosco's 27
Cheese Sticks (V)
W/Marinara Sauce
Sliced Pears
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

Tuna Sandwich on 28
Whole Wheat Bread
Blue Raspberry
Lemon Ice
Choice of Sides
Choice of Milk

BBQ 29
100% All Beef Hamburger,
Cheeseburger or Veggie
Burger Whole Grain Bun
Baked Beans
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

Popcorn Chicken 30
Sliced Pears
Choice of Sides
Choice of Milk

Z PIZZA 31
Cheese Pizza (V)
Mixed Fruit
Seasonal Fresh Fruits and
Vegetables
Choice of Milk

SNACKS

Bagel w/Cream Cheese	\$1.00
Blueberry Muffin	\$0.75
Soft Pretzel	\$1.00
Yogurt	\$1.25
Breakfast Sandwich	\$2.00
Small Cereal w/Milk	\$1.25
Fruit Parfait	\$2.00
Assorted Chips	\$1.00
Granola Bar	\$0.50
Clif Bar	\$1.50
Krispy Treat	\$1.00
Milk/Juice	\$0.60
Fresh Fruit	\$0.50
Water	\$1.00

Lunch Price \$3.90
Staff Meal \$4.40

FRESH FRUIT/SALAD BAR NOW
PROUDLY SERVING SEASONAL
LOCALLY GROWN FRUITS &
VEGETABLES
CHOICE OF MILK

School News

Laguna Beach Unified School
District Nutrition Services
Department is looking for parents
interested in training to be Nutrition
Services substitutes. Hours are
flexible; all school holidays are
observed, leaving you free to spend
minimum days and holidays with
your students.

Please contact Debra Appel in
Nutrition Services

497-7700 x5216 or email
dappel@lbusd.org

Please take a minute to check out the
Nutrition Services website
www.lbusd.org

GOING GREEN ONLINE MENUS



ONLINE DEPOSIT
WITH e-Funds

"This institution is an equal
opportunity provider"