

2016-2017 MIDDLE & HIGH SCHOOL BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Choose 2:</u> Assorted Juice Fresh Pear Potato Wedges Baby Carrots</p>	<p><u>Choose 2:</u> Assorted Juice Orange Wedges Craisins Baby Carrots</p>	<p><u>Choose 2:</u> Assorted Juice Fresh Banana Potato Wedges Baby Carrots</p>	<p><u>Choose 2:</u> Assorted Juice Fresh Apple Craisins Baby Carrots</p>	<p><u>Choose 2:</u> Assorted Juice Fresh Banana Potato Wedges Baby Carrots</p>
<p><u>Choose 1:</u> Assorted Fruit Bread Cereal w/Cheese Stick French Toast Sticks Chicken Biscuit Skillet Frittata Wrap Sausage Breakfast Pizza SunWise Sandwich Blueberry Mini-Pancakes Yogurt w/Granola</p>	<p><u>Choose 1:</u> Assorted Fruit Bread Cereal w/Egg Pop Pancake Sandwich Ham & Cheese Croissant Cheese & Egg Pizza Pancake Puppy SunWise Sandwich </p>	<p><u>Choose 1:</u> Assorted Fruit Bread Cereal w/Cheese Stick French Toast Sticks Chicken Biscuit Skillet Frittata Wrap Sausage Breakfast Pizza SunWise Sandwich Banana Mini-Pancakes Yogurt w/Granola</p>	<p><u>Choose 1:</u> Assorted Fruit Bread Cereal w/Egg Pop Pancake Sandwich Ham & Cheese Croissant Cheese & Egg Pizza Pancake Puppy SunWise Sandwich </p>	<p><u>Choose 1:</u> Assorted Fruit Bread Cereal w/Cheese Stick French Toast Sticks Chicken Biscuit Skillet Frittata Wrap Sausage Breakfast Pizza SunWise Sandwich Blueberry Mini-Pancakes Yogurt w/Granola</p>

Tuesday & Thursday Smoothie Breakfast: Fruit Smoothie w/Nutri-Grain Bar & Baby Carrots, Craisins or Fresh Fruit

Choose 1: Skim Milk, Fat Free Chocolate Milk, Fat Free Strawberry Milk, or Low Fat Milk with all Breakfasts.