



# Martin County Schools

## December, 2019

<b>Monday, December 2</b>  Blueberry Muffin  Baked Mini Corn Dog Grilled Cheese Sandwich Tossed Salad Green Beans Orange Wedge Peaches	<b>Tuesday, December 3</b>  Strawberry Pop Tart w / Gram Cracker  Cheeseburger on Bun BBQ Chicken w/Roll Mashed Potatoes Black-eyed Peas Banana Mixed Fruit	<b>Wednesday, December 4</b>  Dunkin Stix  Baked Chicken Tenders Rib Q on Bun Herb Roasted Potatoes Collards Applesauce Pineapple Tidbits	<b>Thursday, December 5</b>  Sausage Biscuit  Baked Spaghetti w / Roll Chicken Fajita Wrap Tossed Salad Corn Fresh Orange Diced Peaches	<b>Friday, December 6</b>  Breakfast Pizza  Chicken Stir fry Pork chop on Bun Mixed Vegetables Carrots w/ Dip Fresh Apples Diced Pears
<b>Monday, December 9</b>  Strawberry Pop Tart  BBQ on Bun Fish on Bun Baked French Fries Cole Slaw Fresh Orange Sliced Peaches	<b>Tuesday, December 10</b>  Pancake Pup w/ Syrup  Chicken Pastry Pork Chop on Bun Candied Yams Green Beans Diced Pears Pineapple Tidbits	<b>Wednesday, December 11</b>  Blueberry Muffin  Baked Spaghetti w/ Roll Chicken Fajita Wrap Pinto Bean Tossed Salad Mixed Fruit Fresh Apples	<b>Thursday, December 12</b>  Super Donut  Pepperoni Pizza Hot Dog on Bun Baked French Fries Baked Beans Diced Pears Diced Peaches	<b>Friday, December 13</b>  Eggs, Grits, Toast  Scoop in Taco Turkey & Cheese on Bun Carrots w/ Dip Broccoli w / Cheese Mixed Vegetables Applesauce Mixed Fruit
<b>Monday, December 16</b>  Strawberry Pop Tart  Pepperoni Pizza Chicken Fillet on Bun Broccoli w / Cheese Tossed Salad Applesauce Pineapple Tidbits	<b>Tuesday, December 17</b>  French Toast w / Syrup  Cheese Stix w/ marinara sauce BBQ on Bun Seasoned Potato Wedges Steamed Cabbage Diced Pears Fresh Bananas	<b>Wednesday, December 18</b>  Blueberry Muffins  Baked Turkey w /Gravy/ Roll Popcorn Chicken w/ Roll Green Beans Candied Yams Fresh Apple Pineapple Tidbits	<b>Thursday, December 19</b>  Super Donut  Cheeseburger o Bun Hot Dog on Bun Baked French Fries Baked Beans Diced Pears Applesauce	<b>Friday, December 20</b>  Cinnamon Roll  Baked Chicken Nuggets Teriyaki Beef Dippers w /Rice Corn Mixed Vegetables Fresh Oranges Diced peaches

Assorted Cereals, Juices and a choice of 1% or Skim Milk are served daily with Breakfast.

Assorted Fresh Fruits are served 2x a week w/ Lunch. Whole Wheat Rolls and 1% or Skim Milk are offered daily.

Students are required to take 3 out of 5 items to make a reimbursable lunch. 1 of those items must be a fruit or vegetable. Students DO NOT have to take a milk because we operate under offered versus served.

**Chef Salad Served**  
Tuesday, Wednesday, & Thursday.

**Baked Potato Served**  
Monday and Friday

**Grab Bags Served Daily**  
Yogurt

**String Cheese- Milk**  
Pre-Packaged (Fruit or Vegetable)

**Breakfast and Lunch meals for the school year will be served at no cost to all Martin County Students.**

**Prepay: Students may use their prepay balances to pay for a la carte items or for a second meal.**

**USDA is an equal opportunity provider and employer.**