

**October 2017**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
	POPCORN CHICKEN ( D, S, W, CRNSWT, CRN, BIRD)  BROCCOLI W/ CHEESE SAUCE - ELEM ( D, CRN, DYES)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)	COLBY CHEESE OMELET ( D, E, S, CRN)  PANCAKES ( D, E, S, W, CRNSWT)  SYRUP - PORTION PACK ( CRNSWT)  TATER TOTS ( S, CRNSWT, POT, CRN)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)	PERSONAL PAN PEPPERONI PIZZA ( D, S, W, CRNSWT, T, PRK, CRN, B  WHOLE KERNEL CORN ( CRN)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)	WG MAX CHEESE STUFFED BREADSTICKS ( D, S, W, CRNSWT, POT, CRN)  DIPPING SAUCE ( S, T)  TUSCAN VEGETABLES ( CRT)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)	HOT DOG ON A BUN ( S, W, CRNSWT, BIRD)  RANCH STYLE BEANS ( T, CRN)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)  MUSTARD, PORTION PACK  SALAD DRESSING, REDUCED FAT, PORTION PACK ( E, S, CRNSWT, CRN,	

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8	9	10	11	12	13	14
		STEAK FINGERS ( S, W, CRNSWT, POT, CRN, BEEF)  WG MACARONI & CHEESE ( D, S, W)  PEAS & CARROTS ( CRT)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)	CHEF BOYARDEE RAVIOLI ( D, S, W, CRNSWT, T, CRT, BEEF)  GARLIC TOAST ( D, S, W)  VEGGIE DIPPERS ( CRT)  DRESSING - RANCH, LOW FAT ( D, E, S, CRNSWT, CRN)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)	PIG IN A BLANKET - WG ( D, E, S, W, CRNSWT, O, SME, BIRD)  TOMATO SOUP ( W, CRNSWT, T)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)	BREADED CHICKEN SANDWICH (HS) ( S, W, CRNSWT, CRT, BIRD)  POTATO WEDGES, SEASONED ( S, CRNSWT, POT, CRN)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)	

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15	16	17	18	19	20	21
	CHICKEN NUGGETS ( S, W, CRNSWT, CRN, BIRD)  SEASONED GREEN BEANS ( T, CRT, ORG)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)	HOT DOG ON A BUN ( S, W, CRNSWT, BIRD)  RANCH STYLE BEANS ( T, CRN)  ASSORTED CHILLED FRUIT, P ( D, S, CRNSWT, ORG, RED, CRN, DYES,  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)  MUSTARD, PORTION PACK  SALAD DRESSING, REDUCED FAT, PORTION PACK ( E, S, CRNSWT, CRN,	PERSONAL PAN PEPPERONI PIZZA ( D, S, W, CRNSWT, T, PRK, CRN, B  WHOLE KERNEL CORN ( CRN)  ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D  PRE K MILK ( D)	PIZZA SANDWICH ( D, S, W, CRNSWT, PRK, BEEF)  DIPPING SAUCE ( S, T)  SONOMA VEGETABLES ( CRT)  ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D  PRE K MILK ( D)	CHEESEBURGER (HS) ( D, S, W, CRNSWT, BEEF)  FRENCH FRIES, SEASONED ( S, CRNSWT, POT, CRN)  ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D  PRE K MILK ( D)  KETCHUP, PORTION PACK ( CRNSWT, T)  MUSTARD, PORTION PACK  SALAD DRESSING, REDUCED FAT, PORTION PACK ( E, S, CRNSWT, CRN,	

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22	23 STEAK FINGER BITES ( S, W, CRNSWT, POT, CRN, BEEF, BIRD) MASHED POTATOES ( D, CRNSWT, POT) COUNTRY GRAVY ( D, E, S, W, CRNSWT) ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D) PRE K MILK ( D) KETCHUP, PORTION PACK ( CRNSWT, T)	24 BUENO CHEESY NACHOS ( D, S, T, CRN, BEEF) RANCH STYLE BEANS ( T, CRN) ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D) PRE K MILK ( D)	25 WHOLE GRAIN STUFFED CRUST PIZZA ( D, S, W, CRNSWT, T, POT, PRK) PEAS & CARROTS ( CRT) ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D) PRE K MILK ( D)	26 ORANGE CHICKEN ( D, S, W, CRNSWT, ORG, SME, CRN, BIRD) ASIAN RICE - ELEM ( D, S, CRNSWT) ASIAN VEGETABLE BLEND ( CRT) ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D) PRE K MILK ( D)	27 WG MEXI TACO QUESADILLA ( D, S, W, CRNSWT, T, POT, CRN, BEEF) TATER TOTS ( S, CRNSWT, POT, CRN) ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D) PRE K MILK ( D) KETCHUP, PORTION PACK ( CRNSWT, T)	28
29	30 POPCORN CHICKEN ( D, S, W, CRNSWT, CRN, BIRD) BROCCOLI W/ CHEESE SAUCE - ELEM ( D, CRN, DYES) ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D) PRE K MILK ( D) KETCHUP, PORTION PACK ( CRNSWT, T)	31 HOMESTYLE CHICKEN TENDERS ( E, S, W, O, CRN, BIRD) HONEY MUSTARD DRESSING ( E, S, CRNSWT, DYES) BAKED BEANS ( S, CRNSWT, T, RED, CRN, BIRD) ASSORTED CHILLED FRUIT, PRE K ( D, S, CRNSWT, ORG, RED, CRN, D) PRE K MILK ( D)				

### Allergens

**D = Dairy E = Eggs F = Fish P = Peanuts SF = Shellfish S = Soy N = Tree Nuts W = Wheat CRNSWT = Corn Sweetener (syrup, md, sugar, dextr) T = Tomato CRT = Carrots POT = Potato PRK = Pork O = Oats ORG = Orange SME = Sesame RED = Red Dye CRN = Corn (veg/meal/starch/flour/oil/fiber/pr DYES = Food Dyes (yellow, blue) CINN = Cinnamon BEEF = Beef BIRD = Poultry PKIN = Pumpkin BERRY = Berries (Strawberry, Raspberry, Blueberr**