

October 2017

INTERMEDIATE SCHOOL LUNCH MENU


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>***</p> <p>GRILLED CHICKEN SANDWICH (BUN USED IS LOCAL PRODUCT)</p> <p>Cheese stuffed Breadsticks & Dipping Sauce</p> <p>POPCORN CHICKEN (LOCAL PRODUCT)</p> <p>Seasoned Rice</p> <p>Steamed Broccoli w/ Cheese Sauce</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>3</p> <p>***</p> <p>HOT DOG ON A BUN (BUN USED IS LOCAL PRODUCT)</p> <p>ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p>Colby Cheese Omelet & Pancakes</p> <p>Diced Carrots</p> <p>Tater Tots</p> <p>Garden Salad</p> <p>RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>4</p> <p>***</p> <p>BBQ ON A BUN (BBQ & BUN USED ARE LOCAL PRODUCTS)</p> <p>Cheesy Baked Potato w/ Crackers</p> <p>BUENO CHEESY NACHOS (TORTILLA CHIPS LOCALLY PRODUCED)</p> <p>Refried Beans</p> <p>Sonoma Vegetables</p> <p>Shredded Lettuce & Diced Tomato</p> <p>Salsa</p> <p>JALAPENOS (LOCALLY PRODUCED)</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>5</p> <p>***</p> <p>BACON CHEESEBURGER (BUN USED IS LOCAL PRODUCT)</p> <p>Italian Spaghetti & Meat Sauce</p> <p>Boneless Wings</p> <p>Tuscan Vegetables</p> <p>Roasted Potatoes</p> <p>COUNTRY GRAVY (LOCAL PRODUCT)</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>6</p> <p>***</p> <p>CHEESEBURGER (BUN USED IS LOCAL PRODUCT)</p> <p>ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p>Cheesy Quesadilla</p> <p>French Fries</p> <p>Veggie Dippers w/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>
<p>9</p> <p>STUDENT HOLIDAY</p> 	<p>10</p> <p>****</p> <p>CHILI CHEESE DOG (BUN USED IS LOCAL PRODUCT)</p> <p>ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p>Baked Chicken Drumsticks</p> <p>Tuscan Vegetables Baked Beans</p> <p>WG HOMESTYLE ROLL (LOCAL PRODUCT)</p> <p>Garden Salad w/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>11</p> <p>****</p> <p>BACON CHEESEBURGER (BUN USED IS LOCAL PRODUCT)</p> <p>Beef Ravioli w/ GARLIC TOAST (BREAD USED IS LOCAL PRODUCT)</p> <p>Steak Finger Bites</p> <p>Whole Kernel Corn Steamed Broccoli w/ Cheese Sauce Sandwich Trimmings</p> <p>Chef Salad</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>12</p> <p>****</p> <p>TOASTED CHEESE SANDWICH (V) (BREAD USED IS LOCAL PRODUCT)</p> <p>ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p>PIG IN A BLANKET (BREAD BLANKET IS LOCAL PRODUCT)</p> <p>Tomato Soup Sonoma Vegetables</p> <p>Garden Salad w/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>13</p> <p>****</p> <p>CHEESEBURGER (BUN USED IS LOCAL PRODUCT)</p> <p>Italian Sub Sandwich w/ Dipping Sauce Boneless Wngs</p> <p>French Fries</p> <p>Veggie Dippers w/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>

October 2017

INTERMEDIATE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>16</p> <p style="text-align: center;">*</p> <p>BREADED CHICKEN SANDWICH (BUN USED IS LOCAL PRODUCT)</p> <p>Cheese stuffed Breadsticks & Dipping Sauce</p> <p>Steak Fingers</p> <p>Mashed Potatoes</p> <p>COUNTRY GRAVY (LOCAL PRODUCT)</p> <p>Seasoned Green Beans</p> <p>GARLIC TOAST (BREAD USED IS LOCAL PRODUCT)</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>17</p> <p style="text-align: center;">*</p> <p>CHILI CHEESE HOT DOG ON A BUN (BUN USED IS LOCAL PRODUCT)</p> <p>ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p>Chicken Tenders w/ Honey Mustard</p> <p>Baked Beans</p> <p>Whole Kernel Corn</p> <p>Garden Salad W/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>18</p> <p style="text-align: center;">*</p> <p>BBQ ON A BUN (BBQ & BUN USED ARE LOCAL PRODUCTS)</p> <p>Cheesy Baked Potato w/ Crackers</p> <p>CHILI CHEESE NACHOS (TORTILLA CHIPS LOCALLY PRODUCED)</p> <p>Ranch Style Beans</p> <p>Sonoma Vegetables</p> <p>Shredded Lettuce e& Diced Tomato</p> <p>Salsa</p> <p>JALAPENOS (LOCALLY PRODUCED)</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>19</p> <p style="text-align: center;">*</p> <p>BACON CHEESEBURGER (BUN USED IS LOCAL PRODUCT)</p> <p>Cheesy Italian Pasta Bake</p> <p>Mexi Taco Quesadilla</p> <p>Tuscan Vegetables</p> <p>Corn on the Cob</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>20</p> <p style="text-align: center;">*</p> <p>CHEESEBURGER (BUN USED IS LOCAL PRODUCT)</p> <p>ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p>Beef & Bean Burrito</p> <p>French Fries</p> <p>Veggie Dippers W/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>

October 2017

INTERMEDIATE LUNCH MENU

23	24	25	26	27
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">**</p> <p style="text-align: center;">DELI WRAP (LOCAL MILK USED TO MAKE RANCH DRESSING)</p> <p style="text-align: center;">PIZZA SANDWICH (BREAD USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">Chicken Nuggets</p> <p style="text-align: center;">Dipping Sauce Mashed Potatoes Seasoned Green Beans</p> <p style="text-align: center;">COUNTRY GRAVY (LOCAL PRODUCT)</p> <p style="text-align: center;">TEXAS TOAST (BREAD USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">Garden Salad W/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p style="text-align: center;">ICE COLD MILK (LOCALLY PRODUCED)</p>	<p style="text-align: center;">**</p> <p style="text-align: center;">Beefy Cheese Taco Snack</p> <p style="text-align: center;">ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p style="text-align: center;">TOASTED CHEESE SANDWICH (V) (BREAD USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">Vegetable Soup Whole Kernel Corn</p> <p style="text-align: center;">Garden Salad W/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p style="text-align: center;">ICE COLD MILK (LOCALLY PRODUCED)</p>	<p style="text-align: center;">**</p> <p style="text-align: center;">HOT DOG ON A BUN (BUN USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">Cheese Stuffed Breadstick w/ Dipping Sauce</p> <p style="text-align: center;">Beef Enchiladas</p> <p style="text-align: center;">Ranch Style Beans Tuscan Vegetables Lettuce & Tomato Salsa</p> <p style="text-align: center;">JALAPENOS (LOCAL PRODUCT)</p> <p style="text-align: center;">Beef Ravioli w/</p> <p style="text-align: center;">ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p style="text-align: center;">ICE COLD MILK (LOCALLY PRODUCED)</p>	<p style="text-align: center;">**</p> <p style="text-align: center;">Corn Dog on a Stick</p> <p style="text-align: center;">ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p style="text-align: center;">ORANGE CHICKEN (CHICKEN IS LOCAL PRODUCT)</p> <p style="text-align: center;">Asian Rice Asian Stir Fry Vegetables Corn on the Cob</p> <p style="text-align: center;">Garden Salad w/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p style="text-align: center;">ICE COLD MILK (LOCALLY PRODUCED)</p>	<p style="text-align: center;">**</p> <p style="text-align: center;">CHEESEBURGER (BUN USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">Baked Chicken Alfredo</p> <p style="text-align: center;">Mexi Tac Quesadilla</p> <p style="text-align: center;">Tater Tots</p> <p style="text-align: center;">Veggie Dippers w/ RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p style="text-align: center;">Sandwich Trimmings</p> <p style="text-align: center;">ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p style="text-align: center;">ICE COLD MILK (LOCALLY PRODUCED)</p>

October 2017

INTERMEDIATE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>30</p> <p>***</p> <p>GRILLED CHICKEN SANDWICH (BUN USED IS LOCAL PRODUCT)</p> <p>Cheese stuffed Breadsticks & Dipping Sauce</p> <p>POPCORN CHICKEN (LOCAL PRODUCT)</p> <p>Seasoned Rice</p> <p>Steamed Broccoli w/ Cheese Sauce</p> <p>Sandwich Trimmings</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>	<p>31***</p> <p>HOT DOG ON A BUN (BUN USED IS LOCAL PRODUCT)</p> <p>ALPHA CHEESE & PEPPERONI PIZZA (LOCALLY PRODUCED)</p> <p>Colby Cheese Omelet & Pancakes</p> <p>Diced Carrots</p> <p>Tater Tots</p> <p>Garden Salad</p> <p>RANCH DRESSING (MILK USED IS LOCAL PRODUCT)</p> <p>ASSORTED FRUITS (INCLUDING ORANGES, APPLES, GRAPEFRUIT THAT ARE LOCALLY PRODUCED)</p> <p>ICE COLD MILK (LOCALLY PRODUCED)</p>			