

Bryan ISD Elementary Lunch Menu

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 HAMBURGER (HS) (S, W, CRNSWT, BEEF) CHEESEBURGER (HS) (D, S, W, CRNSWT, BEEF) BEEF & BEAN BURRITO (S, W, CRNSWT, POT, CRN, BEEF) TATER TOTS (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) JUICE, APPLE KETCHUP, PORTION PACK (CRNSWT, T) MUSTARD, PORTION PACK SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNSWT, CRN, LUNCH MILK (D, RED, CRN, DYES)	2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
		POPCORN CHICKEN (D, S, W, CRNSWT, CRN, BIRD)	PIZZA, PERSONAL PAN CHEESE (D, S, W, CRNSWT, T, CRN)	SPAGHETTI MEAT SAUCE (S, T, BEEF)	HAMBURGER (HS) (S, W, CRNSWT, BEEF)	
		BBQ ON A BUN (S, W, CRNSWT, T, CRN, BEEF)	PERSONAL PAN PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, B)	SPAGHETTI NOODLES (W, O)	CHEESEBURGER (HS) (D, S, W, CRNSWT, BEEF)	
		WG CHICKEN FLAVORED RICE (S, CRNSWT, CRN, BIRD)	MINI CHEF SALAD (D, E, S, CRNSWT, T, CRN, BIRD)	PIZZA SANDWICH (D, S, W, CRNSWT, PRK, BEEF)	WG MEXI TACO QUESADILLA (D, S, W, CRNSWT, T, POT, CRN, BEEF)	
		CARROTS, DICED (CRT)	CRACKERS, SALTINE, WG (S, W)	DIPPING SAUCE (S, T)	RANCH STYLE BEANS (T, CRN)	
		BROCCOLI W/ CHEESE SAUCE - ELEM (D, CRN, DYES)	VEGGIE DIPPERS (CRT)	GARDEN SALAD	DARK LEAFY LETTUCE	
		ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)	DRESSING - RANCH, LOW FAT (D, E, S, CRNSWT, CRN)	DRESSING - RANCH, LOW FAT (D, E, S, CRNSWT, CRN)	FRESH TOMATO (T)	
		LUNCH MILK (D, RED, CRN, DYES)	WHOLE KERNEL CORN (CRN)	TUSCAN VEGETABLES (CRT)	SLICED PICKLES	
		KETCHUP, PORTION PACK (CRNSWT, T)	ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)	GARLIC TOAST (D, S, W)	ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)	
			LUNCH MILK (D, RED, CRN, DYES)	ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)	LUNCH MILK (D, RED, CRN, DYES)	
				LUNCH MILK (D, RED, CRN, DYES)	KETCHUP, PORTION PACK (CRNSWT, T)	
					MUSTARD, PORTION PACK	
					SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNSWT, CRN,	

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10	11	12	13	14	15	16
	SEA SHAPED FISH STICKS (F, S, W, CRNSWT, CRN) CHICKEN FRIED STEAK SANDWICH - BB (S, W, CRNSWT, POT, CRN, BE WG MACARONI & CHEESE (D, S, W) PEAS & CARROTS (CRT) BROCCOLI W/ CHEESE SAUCE - ELEM (D, CRN, DYES) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) KETCHUP, PORTION PACK (CRNSWT, T) MUSTARD, PORTION PACK SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNSWT, CRN, TARTAR SAUCE (E, S, CRNSWT, CRN)	BEEF ENCHILADAS W/ RANCHERO SAUCE (D, S, W, CRNSWT, T, CRN, B STEAK FINGERS (S, W, CRNSWT, POT, CRN, BEEF) REFRIED BEANS (D, S, CRNSWT, CRN, BIRD) SPANISH RICE (CRNSWT) DARK LEAFY LETTUCE FRESH TOMATO (T) SALSA (CRNSWT, T) JALAPENOS, SLICED ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) KETCHUP, PORTION PACK (CRNSWT, T)	WHOLE GRAIN STUFFED CRUST CHEESE PIZZA (D, S, W, CRNSWT, T, C WHOLE GRAIN STUFFED CRUST PIZZA (D, S, W, CRNSWT, T, POT, PRK CHEF BOYARDEE RAVIOLI (D, S, W, CRNSWT, T, CRT, BEEF) GARLIC TOAST (D, S, W) VEGGIE DIPPERS (CRT) DRESSING - RANCH, LOW FAT (D, E, S, CRNSWT, CRN) CORN ON THE COB (CRN) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES)	CHEESY QUESADILLA, WG (D, S, W, CRNSWT, T, POT, CRN) BEEFY CHEESE TACO SNACK (D, S, W, CRNSWT, POT, CRN, BEEF) VEGETABLE SOUP (D, S, CRNSWT, T, CRT, CRN, BIRD) GARDEN SALAD DRESSING - RANCH, LOW FAT (D, E, S, CRNSWT, CRN) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES)	HAMBURGER (HS) (S, W, CRNSWT, BEEF) CHEESEBURGER (HS) (D, S, W, CRNSWT, BEEF) CHILI CHEESE DOG (D, S, W, CRNSWT, PRK, CRN, DYES, BEEF, BIRD POTATO WEDGES, SEASONED (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) KETCHUP, PORTION PACK (CRNSWT, T) MUSTARD, PORTION PACK SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNSWT, CRN,	

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17	18	19	20	21	22	23
	CHICKEN NUGGETS (S, W, CRNSWT, CRT) FRUIT & YOGURT PLATE (D, S, W, CRNSWT, CINN) MASHED POTATOES (D, CRNSWT, POT) COUNTRY GRAVY (D, E, S, W, CRNSWT) SEASONED GREEN BEANS (T, CRT, ORG) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) KETCHUP, PORTION PACK (CRNSWT, T) MUSTARD, PORTION PACK	BAKED CHICKEN - DRUMSTICKS (D, S, CRNSWT, CRN, BIRD) CHICKEN FRIED STEAK SANDWICH - BB (S, W, CRNSWT, POT, CRN, BE) BROCCOLI W/ CHEESE SAUCE - ELEM (D, CRN, DYES) BAKED BEANS (S, CRNSWT, T, RED, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) KETCHUP, PORTION PACK (CRNSWT, T) MUSTARD, PORTION PACK SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNSWT, CRN,	PIZZA, PERSONAL PAN CHEESE (D, S, W, CRNSWT, T, CRN) PERSONAL PAN PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, B) CHEESY BAKED POTATO (D, S, POT) CRACKERS, SALTINE, WG (S, W) VEGGIE DIPPERS (CRT) DRESSING - RANCH, LOW FAT (D, E, S, CRNSWT, CRN) WHOLE KERNEL CORN (CRN) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES)	BAKED CHICKEN ALFREDO (D, E, W, CRNSWT, CRN, BIRD) PIZZA SANDWICH (D, S, W, CRNSWT, PRK, BEEF) DIPPING SAUCE (S, T) SONOMA VEGETABLES (CRT) GARDEN SALAD DRESSING - RANCH, LOW FAT (D, E, S, CRNSWT, CRN) GARLIC TOAST (D, S, W) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES)	HAMBURGER (HS) (S, W, CRNSWT, BEEF) CHEESEBURGER (HS) (D, S, W, CRNSWT, BEEF) BEEF & BEAN BURRITO (S, W, CRNSWT, POT, CRN, BEEF) FRENCH FRIES, SEASONED (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) KETCHUP, PORTION PACK (CRNSWT, T) MUSTARD, PORTION PACK SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNSWT, CRN,	

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24	25	26	27	28	29	
	<p>STEAK FINGER BITES (S, W, CRNSWT, POT, CRN, BEEF, BIRD)</p> <p>DELI WRAP (D, E, S, W, CRNSWT, T, CRN, BIRD)</p> <p>WHOLE DILL PICKLE, 140/160 CT</p> <p>MASHED POTATOES (D, CRNSWT, POT)</p> <p>COUNTRY GRAVY (D, E, S, W, CRNSWT)</p> <p>SEASONED GREEN BEANS (T, CRT, ORG)</p> <p>TEXAS TOAST (D, S, W)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p> <p>KETCHUP, PORTION PACK (CRNSWT, T)</p> <p>MUSTARD, PORTION PACK</p> <p>SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNS)</p>	<p>BUENO CHEESY NACHOS (D, S, T, CRN, BEEF)</p> <p>BBQ ON A BUN (S, W, CRNSWT, T, CRN, BEEF)</p> <p>SAVORY PINTO BEANS (D, S, CRNSWT, CRN, BIRD)</p> <p>DARK LEAFY LETTUCE</p> <p>FRESH TOMATO (T)</p> <p>SALSA (CRNSWT, T)</p> <p>JALAPENOS, SLICED</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p>	<p>WHOLE GRAIN STUFFED CRUST CHEESE PIZZA (D, S, W, CRNSWT, T, C)</p> <p>WHOLE GRAIN STUFFED CRUST PIZZA (D, S, W, CRNSWT, T, POT, PRK)</p> <p>CHEF BOYARDEE RAVIOLI (D, S, W, CRNSWT, T, CRT, BEEF)</p> <p>GARLIC TOAST (D, S, W)</p> <p>PEAS & CARROTS (CRT)</p> <p>VEGGIE DIPPERS (CRT)</p> <p>DRESSING - RANCH, LOW FAT (D, E, S, CRNSWT, CRN)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p>	<p>ORANGE CHICKEN (D, S, W, CRNSWT, ORG, SME, CRN, BIRD)</p> <p>CORN DOG, WG (E, S, W, CRNSWT, CRN, BIRD)</p> <p>ASIAN RICE - ELEM (D, S, CRNSWT)</p> <p>ASIAN VEGETABLE BLEND (CRT)</p> <p>CORN ON THE COB (CRN)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p> <p>KETCHUP, PORTION PACK (CRNSWT, T)</p> <p>MUSTARD, PORTION PACK</p>	<p>HAMBURGER (HS) (S, W, CRNSWT, BEEF)</p> <p>CHEESEBURGER (HS) (D, S, W, CRNSWT, BEEF)</p> <p>BREADED CHICKEN SANDWICH (HS) (S, W, CRNSWT, CRT, BIRD)</p> <p>TATER TOTS (S, CRNSWT, POT, CRN)</p> <p>DARK LEAFY LETTUCE</p> <p>FRESH TOMATO (T)</p> <p>SLICED PICKLES</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p> <p>KETCHUP, PORTION PACK (CRNSWT, T)</p> <p>MUSTARD, PORTION PACK</p> <p>SALAD DRESSING, REDUCED FAT, PORTION PACK (E, S, CRNSWT, CRN,</p>	

Allergens

D = Dairy E = Eggs F = Fish P = Peanuts SF = Shellfish S = Soy N = Tree Nuts W = Wheat CRNSWT = Corn Sweetner (syrup, md, sugar, dextr) T = Tomato CRT = Carrots POT = Potato PRK = Pork O = Oats ORG = Orange SME = Sesame RED = Red Dye CRN = Corn (veg/meal/starch/flour/oil/fiber/pr DYES = Food Dyes (yellow, blue) CINN = Cinnamon BEEF = Beef BIRD = Poultry PKIN = Pumpkin