

MC Harris Lunch Menu

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>MACHO CHILI CHEESE BURRITO (D, S, W, CRNSWT, T, POT, CRN, BEE</p> <p>PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN)</p> <p>PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF</p> <p>POTATO WEDGES (S, CRNSWT, POT, CRN)</p> <p>DARK LEAFY LETTUCE</p> <p>FRESH TOMATO (T)</p> <p>SLICED PICKLES</p> <p>SONOMA VEGETABLES (S, CRT)</p> <p>JALAPENOS, SLICED</p> <p>SALSA (CRNSWT, T)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p> <p>SECONDARY LUNCH CONDIMENT (D, E, F, S,</p>	<p>2</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
3	4	5	6	7	8	9	
		<p>ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF)</p> <p>SPICY CHICKEN TENDERS (E, S, W, O, CRN, BIRD)</p> <p>WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT)</p> <p>TATER TOTS (S, CRNSWT, POT, CRN)</p> <p>BROCCOLI W/ CHEESE SAUCE (D, CRN, DYES)</p> <p>DARK LEAFY LETTUCE</p> <p>FRESH TOMATO (T)</p> <p>SLICED PICKLES</p> <p>JALAPENOS, SLICED</p> <p>SALSA (CRNSWT, T)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p> <p>HONEY MUSTARD DRESSING (E, S, CRNSWT, DYES)</p> <p>SRIRA</p>	<p>PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN)</p> <p>PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF)</p> <p>CHILI CHEESE NACHOS - HS (D, S, W, CRNSWT, T, CRN, DYES, BIRD)</p> <p>TUSCAN VEGETABLES (S, CRT)</p> <p>REFRIED BEANS (D, S, CRNSWT, CRN, BIRD)</p> <p>DARK LEAFY LETTUCE</p> <p>FRESH TOMATO (T)</p> <p>JALAPENOS, SLICED</p> <p>SALSA (CRNSWT, T)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p>	<p>ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF)</p> <p>SPICY BREAST FILET & PEPPER JACK SANDWICH (D, E, S, W, CRNSWT)</p> <p>CHICKEN NUGGETS (S, W, CRNSWT, CRT)</p> <p>WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT)</p> <p>FRENCH FRIES, SEASONED (S, CRNSWT, POT, CRN)</p> <p>DARK LEAFY LETTUCE</p> <p>FRESH TOMATO (T)</p> <p>SLICED PICKLES</p> <p>SEASONED GREEN BEANS (T, CRT, ORG)</p> <p>COUNTRY GRAVY (D, E, S, W, CRNSWT)</p> <p>JALAPENOS, SLICED</p> <p>SALSA (CRNSWT, T)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG,</p>	<p>MACHO CHILI CHEESE BURRITO (D, S, W, CRNSWT, T, POT, CRN, BEE</p> <p>PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN)</p> <p>PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF)</p> <p>POTATO WEDGES, SEASONED (S, CRNSWT, POT, CRN)</p> <p>DARK LEAFY LETTUCE</p> <p>FRESH TOMATO (T)</p> <p>SLICED PICKLES</p> <p>SONOMA VEGETABLES (S, CRT)</p> <p>JALAPENOS, SLICED</p> <p>SALSA (CRNSWT, T)</p> <p>ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)</p> <p>LUNCH MILK (D, RED, CRN, DYES)</p> <p>SRIRACHA HOT CHILI SAUCE KETCH</p>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
	PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) CHICKEN FRIED STEAK PATTY (S, W, POT, CRN, BEEF) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) GARDEN SALAD WHOLE KERNEL CORN (CRN) ROASTED ROSEMARY GARLIC POTATOES (CRNSWT, POT, CRN) COUNTRY GRAVY (D, E, S, W, CRNSWT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYE)	ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF) SPICY CHICKEN TENDERS (E, S, W, O, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) TATER TOTS (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES BROCCOLI W/ CHEESE SAUCE (D, CRN, DYES) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) HONEY MUSTARD DRESSING (E, S, CRNSWT, DYES) SRIR	PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) CHILI CHEESE BURRITO (D, S, W, CRNSWT, T, POT, CRN, DYES, BEE) TUSCAN VEGETABLES (S, CRT) RANCH STYLE BEANS (T, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SALSA (CRNSWT, T) JALAPENOS, SLICED LUNCH MILK (D, RED, CRN, DYES) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)	ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF) SPICY BREAST FILET & PEPPER JACK SANDWICH (D, E, S, W, CRNSWT) CHICKEN NUGGETS (S, W, CRNSWT, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) FRENCH FRIES, SEASONED (S, CRNSWT, POT, CRN) FRESH TOMATO (T) DARK LEAFY LETTUCE SLICED PICKLES SEASONED GREEN BEANS (T, CRT, ORG) COUNTRY GRAVY (D, E, S, W, CRNSWT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT)	MACHO CHILI CHEESE BURRITO (D, S, W, CRNSWT, T, POT, CRN, BEE) PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) POTATO WEDGES, SEASONED (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES SONOMA VEGETABLES (S, CRT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) SRIRACHA HOT CHILI SAUCE KETC	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
	PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) HOMESTYLE CHICKEN TENDERS (E, S, W, O, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) GARDEN SALAD WHOLE KERNEL CORN (CRN) SCALLOPED POTATOES (D, S, W, CRNSWT, POT, CRN, DYES) COUNTRY GRAVY (D, E, S, W, CRNSWT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, D	ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF) SPICY CHICKEN TENDERS (E, S, W, O, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) TATER TOTS (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES BROCCOLI W/ CHEESE SAUCE (D, CRN, DYES) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) SECONDARY LUNCH CONDIMENT (D, E, F, S, W, CRNSWT, T	PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) CHILI CHEESE NACHOS - HS (D, S, W, CRNSWT, T, CRN, DYES, BIRD) TUSCAN VEGETABLES (S, CRT) REFRIED BEANS (D, S, CRNSWT, CRN, BIRD) DARK LEAFY LETTUCE FRESH TOMATO (T) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES)	ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF) SPICY BREAST FILET & PEPPER JACK SANDWICH (D, E, S, W, CRNSWT) CHICKEN NUGGETS (S, W, CRNSWT, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) FRENCH FRIES, SEASONED (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES SEASONED GREEN BEANS (T, CRT, ORG) COUNTRY GRAVY (D, E, S, W, CRNSWT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT	MACHO CHILI CHEESE BURRITO (D, S, W, CRNSWT, T, POT, CRN, BEE) PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) POTATO WEDGES, SEASONED (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES SONOMA VEGETABLES (S, CRT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) KETCHUP, PORTION PACK (CRNSW	

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24	25	26	27	28	29	
	PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) BONELESS CHICKEN CHUNKS (E, S, W, O, CRN, BIRD) DUTCH WAFFLE FOR CHICKEN & WAFFLES (D, E, S, W, CRNSWT) SYRUP - PORTION PACK (CRNSWT) GARDEN SALAD WHOLE KERNEL CORN (CRN) ROASTED ROSEMARY GARLIC POTATOES (CRNSWT, POT, CRN) COUNTRY GRAVY (D, E, S, W, CRNSWT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, C	ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF) SPICY CHICKEN TENDERS (E, S, W, O, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) TATER TOTS (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES BROCCOLI W/ CHEESE SAUCE (D, CRN, DYES) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) HONEY MUSTARD DRESSING (E, S, CRNSWT, DYES) SRIR	PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) CHILI CHEESE BURRITO (D, S, W, CRNSWT, T, POT, CRN, DYES, BEE) TUSCAN VEGETABLES (S, CRT) RANCH STYLE BEANS (T, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SALSA (CRNSWT, T) JALAPENOS, SLICED LUNCH MILK (D, RED, CRN, DYES) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN)	ALL BEEF CHEESEBURGER, SECONDARY (D, S, W, CRNSWT, BEEF) SPICY BREAST FILET & PEPPER JACK SANDWICH (D, E, S, W, CRNSWT) CHICKEN NUGGETS (S, W, CRNSWT, CRN, BIRD) WHITE WHOLE WHEAT ROLL, 2 OZ (D, S, W, CRNSWT) FRENCH FRIES, SEASONED (S, CRNSWT, POT, CRN) FRESH TOMATO (T) DARK LEAFY LETTUCE SLICED PICKLES SEASONED GREEN BEANS (T, CRT, ORG) COUNTRY GRAVY (D, E, S, W, CRNSWT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT	MACHO CHILI CHEESE BURRITO (D, S, W, CRNSWT, T, POT, CRN, BEE) PIZZA HUT CHEESE PIZZA (D, S, W, CRNSWT, T, CRN) PIZZA HUT PEPPERONI PIZZA (D, S, W, CRNSWT, T, PRK, CRN, BEEF) POTATO WEDGES, SEASONED (S, CRNSWT, POT, CRN) DARK LEAFY LETTUCE FRESH TOMATO (T) SLICED PICKLES SONOMA VEGETABLES (S, CRT) JALAPENOS, SLICED SALSA (CRNSWT, T) ASSORTED CHILLED FRUIT (D, S, CRNSWT, ORG, CRN, CINN) LUNCH MILK (D, RED, CRN, DYES) SRIRACHA HOT CHILI SAUCE KETC	

Allergens

D = Dairy E = Eggs F = Fish P = Peanuts SF = Shellfish S = Soy N = Tree Nuts W = Wheat CRNSWT = Corn Sweetner (syrup, md, sugar, dextr) T = Tomato CRT = Carrots POT = Potato PRK = Pork O = Oats ORG = Orange SME = Sesame RED = Red Dye CRN = Corn (veg/meal/starch/flour/oil/fiber/pr DYES = Food Dyes (yellow, blue) CINN = Cinnamon BEEF = Beef BIRD = Poultry PKIN = Pumpkin