



JANUARY | 2019

Hamady Middle/High Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 COOK'S CHOICE 4oz 100% JUICE	8 PANCAKES SAUSAGE LINKS OR CHOCOLATE CRECENT MOZZARELLA STICK PINEAPPLE TIDBITS 4oz 100% JUICE	9 BLUEBERRY PANCAKE/ SAUSAGE ON A STICK OR BANANA BREAKFAST BREAD MANDARIN ORANGES 4oz 100% JUICE	10 YOGURT PARFAIT W/ GRANOLA OR FRUIT FRUDEL DICED PEACH CUP 4oz 100% JUICE	11 SAUSAGE, EGG & CHEESE ON A WG CROISSANT OR MINI DONUTS STRAWBERRY CUP 4oz 100% JUICE
14 SCRAMBLED EGGS W/ BACON & CHEESE TOASTED ENGLISH MUFFIN OR SUPER DONUT CHEESE STICK 4oz 100% JUICE	15 BOB EVANS BREAKFAST BURRITO OR CHOCOLATE CRECENT MOZZARELLA STICK APPLESAUCE CUP 4oz 100% JUICE	16 BELGIAN WAFFLE W/ STRAWBERRY TOPPING OR WILD BERRY BREAKFAST BREAD STRAWBERRY CUP 4oz 100% JUICE	17 COOK'S CHOICE 4oz 100% JUICE	18 COOK'S CHOICE 4oz 100% JUICE
21 NO SCHOOL	22 PANCAKES SAUSAGE LINKS OR CHOCOLATE CRECENT MOZZARELLA STICK PINEAPPLE TIDBITS 4oz 100% JUICE	23 FRENCH TOAST STICKS W/ SYRUP OR RASPBERRY NUTRI GRAIN BAR CHEESE CUBES TROPICAL FRUIT CUP	24 YOGURT PARFAIT W/ GRANOLA OR FRUIT FRUDEL DICED PEACH CUP 4oz 100% JUICE	25 COOK'S CHOICE 4oz 100% JUICE
28 ASSORTED CEREAL CHEESE STICK OR CINNI MINIS MANDARIN ORANGES 4oz 100% JUICE	29 BOB EVANS BREAKFAST BURRITO OR CHOCOLATE CRECENT MOZZARELLA STICK APPLESAUCE CUP 4oz 100% JUICE	30 BLUEBERRY PANCAKE/ SAUSAGE ON A STICK OR BANANA BREAKFAST BREAD MANDARIN ORANGES 4oz 100% JUICE	31 YOGURT PARFAIT W/ GRANOLA OR FRUIT FRUDEL DICED PEACH CUP 4oz 100% JUICE	1

News

**MENU IS SUBJECT
TO CHANGE**

**ALL MEALS INCLUDE
1% WHITE MILK OR
1% CHOCOLATE**

**FRESH FRUIT IS
AVAILABLE ON A
DAILY
BASIS**

**THE WESTWOOD
HEIGHTS
SCHOOL DISTRICT
OFFERS
UNIVERSAL FREE
BREAKFAST TO ALL
STUDENTS**

PRICES

**ADULTS \$2.25
MILK \$.50**