



# NOVEMBER | 2018

## Hamady Middle/High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 YOGURT PARFAIT W/ GRANOLA OR FRUIT FRUDEL DICED PEACH CUP 4oz 100% JUICE	2 SAUSAGE, EGG & CHEESE ON A WG CROISSANT OR MINI DONUTS DICED PEACH CUP 4oz 100% JUICE
5 BACON & EGG BREAKFAST PIZZA OR ASSORTED BAGELS W/ CREAM CHEESE DICED PEARS 4oz 100% JUICE	6 PANCAKES SAUSAGE LINKS OR CHOCOLATE CRECENT MOZZARELLA STICK PINEAPPLE TIDBITS 4oz 100% JUICE	7 BLUEBERRY PANCAKE/ SAUSAGE ON A STICK OR BANANA BREAKFAST BREAD MANDARIN ORANGES 4oz 100% JUICE	8 COOK'S CHOICE 4oz 100% JUICE	9 COOK'S CHOICE 4oz 100% JUICE
12 SCRAMBLED EGGS W/ BACON & CHEESE TOASTED ENGLISH MUFFIN OR SUPER DONUT CHEESE STICK 4oz 100% JUICE	13 BOB EVANS BREAKFAST BURRITO OR CHOCOLATE CRECENT MOZZARELLA STICK APPLESAUCE CUP 4oz 100% JUICE	14 BELGIAN WAFFLE W/ STRAWBERRY TOPPING OR WILD BERRY BREAKFAST BREAD STRAWBERRY CUP	15 YOGURT PARFAIT W/ GRANOLA OR FRUIT FRUDEL DICED PEACH CUP 4oz 100% JUICE	16 SAUSAGE, EGG & CHEESE ON A WG CROISSANT OR MINI DONUTS STRAWBERRY CUP 4oz 100% JUICE
19 ASSORTED CEREAL CHEESE STICK OR CINNI MINIS MANDARIN ORANGES 4oz 100% JUICE	20 PANCAKES SAUSAGE LINKS OR CHOCOLATE CRECENT MOZZARELLA STICK PINEAPPLE TIDBITS 4oz 100% JUICE	21 COOK'S CHOICE 4oz 100% JUICE	22 NO  SCHOOL	23 NO  SCHOOL
26 FRENCH TOAST STICKS W/ SYRUP OR RASPBERRY NUTRI GRAIN BAR CHEESE CUBES TROPICAL FRUIT CUP	27 BOB EVANS BREAKFAST BURRITO OR CHOCOLATE CRECENT MOZZARELLA STICK APPLESAUCE CUP 4oz 100% JUICE	28 SCRAMBLED EGGS W/ HAM & CHEESE OR WILD BERRY BREAKFAST BREAD STRAWBERRY CUP	29 YOGURT PARFAIT W/ GRANOLA OR FRUIT FRUDEL DICED PEACH CUP 4oz 100% JUICE	30 COOK'S CHOICE 4oz 100% JUICE

### News

**MENU IS SUBJECT  
TO CHANGE**

**ALL MEALS INCLUDE  
1% WHITE MILK OR  
1% CHOCOLATE**

**FRESH FRUIT IS  
AVAILABLE ON A DAILY  
BASIS**

**THE WESTWOOD HEIGHTS  
SCHOOL DISTRICT OFFERS  
UNIVERSAL FREE  
BREAKFAST TO ALL  
STUDENTS**

### PRICES

**ADULTS \$2.25  
MILK \$.50  
CHEF SALAD**