



Kannapolis City Schools –School Nutrition Menu

AUGUST 2017 Menu 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
Welcome Back Students & Staff!!				
<p>Breakfast 28 Sausage Biscuit Choice of Low Sugar Cereal Orange Wedges /Juice/LF Milk</p> <p>Lunch French Bread Pizza w/ marinara sauce Hotdogs Baked Beans or Broccoli Salad Strawberry Cups or Orange Wedges Choice of LF Milk</p>	<p>Breakfast 29 Choc Chip Muffin/ Cheese String Choice of Low Sugar Cereal Strawberry Cups /Juice/LF Milk</p> <p>Lunch Deli Turkey & Cheese Sub Cheese Ravioli w/ Dinner Roll Seasoned Green Beans or Spicy Pintos Red Plum or Fresh Apples Choice of LF Milk</p>	<p>Breakfast 30 Cinnamon Bun Choice of Low Sugar Cereal Cling Peaches/ Juice/LF Milk</p> <p>Lunch WG Pepperoni Pizza Banh Mi Flatbread Sandwich Seasoned Corn or Crinkle Cut Potatoes Baked Pears or Cling Peaches Choice of LF Milk</p>	<p>Breakfast 31 Pancake Wrap Choice of Low Sugar Cereal Bananas/ Juice/LF Milk</p> <p>Lunch Macaroni & Cheese Chicken Tenders w/ Dinner Roll Garden Salad or Savory Carrots Applesauce Cups or Bananas Choice of LF Milk</p>	