

## November 2019 - Middle School Breakfast-in-the-Classroom

Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus, content of pre-packed breakfasts, salads, and nutritional and allergen information is available to you online at <http://eatrightbibb.com/?page=menus>

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Mini Pancakes, Blueberry Muffin, Chicken	Cheese Grits Bowl, Biscuit, Apple Jacks, Sausage Link	Super Donuts, Biscuit, Frosted Flakes, Banana Muffin, Steak, Cheese Stick	Mini Waffles, Cinnamon Toast Crunch	Pop Tart, Fruity Cheerios, Sausage
Orange Juice, Fresh Fruit	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Fresh Fruit	Orange-Pineapple Juice, Fresh Fruit
OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola
11	12	13	14	15
<b>Holiday for Students</b>	Pizza Bagel, Apple Jacks	Frosted Flakes, Banana Muffin, Cheese Stick	Mini Waffles, Cinnamon Toast Crunch	Blueberry Muffin, Fruity Cheerios
	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Fresh Fruit	Orange-Pineapple Juice, Fresh Fruit
	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola
18	19	20	21	22
Mini Pancakes, Blueberry Muffin, Cinnamon Toast Crunch	Cheese Grits Bowl, Apple Jacks, Sausage Link	Super Donuts, Frosted Flakes, Banana Muffin, Steak, Cheese Stick	Mini Waffles, Cinnamon Toast Crunch, Cheese Stick, Cherry Yogurt	Pop Tart, Fruity Cheerios, Sausage
Orange Juice, Fresh Fruit	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Fresh Fruit	Orange-Pineapple Juice, Fresh Fruit
OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola	OR Yogurt Parfait with Fruit & Granola
25	26	27	28	29

