

November 2019 - SOAR Academy Lunch

Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus, content of pre-packed breakfasts, salads, and nutritional and allergen information is available to you online at <http://eatrightbibb.com/?page=menus>

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken Tenders, Double Bibb Burger, Veggie Chicken Patty Sandwich, Cobb Salad, Waffle, Ranch Dressing	Beef Enchiladas, Chicken Sandwich, Bean Burrito, Southwestern Chicken Salad, Nacho Chips, Ranch Dressing	Chicken Wings, All-American Hotdog, Cheese Pizza, Chef Salad, Roll, Ranch Dressing	Oven-Baked Chicken, BBQ Pulled Pork Sandwich, PBJ, Chicken Caesar Salad, Roll	Roasted Turkey, Buffalo Chicken Pizza, Brittany's Ham & Veggie Pizza, Nacho Chips
Tater Tots, Steamed Broccoli	Salsa & Chips, Sweet Potato Waffle Fries, Shredded Lettuce with Tomato	Vertical Veggies, French Fries	Baked Beans, Green Beans	Salsa & Chips, Fresh Baby Carrots, Side Salad
Fresh Fruit, Sliced Pears	Fresh Fruit, Mixed Berry Cup	Fresh Fruit, Mixed Fruit	Fresh Fruit, Frozen Strawberry Cup	Fresh Fruit, Sliced Peaches
OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit
11	12	13	14	15
Holiday for Students	Old-Fashioned Meatloaf, Chicken Sandwich, Vegetarian Chili, Cobb Salad, Cornbread, Ranch Dressing	Pork Carnitas, Corndog, Refried Beans on Corn Tortillas, Southwestern Salad, Nacho Chips, Ranch Dressing	Beef Cheese Nachos, BBQ Pulled Pork Sandwich, Nachos & Cheese, BBQ Chicken Salad, Nacho Chips, Ranch Dressing	Chicken Tortilla Soup, Tomato Soup, Brittany's Ham & Veggie Pizza, Southwestern Chicken Salad, Nacho Chips, Ranch Dressing
	Sweet Potato Waffle Fries, Creamed Potatoes	Shredded Lettuce with Tomato, Baked Beans	Salsa, Shredded Lettuce with Tomato	Buttered Carrots, Tater Tots
	Fresh Fruit, Sliced Peaches	Fresh Fruit, Mixed Berry Cup	Fresh Fruit, Sliced Pears	Fresh Fruit, Sliced Peaches
	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit	OR Yogurt Parfait with Cheese Stick, Granola, Pretzels & Fruit
18	19	20	21	22
Chicken & Waffle, Maple Syrup, All-American Hotdog, PBJ, Chef Salad, Ranch Dressing	Oven-Fried Chicken, Bibb Burger, Black Bean Burger, Romaine & Spinach Salad, Roll, Ranch Dressing	Spaghetti with Meat Sauce, Spaghetti without Meat Sauce, Turkey Club Sandwich, Fiesta Chicken Salad, Garlic Breadstick, Southwestern & Ranch Dressings	BBQ Plate, Corn Dog, Very Veggie Ciabatta Sandwich, Caesar Salad, Roll, Caesar & Ranch Dressings	Buffalo Chicken Pizza, Meatball Sub, Cheese Pizza, Southwestern Chicken Salad, Ranch Dressing
Tater Tots, Steamed Broccoli	Candied Yams, Fresh Collards	Vertical Veggies, Buttered Corn	Sweet Potato Fries, Baked Beans	Juicy Juice Orange Medley, Green Beans
Fresh Fruit, Sliced Pears	Fresh Fruit, Frozen Peach Cup	Fresh Fruit, Mixed Fruit	Fresh Fruit, Frozen Strawberry Cup	Fresh Fruit, Sliced Peaches
25	26	27	28	29

