

## November 2019 - Northwoods Academy Breakfast

Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus, content of pre-packed breakfasts, salads, and nutritional and allergen information is available to you online at <http://eatrightbibb.com/?page=menus>

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Mini Pancakes	Cheese Grits Bowl, Sausage Link	Biscuit, Chicken	English Muffin, Egg Patty with Cheese	Biscuit, Sausage
Orange Juice, Peaches	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Mixed Fruit	Orange-Pineapple Juice, Peaches
OR Pre-packed Breakfast A	OR Pre-packed Breakfast B	OR Pre-packed Breakfast C	OR Pre-packed Breakfast D	OR Pre-packed Lunch E
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>1</b>
<b>Holiday for Students</b>	Cheese Grits Bowl, Sausage Link	Biscuit, Chicken	English Muffin, Egg Patty with Cheese	Biscuit, Sausage
	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Mixed Fruit	Orange-Pineapple Juice, Peaches
	OR Pre-packed Breakfast B	OR Pre-packed Breakfast C	OR Pre-packed Breakfast D	OR Pre-packed Lunch E
	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Mini Pancakes	Cheese Grits Bowl, Sausage Link	Biscuit, Chicken	English Muffin, Egg Patty with Cheese	Biscuit, Sausage
Orange Juice, Peaches	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Mixed Fruit	Orange-Pineapple Juice, Peaches
OR Pre-packed Breakfast A	OR Pre-packed Breakfast B	OR Pre-packed Breakfast C	OR Pre-packed Breakfast D	OR Pre-packed Lunch E
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

