

## November 2019 - Head Start Lunch

Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus, content of pre-packed breakfasts, salads, and nutritional and allergen information is available to you online at <http://eatrightbibb.com/?page=menus>

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Chicken Wings, Roll, Ranch Dressing	Rib BQ Sandwich	Brittany's Ham & Veggie Pizza	Cheeseburger	Chicken Street Taco
Tater Tots, Steamed Broccoli	Lima Beans, Side Salad	Green Beans, Buttered Carrots	Sweet Potato Waffle Fries, Buttered Carrots	Cucumbers with Ranch Dressing, Shredded Lettuce with Tomato
Sliced Pears	Sliced Peaches	Applesauce	Sliced Peaches	Sliced Peaches
<i>Snack: Banana Nut Muffin, Orange Juice</i>	<i>Snack: Strawberry Yogurt, Apple Juice</i>	<i>Snack: Graham Crackers, Orange Juice</i>	<i>Snack: Granola, Apple-Cherry Juice</i>	<i>Snack: Cheese Mini Crackers, Orange Juice</i>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>1</b>
<b>Holiday for Students</b>	Cheeseburger	PBJ	Chicken Sandwich	Cheese Pizza
	French Fries, Glazed Carrots	Shredded Lettuce with Tomato, English Peas, Ranch Dressing	Lettuce & Tomato, Tater Tots	Lettuce & Tomato, Buttered Corn, Ranch Dressing
	Sliced Peaches	Mixed Fruit	Sliced Pears	Sliced Peaches
	<i>Snack: Strawberry Yogurt, Apple Juice</i>	<i>Snack: Graham Crackers, Orange Juice</i>	<i>Snack: Cheese Stick, Apple Juice</i>	<i>Snack: Pretzels, Orange Juice</i>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Rib BQ Sandwich on Bun	Bibb Burger on Bun	PBJ Sandwich	BBQ Plate, Roll	Cheese Pizza
Tater Tots, Steamed Broccoli	Candied Yams, Fresh Collards	Buttered Corn, Side Salad, Ranch Dressing	Sweet Potato Fries, Lima Beans	English Peas, Side Salad
Sliced Pears	Sliced Peaches	Mixed Fruit	Sliced Pears	Sliced Peaches
<i>Snack: Banana Nut Muffin, Orange Juice</i>	<i>Snack: Strawberry Yogurt, Apple Juice</i>	<i>Snack: Graham Crackers, Orange Juice</i>	<i>Snack: Granola, Apple-Cherry Juice</i>	<i>Snack: Cheese Mini Crackers, Orange Juice</i>
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>

