


August 2019 - SOAR Breakfast

Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus and nutritional information are available to you online at <http://eatrightbibb.com/?page=menus>

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Super Donut, Biscuit, Cinnamon Toast Crunch, Mini Waffles, Chicken Sausage, Jelly	Pop Tart, Biscuit, Fruity Cheerios, Blueberry Muffin, Chicken Sausage, Jelly
			Mixed Fruit, Apple-Cherry Juice	Sliced Pears, Orange-Pineapple Juice
			Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
5	6	7	8	9
Mini Pancakes, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Strawberry Yogurt, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks, Sausage Link, Cherry Yogurt, Jelly	Super Donuts, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Strawberry Yogurt, Cheese Stick, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Cherry Yogurt	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Strawberry Yogurt, Jelly
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
12	13	14	15	16
French Toast Sticks, Cinnamon Toast Crunch, Blueberry Muffin, Biscuit, Breakfast Chicken	Pizza Bagel, Apple Jacks, Biscuit, Sausage	Frosted Flakes, Banana Muffin, Biscuit, Breakfast Steak	Cinnamon Toast Crunch, English Muffin, Egg Patty with Cheese, Breakfast Chicken, Sausage, Jelly	Fruity Cheerios, Blueberry Muffin, Biscuit, Chicken Sausage, Jelly
Sliced Pears, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Apple-Cherry Juice	Sliced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
19	20	21	22	23
Mini Pancakes, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Strawberry Yogurt, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks, Sausage Link, Cherry Yogurt, Jelly	Super Donuts, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Strawberry Yogurt, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Cherry Yogurt	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Strawberry Yogurt, Jelly
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
26	27	28	29	30
Mini Pancakes, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Strawberry Yogurt, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks, Sausage Link, Cherry Yogurt, Jelly	Super Donuts, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Strawberry Yogurt, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Cherry Yogurt	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Strawberry Yogurt, Jelly
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
This institution is an equal opportunity provider.			Menu items may change based on availability.	