

August 2019 - Northwoods Lunch


Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus and nutritional information are available to you online at <http://eatrightbibb.com/?page=menus>

At lunch, students should select milk and a minimum of three meal components - an entrée, a grain, and three of the five fruit and vegetable choices.

Pre-K meals are served with only low fat, unflavored milk.

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chicken & Waffle, Soy Butter & Jelly Sandwich	Cheeseburger, Soy Butter & Jelly Sandwich
			Green Beans, French Fries	Sweet Potato Waffle Fries, Buttered Corn
			Sliced Pears	Sliced Peaches
			Snack: Granola	Snack: Cheese Mini Crackers
5	6	7	8	9
Chicken Tenders, Soy Butter & Jelly Sandwich, Waffle	Beef Enchiladas, Soy Butter & Jelly Sandwich	Chicken Wings, Soy Butter & Jelly, Roll	Oven Fried Chicken, Soy Butter & Jelly, Roll	Chicken Street Taco, Soy Butter & Jelly Sandwich, Tartar Sauce
Tater Tots, Steamed Broccoli	Sweet Potato Waffle Fries, Shredded Lettuce with Tomato	Vertical Veggies, French Fries	Baked Beans, Green Beans	Glazed Carrots, Side Salad
Sliced Pears	Fresh Fruit	Mixed Fruit	Fresh Fruit	Sliced Peaches
Snack: Banana Nut Muffin	Snack: Cheese Mini Cracker	Snack: Blueberry Muffin	Snack: Chex Mix Strawberry Blast	Snack: Granola
12	13	14	15	16
General Tso Chicken with Fried Rice, Soy Butter & Jelly Sandwich, Fried Rice	Old Fashioned Meatloaf, Soybutter & Jelly Sandwich, Cornbread	Pork Carnitas, Soy Butter & Jelly Sandwich	Beef Cheese Nachos, Soy Butter & Jelly Sandwich	Buffalo Chicken Pizza, Soy Butter & Jelly Sandwich, Tartar Sauce
English Peas, Buttered Carrots	Sweet Potato Waffle Fries, Creamed Potatoes	Shredded Lettuce with Tomato, Baked Beans	Salsa, Shredded Lettuce with Tomato	Steamed Broccoli, Tater Tots
Sliced Pears	Fresh Fruit	Mixed Fruit	Fresh Fruit	Sliced Peaches
Snack: Banana Nut Muffin	Snack: Cheese Mini Cracker	Snack: Blueberry Muffin	Snack: Chex Mix Strawberry Blast	Snack: Granola
19	20	21	22	23
Chicken & Waffle, Soybutter & Jelly Sandwich	Oven Fried Chicken, Soybutter & Jelly Sandwich, Roll	Spaghetti with Meat Sauce, Soybutter & Jelly Sandwich, Garlic Focaccia	BBQ Plate, Soybutter & Jelly Sandwich, Roll	Buffalo Chicken Pizza, Soy Butter & Jelly Sandwich, Tartar Sauce
Tater Tots, Steamed Broccoli	Candied Yams, Fresh Collards	Vertical Veggies, French Fries	Sweet Potato Fries, Baked Beans	English Peas, Green Beans
Sliced Pears	Fresh Fruit	Mixed Fruit	Fresh Fruit	Sliced Peaches
Snack: Banana Nut Muffin, Orange Juice	Snack: Cheese Mini Crackers, Apple Juice	Snack: Blueberry Muffin, Orange Juice	Snack: Chex Mix Strawberry, Apple Juice	Snack: Granola, Orange Juice
26	27	28	29	30
General Tso Chicken with Fried Rice, Soy Butter & Jelly Sandwich, Waffle	Old Fashioned Meatloaf, Soybutter & Jelly Sandwich	Chicken Quesadilla, Soybutter & Jelly Sandwich, Roll	Glazed Ham with Mac & Cheese, Soybutter & Jelly, Roll	Buffalo Chicken Pizza, Soy Butter & Jelly Sandwich, Tartar Sauce
Tater Tots, Steamed Broccoli	Sweet Potato Waffle Fries, Shredded Lettuce with Tomato	Vertical Veggies, French Fries	Baked Beans, Green Beans	Glazed Carrots, Side Salad
Sliced Pears	Fresh Fruit	Mixed Fruit	Fresh Fruit	Sliced Peaches
Snack: Banana Nut Muffin, Orange Juice	Snack: Cheese Mini Crackers, Apple Juice	Snack: Blueberry Muffin, Orange Juice	Snack: Chex Mix Strawberry, Apple Juice	Snack: Granola, Orange Juice
This institution is an equal opportunity provider.			Menu items may change based on availability.	