


August 2019 - Middle School Breakfast

Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus and nutritional information are available to you online at <http://eatrightbibb.com/?page=menus>

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Super Donuts, Biscuit, Cinnamon Toast Crunch, Mini Waffles, Chicken Sausage, Jelly	Pop Tart, Biscuit, Fruity Cheerios, Blueberry Muffin, Chicken Sausage, Jelly
			Mixed Fruit, Apple-Cherry Juice	Orange-Pineapple Juice, Sliced Pears
			Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
5	6	7	8	9
Mini Pancake, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks, Sausage Link, Jelly	Super Donut, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Cheese Stick, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Jelly	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Jelly
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
12	13	14	15	16
French Toast Sticks, Cinnamon Toast Crunch, Blueberry Muffin	Pizza Bagel, Apple Jacks, Sausage Link	Frosted Flakes, Banana Muffin, Cheese Stick	Cinnamon Toast Crunch, English Muffin, Egg Patty with Cheese, Sausage, Jelly	Biscuit, Fruit Cheerios, Blueberry Muffin, Chicken Sausage, Jelly
Sliced Pears, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Apple-Cherry Juice	Sliced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
19	20	21	22	23
Mini Pancake, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks, Sausage Link, Jelly	Super Donut, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Cheese Stick, Jelly	English Muffin, Cinnamon Toast Crunch Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Jelly	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Jelly
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
26	27	28	29	30
Mini Pancake, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks, Sausage Link, Jelly	Super Donut, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Cheese Stick, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Jelly	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Jelly
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
This institution is an equal opportunity provider.			Menu items may change based on availability.	