

August 2019 - High School Breakfast


Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished

Menus and nutritional information are available to you online at <http://eatrightbibb.com/?page=menus>

At lunch, students should select milk and a minimum of three meal components - an entrée, a grain, and three of the five fruit and vegetable choices.

Pre-K meals are served with only low fat, unflavored milk.

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Super Donut, Biscuit, Cinnamon Toast Crunch, Mini Waffles, Chicken Sausage, Jelly	Pop Tart, Biscuit, Fruity cheerios, Blueberry Muffin, Chicken Sausage, Jelly
			Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
			Mixed Fruit, Apple-Cherry Juice	Sliced Pears, Orange Juice
5	6	7	8	9
Mini Pancake, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Strawberry Yogurt, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks Sausage Link, Cherry Yogurt, Jelly	Super Donuts, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Cheese Stick, Strawberry Yogurt, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Cherry Yogurt, Jelly	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Strawberry Yogurt, Jelly
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
Orange Juice, Peaches	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Fresh Fruit	Orange-Pineapple Juice, Fresh Fruit
12	13	14	15	16
French Toast Sticks, Cinnamon Toast Crunch, Blueberry Muffin, Biscuit, Breakfast Chicken	Pizza Bagel, Apple Jacks, Biscuit, Sausage	Frosted Flakes, Banana Muffin, Biscuit, Breakfast Steak	Cinnamon Toast Crunch, English Muffin, Egg Patty with Cheese, Breakfast Chicken Sausage, Jelly	Fruity Cheerios, Blueberry Muffin, Biscuit, Chicken Sausage, Jelly
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
Sliced Pears, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Apple-Cherry Juice	Orange-Pineapple Juice, Fresh Fruit
19	20	21	22	23
Mini Pancake, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Strawberry Yogurt, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks Sausage Link, Cherry Yogurt, Jelly	Super Donuts, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Cheese Stick, Strawberry Yogurt, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Cherry Yogurt	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Strawberry Yogurt, Jelly
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
26	27	28	29	30
Mini Pancake, Biscuit, Cinnamon Toast Crunch, Blueberry Muffin, Breakfast Chicken, Strawberry Yogurt, Jelly	Cheese Grits Bowl, Biscuit, Apple Jacks Sausage Link, Cherry Yogurt, Jelly	Super Donuts, Biscuit, Frosted Flakes, Banana Muffin, Breakfast Steak, Cheese Stick, Strawberry Yogurt, Jelly	English Muffin, Cinnamon Toast Crunch, Mini Waffles, Breakfast Chicken, Egg Patty with Cheese, Cherry Yogurt	Pop Tart, Biscuit, Fruity Cheerios, Spice Muffin, Sausage, Strawberry Yogurt, Jelly
Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit	Yogurt Parfait with Granola & Fruit
Peaches, Orange Juice	Fresh Fruit, Grape Juice	Fresh Fruit, Apple Juice	Mixed Fruit, Cherry Juice	Diced Peaches, Orange-Pineapple Juice
This institution is an equal opportunity provider.			Menu items may change based on availability.	