


August 2019 - Elam-Alexander Academy Breakfast

Bibb County School District - Macon, Georgia - A District Where Every Child is Well Nourished
 Menus and nutritional information are available to you online at <http://eatrightbibb.com/?page=menus>
 Pre-K meals are served with only low fat, unflavored milk.

K-12 students may choose from unflavored 1%, unflavored fat-free, chocolate, or strawberry fat-free milk, or lactose-free milk.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Mini Waffles, Cheese Stick	Biscuit, Chicken Sausage, Jelly
			OR Pre-packed Breakfast D	OR Pre-packed Breakfast E
			Apple-Cherry Juice	Orange-Pineapple Juice
			Mixed Fruit	Sliced Peaches
5	6	7	8	9
Mini Pancakes	Cheese Grits Bowl, Sausage Link	Biscuit, Breakfast Chicken	English Muffin, Egg Patty with Cheese, Jelly	Breakfast Sausage, Biscuit, Jelly
OR Pre-packed Breakfast A	OR Pre-packed Breakfast B	OR Pre-packed Breakfast C	OR Pre-packed Breakfast D	OR Pre-packed Breakfast E
Orange Juice	Grape Juice	Apple Juice	Cherry Juice	Orange-Pineapple Juice
Peaches	Fresh Fruit	Fresh Fruit	Mixed Fruit	Diced Peaches
12	13	14	15	16
Mini Pancakes	Cheese Grits Bowl, Sausage Link, Jelly	August2019binder	English Muffin, Egg Patty with Cheese, Jelly	Sausage, Biscuit, Jelly
OR Pre-packed Breakfast A	OR Pre-packed Breakfast B	OR Pre-packed Breakfast C	OR Pre-packed Breakfast D	OR Pre-packed Breakfast E
Orange Juice	Grape Juice	Apple Juice	Cherry Juice	Orange-Pineapple Juice
Peaches	Fresh Fruit	Fresh Fruit	Mixed Fruit	Diced Peaches
19	20	21	22	23
Mini Pancakes	Cheese Grits Bowl, Sausage Link, Jelly	Biscuit, Breakfast Chicken	English Muffin, Egg Patty with Cheese, Jelly	Sausage, Biscuit, Jelly
OR Pre-packed Breakfast A	OR Pre-packed Breakfast B	OR Pre-packed Breakfast C	OR Pre-packed Breakfast D	OR Pre-packed Breakfast E
Orange Juice, Peaches	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Mixed Fruit	Orange-Pineapple Juice, Diced Peaches
26	27	28	29	30
Mini Pancakes	Cheese Grits Bowl, Sausage Link	Biscuit, Breakfast Chicken	English Muffin, Egg Patty with Cheese, Jelly	Sausage, Biscuit, Jelly
OR Pre-packed Breakfast A	OR Pre-packed Breakfast B	OR Pre-packed Breakfast C	OR Pre-packed Breakfast D	OR Pre-packed Breakfast E
Orange Juice, Peaches	Grape Juice, Fresh Fruit	Apple Juice, Fresh Fruit	Cherry Juice, Mixed Fruit	Orange-Pineapple Juice, Diced Peaches
This institution is an equal opportunity provider.			Menu items may change based on availability.	