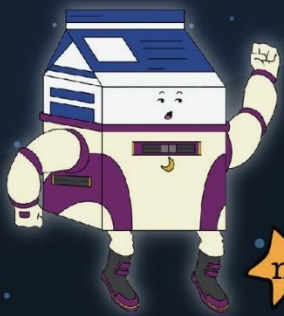


Free Meals Open to all children, ages 1-18 years old



APRIL

2021

La Joya ISD Child Nutrition Services
Supper Meals Curbside Menu
Meal Curbside Menu is subject to change due to availability

Daily Hot Suppers
 Monday - Friday
 4:30 pm-5:30 pm
 (11 locations)

m t w th f

Special Announcements:

Dear students:

While you enjoy your supper, learn about the importance of Nutrition;
 visit the [CACFP Enrichment Activities!](https://www.lajoyaisdcns.com/index.php?sid=0208131445498761&page=parentstudentteacher)

CNS Enrichment Activities available at www.lajoyaisdcns.com Nutrition Education TAB or click:
<https://www.lajoyaisdcns.com/index.php?sid=0208131445498761&page=parentstudentteacher>

No School/No Supper

Boneless Wing

Broccoli
 Assorted Fruit
 Milk



Calabazita con Pollo

Corn Tortilla
 Beans
 Assorted Fruit
 Milk



Italian Combo Slider

Garden Salad
 Assorted Fruit
 Milk



Chicken Nuggets

Fries
 Assorted Fruit
 Milk



Mini Corn Dogs/Tray

Garden Salad
 Assorted Fruit
 Milk



Chicken Strips

Carrot Coins
 Assorted Fruit
 Milk



Calabazita con Pollo

Corn Tortilla
 Beans
 Assorted Fruit
 Milk



Hamburger

Fries
 Assorted Fruit
 Milk



Meatball SW

Golden Corn
 Assorted Fruit
 Milk



Mini Corn Dogs/Tray

Garden Salad
 Assorted Fruit
 Milk



Chicken Strips

Garden Salad
 Assorted Fruit
 Milk



Calabazita con Pollo

Corn Tortilla
 Beans
 Assorted Fruit
 Milk



Chicken Burger

Fries
 Assorted Fruit
 Milk



Beef Steak Fingers

Broccoli
 Assorted Fruit
 Milk



Chicken Nuggets

Carrot Coins
 Assorted Fruit
 Milk



Hamburger

Fries
 Assorted Fruit
 Milk



Calabazita con Pollo

Corn Tortilla
 Beans
 Assorted Fruit
 Milk



Chicken Nuggets

Broccoli
 Assorted Fruit
 Milk



Italian Combo Slider

Garden Salad
 Assorted Fruit
 Milk



BBQ Rib Patty

Carrot Coins
 Assorted Fruit
 Milk



Art Contest Deadline Apr. 2



Food and Nutrition Division
 National School Lunch Program and School Breakfast Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
 This institution is an equal opportunity provider.

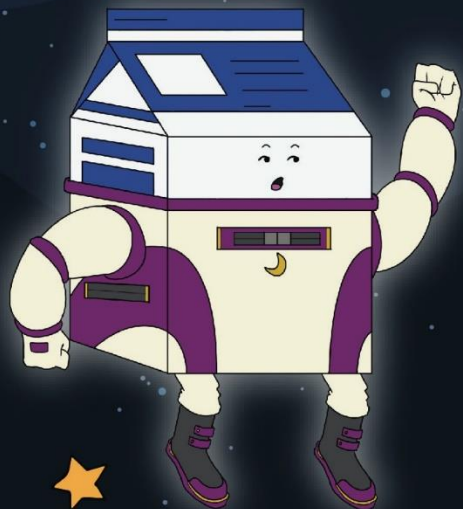
Don't forget to wear a Mask!



Updated 01/2020
www.SquareMeals.org

MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW
CALCIUM
DAIRY

MILK
TEXAS

