MONDAY

Orange Chicken

with Brown Rice

OR

A selection of fruits and vegetables is offered daily:

Red apples, bananas, spinach, carrots, beans, fruit mix, lettuce, tomatoes, green apples, corn, blueberries, peaches, iicama, cucumber, cauliflower, raisins, dried cranberries, applesauce, oranges and broccoli.

THURSDAY

Chicken Sandwich

OR

MEAL PRICES:

Student: \$ 2.00

Adult: \$ 4.25

LUNCH MENU K-6

Students may choose fat free white milk or fat free chocolate milk. All lunch items are made with 51% or more whole grains.

WEDNESDAY

Chicken Nuggets

with a roll

OR

WEEK 1
11/04/19
11/18/19
12/09/19
01/13/19

WEEK 2 11/11/19 12/02/19 12/16/19 01/20/19

Fish Sticks with Brown Rice
Cheese Pizza
OR

OR
Brunch for Lunch

Chicken Tamale		
OR		
Fish Taco		

TUESDAY

Chicken Taco

OR

Bean & Cheese

Burrito

sh Taco	Turkey & Che
	Sub

Pasta with Meat Sauce	Pepperoni Pizza	Turkey Hot Dog
Chicken Drumstick with Waffle	Chicken Corn Dog	Pizza Crunchers
OR	OR	OR
Turkey & Cheese Sub	Chili & Chips	Cheeseburger

This institution is an equal opportunity provider

Offered as a third entrée on every Monday, Wednesday and Friday: Yogurt with granola bar and on every Tuesday and Thursday: Soybutter and Jelly sandwich.





PIZZA DAYS NOVEMBER: BA 22 BE 80 CE 18 ΕM 22 04 I.B. ME 01 04 NE NIC 15 ON 15 PE SS 08

FRIDAY

Arroz con Pollo

OR

Menu subject to change