



BREAKFAST @SCHOOL

For first-class learning!

Red Clay High Schools



BREAKFAST MENU FOR OCTOBER 2017

This institution is an equal opportunity provider. Menu is subject to change.



Monday, October 2
Choice of One:
 Cinnamon Flatbread
 Breakfast Toast

Tuesday, October 3
Choice of One:
 Sausage & Egg Croissant
 Mini Cinnis

Wed., October 4
Choice of One:
 Bagel w/ Cream Cheese
 Potato & Egg Bowl

Thursday, October 5
Choice of One:
 Piggie Stick
 Pop Tart

Friday, October 6
 No School Today
 Teacher
 In-Service

Monday, October 9
Choice of One:
 Banana Bread Slice
 Appleyway Bar

Tuesday, October 10
Choice of One:
 Egg & Cheese Muffin
 New! Banana Pancakes

Wed., October 11
Choice of One:
 Mini French Toast
 Cinnamon Roll

Thursday, October 12
Choice of One:
 Piggie Stick
 Sunshine Bites

Friday, October 13
Choice of One:
 New! Cinnabar
 Apple Cinnamon Muffin

Monday, October 16
Choice of One:
 Mini Cinnis
 Toaster Frudel

Tuesday, October 17
Choice of One:
 Sausage & Egg Croissant
 Mini Pancakes

Wed., October 18
Choice of One:
 Harvest Muffin w/ Graham
 Fruit & Cheese Snacker

Thursday, October 19
Choice of One:
 Piggie Stick
 Nutrigrain Bar

Friday, October 20
Choice of One:
 Mini Waffles
 Bagel w/ Spread

Monday, October 23
Choice of One:
 Cinnamon Flatbread
 Breakfast Toast

Tuesday, October 24
Choice of One:
 Egg & Cheese Biscuit
 Fruit & Cheese Snacker

Wed., October 25
Choice of One:
 Egg & Potato Bowl
 Bagel w/ Spread

Thursday, October 26
Choice of One:
 Piggie Stick
 Pop Tart

Friday, October 27
Choice of One:
 Blueberry Muffin
 Mini Bagels

Monday, October 30
 No School Today
 Grading Day

Tuesday, October 31
Choice of One:
 Sausage & Cheese Bagel
 Mini French Toast

YOU NEVER KNOW WHAT YOU MIGHT RUN INTO OUT THERE!
STAY ALERT & BE SAFE!

Prices (Non-CEP)*
 Elementary Breakfast: \$0.75
 Secondary Breakfast: \$0.90
 Adult Breakfast: \$2.50
 Milk: \$0.50

*If your school is participating in CEP (Community Eligibility Provision), the first meal for daily Breakfast is provided at no charge to all Students.

Available Daily!

- ◆ 100% Fruit Juice, and Assorted Fruit Cups
- ◆ 1% White, Skim White, Chocolate or Strawberry Milk Choices
- ◆ Choice of Cereal, Oatmeal, or Yogurt with Graham Every Day!
- ◆ Fruit & Yogurt Smoothies Available Tuesday, Wednesday and Thursdays!
- ◆ Breakfast Parfaits available every Wednesday!
- ◆ Mini Fruit & Yogurt Parfaits every Tuesday & Thursday!