

SEPTEMBER ~ 2017
MONDAY

VAL VERDE UNIFIED SCHOOL DISTRICT
TUESDAY WEDNESDAY THURSDAY

PRE-SCHOOL
FRIDAY

❖ 1% Milk served with each meal		<u>Going On a Field Trip?</u> Teachers—Please contact your Cafeteria to arrange your Sack Lunches, 2-weeks in advance: Peanut Butter & Jelly Pocket, Juice, Fresh Fruit & Milk			❖ All Breads and Grains are Whole Grain Rich
					1 Pancake Sandwich w/Chicken Sausage Diced Pears <u>Turkey Pepperoni Calzonnette</u> Oven Fries Fresh Kiwi
4 Labor Day Holiday	5 Banana Bread Fresh Apple Slices <u>Taco Pocket</u> Orange Wedges Green Salad w/Ranch Drsg	6 Cream Cheese Bagelstick Petite Banana *BBQ Rib on a Bun Jicama Sticks Fruit Juice	7 Blueberry Pancake Mini's Diced Pears <u>Pepperoni Pizza</u> Fresh Cucumber Slices Petite Banana	8 Whole Grain Dutch Waffle Pineapple Tid Bits <u>Cheeseburger</u> Tator Tots Diced Peaches	
11 Whole-Grain Cereal Fruit Juice <u>Chicken Tenders</u> Diced Pears Green Salad w/Ranch Drsg	12 Pan Dulce Applesauce <u>Grilled Cheese Sandwich</u> Bunny Carrots Pineapple Tid Bits	13 Sausage Pizza Bagel Orange Wedges <u>Beef Teriyaki Dippers</u> & Garlic Toast Crisp Salad w/Dressing Mixed Fruit	14 Assorted Muffins Petite Banana <u>Cheese Pizza</u> "Confetti Salad" (Green peas, diced carrots, corn) Applesauce	15 Pancake Sandwich w/Chicken Sausage Diced Pears <u>Turkey Pepperoni Calzonnette</u> Oven Fries Fresh Kiwi	
18 Egg & Sausage Burrito Fruit Juice <u>Macaroni & Cheese</u> (low Fat) Green Salad w/Ranch Drsg Pineapple Tid Bits	19 Banana Bread Fresh Apple Slices <u>Taco Pocket</u> Orange Wedges Green Salad w/Ranch Drsg	20 Cream Cheese Bagelstick Petite Banana *BBQ Rib on a Bun Jicama Sticks Fruit Juice	21 Blueberry Pancake Mini's Diced Pears <u>Pepperoni Pizza</u> Fresh Cucumber Slices Petite Banana	22 Whole Grain Dutch Waffle Pineapple Tid Bits <u>Cheeseburger</u> Tator Tots Diced Peaches	
25 Whole-Grain Cereal Fruit Juice <u>Chicken Tenders</u> Diced Pears Green Salad w/Ranch Drsg	26 Pan Dulce Applesauce <u>Grilled Cheese Sandwich</u> Bunny Carrots Pineapple Tid Bits	27 Sausage Pizza Bagel Orange Wedges <u>Beef Teriyaki Dippers</u> & Garlic Toast Crisp Salad w/Dressing Mixed Fruit	28 Assorted Muffins Petite Banana <u>Cheese Pizza</u> "Confetti Salad" (Green peas, diced carrots, corn) Applesauce	29 Pancake Sandwich w/Chicken Sausage Diced Pears <u>Turkey Pepperoni Calzonnette</u> Oven Fries Fresh Kiwi	