

MAY ~ 2017
MONDAY

VAL VERDE UNIFIED SCHOOL DISTRICT
TUESDAY WEDNESDAY THURSDAY

PRE-SCHOOL
FRIDAY

❖ 1% Milk served with each meal		<u>Going On a Field Trip?</u> Teachers—Please contact your Cafeteria to arrange your Sack Lunches, 2-weeks in advance: Peanut Butter & Jelly Pocket, Juice, Fresh Fruit & Milk			❖ All Breads and Grains are Whole Grain Rich				
1	Breakfast Muffin Mixed Fruit <u>Macaroni & Cheese</u> (low Fat) Green Salad w/Ranch Drsg Pineapple Tid Bits	2	Pan Dulce Fresh Apple Slices <u>Taco Pocket</u> Orange Wedges Green Salad w/Ranch Drsg	3	Breakfast Pizza Petite Banana <u>*BBQ Rib on a Bun</u> Jicama Sticks Fresh Melon	4	Yogurt & Goldfish Graham Diced Pears <u>Pepperoni Pizza</u> Fresh Cucumber Slices Petite Banana	5	Pancake Sandwich w/Chicken Sausage Pineapple Tid Bits <u>Cheeseburger Mini's</u> Tator Tots Diced Peaches
8	Whole-Grain Cereal Fruit Juice <u>Chicken Taquitos w/Guacamole</u> Diced Pears Green Salad w/Ranch Drsg	9	Sweet Potato Cinn. Square Applesauce <u>Grilled Cheese Sandwich</u> Bunny Carrots Pineapple Tid Bits	10	Cream Cheese Bagelstick Orange Wedges <u>Beef Teriyaki Dippers</u> & Garlic Toast Crisp Salad w/Dressing Mixed Fruit	11	Blueberry Pancake Mini's Petite Banana <u>Cheese Pizza</u> Yellow Corn Applesauce	12	Egg & Sausage Burrito* Diced Pears <u>Turkey Pepperoni Calzonnette</u> Oven Fries Fresh Fruit
15	Breakfast Muffin Mixed Fruit <u>Macaroni & Cheese</u> (low Fat) Green Salad w/Ranch Drsg Pineapple Tid Bits	16	Pan Dulce Fresh Apple Slices <u>Taco Pocket</u> Orange Wedges Green Salad w/Ranch Drsg	17	Breakfast Pizza Petite Banana <u>*BBQ Rib on a Bun</u> Jicama Sticks Fresh Melon	18	Yogurt & Goldfish Graham Diced Pears <u>Pepperoni Pizza</u> Fresh Cucumber Slices Petite Banana	19	Pancake Sandwich w/Chicken Sausage Pineapple Tid Bits <u>Cheeseburger Mini's</u> Sweet Potato Fries Diced Peaches
22	Whole-Grain Cereal Fruit Juice <u>Chicken Taquitos w/Guacamole</u> Diced Pears Green Salad w/Ranch Drsg	23	Sweet Potato Cinn. Square Applesauce <u>Spaghetti w/Meat Sauce</u> Bunny Carrots Pineapple Tid Bits	24	Cream Cheese Bagelstick Orange Wedges <u>Beef Teriyaki Dippers</u> & Garlic Toast Crisp Salad w/Dressing Mixed Fruit	25	Blueberry Pancake Mini's Petite Banana <u>Cheese Pizza</u> Yellow Corn Applesauce	26	Egg & Sausage Burrito* Diced Pears <u>Turkey Pepperoni Calzonnette</u> Oven Fries Fresh Fruit
29	Memorial Day Holiday	30	Pan Dulce Fresh Apple Slices <u>Taco Pocket</u> Orange Wedges Green Salad w/Ranch Drsg	31	Breakfast Pizza Petite Banana <u>*BBQ Rib on a Bun</u> Jicama Sticks Fresh Melon				