

MAY-JUNE ~ 2018

VAL VERDE UNIFIED SCHOOL DISTRICT

ELEMENTARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meals Served with LF or NF Choc Milk

Elementary Prices:

Breakfast: Reduced - \$0.00
 Breakfast: Paid - \$0.00
 Lunch: Reduced - \$0.00
 Lunch: Paid - \$2.50

* - Items that contain Pork
 ☞ - ALL Bread Items are Wholegrain

***LUNCH MEAL**; Includes one Entrée from the main menu & one or more Fruit & Vegetable selections from the Garden Bar.


OR, **SALAD BAR LUNCH**; Build a Complete Meal with a variety of fresh fruits & vegetables, and daily salad bar protein and bread items.

Each Student *MAY* select

◦ Entrée ◦ Garden Bar Fruits & Vegetables ◦ Milk

To Count as a *Complete Meal*, Each Student *MUST* Select:

➤ *1/2 Cup or more Fruit or Vegetable plus 2 more items* ◀

<p><i>Get a Smart Start to your Week with... Lean & Green Mondays</i> ~~~~~ Salad Dressing (Mon-Fri) Yogurt, Avocado, Cilantro Ranch</p>	<p>1 <u>Taco Hay Stack (tky)</u> or Grilled Cheese Sandwich <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>2 <u>Chicken Fillet Sandwich</u> Or Teriyaki Beef Dippers & Texas Garlic Toast <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>3 <u>Cheese Pizza or</u> <u>Chicken Tamale</u> Refried Beans (vegetarian) <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>4 <u>Corn Dog or</u> <u>Turkey Pepperoni Calzone</u> <u>Oven Fries</u> <u>Self-Serve Garden Bar</u> See Menu Below</p>					
<p>7 <u>Chicken Tenders & Dinner Roll</u> or Teriyaki Chicken w/Rice & Dinner Roll <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>8 <u>Roasted Chicken w/Biscuit</u> or Taco Pocket <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>9 "Breakfast for Lunch" <u>Pancakes & Sausage Link*</u> or *BBQ Rib on a Bun <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>10 *<u>Pepperoni Pizza or</u> <u>Chicken Taquitos w/Guacamole</u> <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>11 <u>Cheeseburger</u> or PB&J Pocket Tator Tots <u>Self-Serve Garden Bar</u> See Menu Below</p>					
<p>14 <u>Spaghetti w/Meat Sauce</u> & <u>Garlic Toast</u> or Xtreme Bean & Cheese Burrito <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>15 <u>Taco Hay Stack (tky)</u> or Grilled Cheese Sandwich <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>16 <u>Chicken Fillet Sandwich</u> or Teriyaki Beef Dippers & Texas Garlic Toast <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>17 <u>Cheese Pizza or</u> <u>Chicken Tamale</u> Refried Beans (vegetarian) <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>18 <u>Corn Dog or</u> <u>Turkey Pepperoni Calzone</u> <u>Oven Fries</u> <u>Self-Serve Garden Bar</u> See Menu Below</p>					
<p>21 <u>Chicken Tenders & Dinner Roll</u> or Teriyaki Chicken w/Rice & Dinner Roll <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>22 <u>Turkey & Gravy</u> <u>w/Mashed Potatoes & Biscuit</u> or Taco Pocket <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>23 <u>French Toast & Scrambled</u> <u>Egg w/Bacon & Cheese*</u> or *BBQ Rib on a Bun <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>24 *<u>Pepperoni Pizza or</u> <u>Chicken Taquitos w/Guacamole</u> <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>25 <u>Cheeseburger</u> or PB&J Pocket Tator Tots <u>Self-Serve Garden Bar</u> See Menu Below</p>					
<p>28 Memorial Day</p>	<p>29 <u>Taco Hay Stack (tky)</u> or Grilled Cheese Sandwich <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>30 <u>Chicken Fillet Sandwich or</u> <u>Teriyaki Beef Dippers</u> & Texas Garlic Toast <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>31 <u>Cheese Pizza or</u> <u>Chicken Tamale</u> Refried Beans (vegetarian) <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>June 1 <u>Corn Dog or</u> <u>Cook's Choice Entree</u> <u>Oven Fries</u> <u>Self-Serve Garden Bar</u> See Menu Below</p>					
<p>4 <u>Chicken Tenders & Dinner Roll</u> or Cook's Choice Entrée <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>5 <u>Taco Pocket or</u> <u>Cook's Choice Entrée</u> <u>Self-Serve Garden Bar</u> See Menu Below</p>	<p>The Simple Way to Pay FOR SCHOOL MEALS</p>  <p>myschoolbucks .com</p>							
<p>Monday Garden Bar Options</p>		<p>Tuesday Garden Bar Options</p>		<p>Wednesday Garden Bar Options</p>		<p>Thursday Garden Bar Options</p>		<p>Friday Garden Bar Options</p>	
Salad Mix	Apple Slices	Salad Mix	Pineapple	Salad Mix	Fruit Mix	Salad Mix	Bananas	Salad Mix	Diced Peaches
	Diced Pears	Baby Carrots	Orange Wedges	Fresh Melon	Jicama Sticks	Baby Carrots	Applesauce	Tomato Slices	Kidney Beans
3-Bean Quinoa Salad	Cherry Tomatoes	Corn Nibblets		Kidney Beans		Cucumber Slices		Ruby Red Grapefruit	
	Diced Turkey		Diced Egg		Diced Turkey				Diced Chicken
Loco Bread	Colby-Jack Cheese Stick	Honey Wheat Biscuit	Diced Turkey Ham	Harvest Choc. Chip Muffin	Yoplait Yogurt	Cornmeal Super Star	Diced Egg	Loco Bread	Dried CB's & Sunflower Seed
							Yoplait Yogurt		