

Meals Served with LF or NF Choc Milk

Elementary Prices:

Breakfast: Reduced - \$0.00
Breakfast: Paid - \$0.00
Lunch: Reduced - \$0.00
Lunch: Paid - \$2.50

* - Items that contain Pork
☞ - ALL Bread Items are Wholegrain

* **LUNCH MEAL**; Includes one Entrée from the main menu & one or more Fruit & Vegetable selections from the Garden Bar.

OR, **SALAD BAR LUNCH**; Build a Complete Meal with a variety of fresh fruits & vegetables, and daily salad bar protein and bread items.

Each Student *MAY* select:
◦ Entrée ◦ Garden Bar Fruits & Vegetables ◦ Milk
To Count as a *Complete* Meal, Each Student *MUST* Select:
****1/2 Cup or more Fruit or Vegetable****

1 Macaroni & Cheese (low fat) or Teriyaki Chicken w/Rice & Animal Crackers <u>Self-Serve Garden Bar</u> See Menu Below	2 Breaded Fish Sticks & Whole Grain Roll or Taco Pocket <u>Self-Serve Garden Bar</u> See Menu Below	3 "Breakfast for Lunch" Pancakes & Sausage Link* or *BBQ Rib on a Bun <u>Self-Serve Garden Bar</u> See Menu Below	4 *Pepperoni Pizza or Taco Chalupa & States & Capitols Vanilla Cookies <u>Self-Serve Garden Bar</u> See Menu Below	5 PB&J Pocket or Cheeseburger Mini's Tator Tots <u>Self-Serve Garden Bar</u> See Menu Below
8 Chicken Tenders & Goldfish or Chicken Taquitos w/Guacamole <u>Self-Serve Garden Bar</u> See Menu Below	9 Roast Chicken w/Maple Biscuit or Grilled Cheese Sandwich <u>Self-Serve Garden Bar</u> See Menu Below	10 Chicken Fillet Sandwich or Teriyaki Beef Dippers & Texas Garlic Toast <u>Self-Serve Garden Bar</u> See Menu Below	11 Cheese Pizza or Chicken Tamale Corn <u>Self-Serve Garden Bar</u> See Menu Below	12 Corn Dog or Turkey Pepperoni Calzonnette Oven Fries <u>Self-Serve Garden Bar</u> See Menu Below
15 Macaroni & Cheese (low fat) or Teriyaki Chicken w/Rice & Animal Crackers <u>Self-Serve Garden Bar</u> See Menu Below	16 Breaded Fish Sticks & Whole Grain Roll or Taco Pocket <u>Self-Serve Garden Bar</u> See Menu Below	17 French Toast & Scrambled Egg w/Bacon & Cheese* or *BBQ Rib on a Bun <u>Self-Serve Garden Bar</u> See Menu Below	18 *Pepperoni Pizza or Taco Chalupa & States & Capitols Vanilla Cookies <u>Self-Serve Garden Bar</u> See Menu Below	19 PB&J Pocket or Cheeseburger Mini's Sweet Potato Fries <u>Self-Serve Garden Bar</u> See Menu Below
22 Chicken Tenders & Goldfish or Chicken Taquitos w/Guacamole <u>Self-Serve Garden Bar</u> See Menu Below	23 Spaghetti w/Meat Sauce & Garlic Toast or Grilled Cheese Sandwich <u>Self-Serve Garden Bar</u> See Menu Below	24 Chicken Fillet Sandwich or Teriyaki Beef Dippers & Texas Garlic Toast <u>Self-Serve Garden Bar</u> See Menu Below	25 Cheese Pizza or Chicken Tamale Corn <u>Self-Serve Garden Bar</u> See Menu Below	26 Corn Dog or Turkey Pepperoni Calzonnette Oven Fries <u>Self-Serve Garden Bar</u> See Menu Below
29 Memorial Day Holiday	30 Taco Pocket or Cook's Choice <u>Self-Serve Garden Bar</u> See Menu Below	31 *BBQ Rib on a Bun or Cook's Choice <u>Self-Serve Garden Bar</u> See Menu Below	<p>The Simple Way to Pay FOR SCHOOL MEALS</p> 	

Get a Smart Start to your Week with...
Lean & Green Mondays

Monday Garden Bar Options		Tuesday Garden Bar Options		Wednesday Garden Bar Options		Thursday Garden Bar Options		Friday Garden Bar Options	
Salad Mix	Apple Slices	Salad Mix	Pineapple	Salad Mix	Fruit Mix	Salad Mix	Bananas	Salad Mix	Diced Peaches
	Diced Pears	Baby Carrots	Orange Wedges	Melon Chunks	Jicama Sticks	Cucumber Slices	Applesauce	Tomato Slices	Kidney Beans
3-Bean Quinoa Salad	Cherry Tomatoes	Corn Niblets		Kidney Beans		Baby Carrots		Ruby Red Grapefruit	
	Diced Turkey		Diced Egg		Diced Turkey				Diced Chicken
Loco Bread	Colby-Jack Cheese Stick	Maple-Wheat Biscuit	Diced Turkey Ham	Harvest Choc. Chip Muffin	Yoplait Yogurt	Cornmeal Super Star	Diced Egg Yoplait Yogurt	Loco Bread	Dried CB's & Sunflower Seed