

BREAKFAST MENU!

Four entrée options are offered daily:

2 HOT & 2 COLD

HOT ITEMS . . .

Pancake on a Stick made with a whole grain pancake & pork sausage

Breakfast Pizzas topped with savory turkey sausage & mozzarella cheese on a whole grain crust

Breakfast Hot Pockets filled with mozzarella cheese & tomato sauce, with a hint of garlic in a crispy crust

. . . FROM THE BAKERY

Bagels served with Cream Cheese
Glazed Whole Grain Honey Buns
Buttermilk Bars Made with Whole Grains
Assorted Whole Grain Muffins
Cinnamon Oatmeal Breakfast Bars
Assorted Whole Grain Cereals

Start your day right with a wholesome, nutritious breakfast. All items are low in fat and sugar and have no trans fat.

Each breakfast includes your choice of an entrée from above and 100% juice & milk.

**ALL FOR
JUST \$1.50**

Eligible students can receive their meals for 25¢ or free depending on their status.



**FOR NUTRITION TIPS, CHECK
OUT OUR WEBSITE AT
TUSDFOODSERVICE.ORG**

**GOOD NUTRITION
& LEARNING GO
HAND IN HAND!**

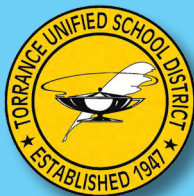
Students' meals can be pre-paid at
myschoolbucks.com, or at the
school cafeteria by check or cash



FREE & REDUCED MEALS

If you feel your child qualifies for free or reduced-price meals, you can complete an application online at TUSDfoodservice.org, or pick up an application at your child's school office or the Nutrition Services office.

If you have questions, please contact the Nutrition Services office at (310) 972-6350.



**Torrance Unified School District
Nutrition Services**

2335 Plaza del Amo, Torrance, CA 90509
(310) 972-6350

USDA is an equal opportunity provider & employer.