St. Vrain Valley School District

Jan 1, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

K-12 BIC

Portion Values - Detailed

Generated on: 12/9/2016 12:21:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 01/02/2017																
K-12 BIC	Total	3600														
BIC, Cinn Tst Crnch Bar	Bar	3600	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			381	14	465	3.58	1.87	675.2	583	18.57	*14	18.24	66.11	5.35	2.42	0.00
% of Calories											*14.9%	19.2%	69.4%	12.6%	5.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Tue - 01/03/2017																
K-12 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			502	9	473	3.36	1.19	557.6	735	40.05	*30	17.08	85.69	11.12	2.83	0.00
% of Calories											*23.6%	13.6%	68.3%	19.9%	5.1%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Wed - 01/04/2017																
K-12 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
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[1] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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St. Vrain Valley School District

Jan 1, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

K-12 BIC

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			491	7	463	7.59	2.56	422.4	631	38.69	*5	14.72	85.33	9.10	3.68	0.00
% of Calories											*3.8%	12.0%	69.6%	16.7%	6.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Thu - 01/05/2017																
K-12 BIC	Total	3600														
BIC, Frudel, Pillsbury	1 Each	3600	210	0	280	2.00	1.08	0.0	0	0.0	11	4.99	35.94	5.99	1.50	0.00
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			431	6	453	3.02	1.36	313.3	548	29.86	*21	14.01	81.39	6.29	1.75	0.00
% of Calories											*19.1%	13.0%	75.5%	13.1%	3.6%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Fri - 01/06/2017																
K-12 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			410	51	420	3.36	1.19	469.9	763	40.92	*21	16.47	67.86	7.81	3.39	0.00
% of Calories											*20.1%	16.1%	66.1%	17.1%	7.4%	0.0%
Nutrient Guideline			450-500		540										<10.00	

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St. Vrain Valley School District

Jan 1, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

K-12 BIC

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 01/09/2017																
K-12 BIC	Total	3600														
BIC, Cinn Tst Crnch Bar	Bar	3600	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			381	14	465	3.58	1.87	675.2	583	18.57	*14	18.24	66.11	5.35	2.42	0.00
% of Calories											*14.9%	19.2%	69.4%	12.6%	5.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Tue - 01/10/2017																
K-12 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			502	9	473	3.36	1.19	557.6	735	40.05	*30	17.08	85.69	11.12	2.83	0.00
% of Calories											*23.6%	13.6%	68.3%	19.9%	5.1%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Wed - 01/11/2017																
K-12 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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Base Menu Spreadsheet

K-12 BIC

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			491	7	463	7.59	2.56	422.4	631	38.69	*5	14.72	85.33	9.10	3.68	0.00
% of Calories											*3.8%	12.0%	69.6%	16.7%	6.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Thu - 01/12/2017																
K-12 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			473	12	609	3.31	1.52	382.0	548	29.86	*22	12.45	87.81	8.31	1.39	0.00
% of Calories											*18.8%	10.5%	74.2%	15.8%	2.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Fri - 01/13/2017																
K-12 BIC	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Mon - 01/16/2017																
K-12 BIC	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450-500		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 01/17/2017																
K-12 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			502	9	473	3.36	1.19	557.6	735	40.05	*30	17.08	85.69	11.12	2.83	0.00
% of Calories											*23.6%	13.6%	68.3%	19.9%	5.1%	0.0%
Nutrient Guideline			450-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Wed - 01/18/2017																
K-12 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			491	7	463	7.59	2.56	422.4	631	38.69	*5	14.72	85.33	9.10	3.68	0.00
% of Calories											*3.8%	12.0%	69.6%	16.7%	6.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 01/19/2017																
K-12 BIC	Total	3600														
BIC, Frudel, Pillsbury	1 Each	3600	210	0	280	2.00	1.08	0.0	0	0.0	11	4.99	35.94	5.99	1.50	0.00
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			431	6	453	3.02	1.36	313.3	548	29.86	*21	14.01	81.39	6.29	1.75	0.00
% of Calories											*19.1%	13.0%	75.5%	13.1%	3.6%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Fri - 01/20/2017																
K-12 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			410	51	420	3.36	1.19	469.9	763	40.92	*21	16.47	67.86	7.81	3.39	0.00
% of Calories											*20.1%	16.1%	66.1%	17.1%	7.4%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Mon - 01/23/2017																
K-12 BIC	Total	3600														
BIC, Cinn Tst Crnch Bar	Bar	3600	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			381	14	465	3.58	1.87	675.2	583	18.57	*14	18.24	66.11	5.35	2.42	0.00
% of Calories											*14.9%	19.2%	69.4%	12.6%	5.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data**
[1] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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St. Vrain Valley School District

Jan 1, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

K-12 BIC

Portion Values - Detailed

Generated on: 12/9/2016 12:21:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 01/24/2017																
K-12 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			502	9	473	3.36	1.19	557.6	735	40.05	*30	17.08	85.69	11.12	2.83	0.00
% of Calories											*23.6%	13.6%	68.3%	19.9%	5.1%	0.0%
Nutrient Guideline			450-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Wed - 01/25/2017																
K-12 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			491	7	463	7.59	2.56	422.4	631	38.69	*5	14.72	85.33	9.10	3.68	0.00
% of Calories											*3.8%	12.0%	69.6%	16.7%	6.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 01/26/2017																
K-12 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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St. Vrain Valley School District

Jan 1, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

K-12 BIC

Portion Values - Detailed

Generated on: 12/9/2016 12:21:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			473	12	609	3.31	1.52	382.0	548	29.86	*22	12.45	87.81	8.31	1.39	0.00
% of Calories											*18.8%	10.5%	74.2%	15.8%	2.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Fri - 01/27/2017																
K-12 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			410	51	420	3.36	1.19	469.9	763	40.92	*21	16.47	67.86	7.81	3.39	0.00
% of Calories											*20.1%	16.1%	66.1%	17.1%	7.4%	0.0%
Nutrient Guideline			450-500		540										<10.00	
Mon - 01/30/2017																
K-12 BIC	Total	3600														
BIC, Cinn Tst Crnch Bar	Bar	3600	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			381	14	465	3.58	1.87	675.2	583	18.57	*14	18.24	66.11	5.35	2.42	0.00
% of Calories											*14.9%	19.2%	69.4%	12.6%	5.7%	0.0%
Nutrient Guideline			450-500		540										<10.00	

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St. Vrain Valley School District

Jan 1, 2017 thru Jan 31, 2017

Base Menu Spreadsheet

K-12 BIC

Portion Values - Detailed

Generated on: 12/9/2016 12:21:50 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 01/31/2017																
K-12 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			502	9	473	3.36	1.19	557.6	735	40.05	*30	17.08	85.69	11.12	2.83	0.00
% of Calories											*23.6%	13.6%	68.3%	19.9%	5.1%	0.0%
Nutrient Guideline			450-500		540										<10.00	

Weighted Average			452	16	473	4.21	1.65	498.9	651	33.58	*19	15.98	78.81	8.30	2.75	0.00
											*36.9%	14.2%	69.8%	16.5%	5.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	452		450 - 500	100%				
Cholesterol (mg)	16							
Sodium (mg)	473		540					
Fiber (g)	4.21							
Iron (mg)	1.65							
Calcium (mg)	498.9							
Vitamin A (IU)	651							
Sugars (g)	19	16.42%			Missing			
Vitamin C (mg)	33.58							
Protein (g)	15.98	14.15%						
Carbohydrate (g)	78.81	69.79%						
Total Fat (g)	8.30	16.54%						
Saturated Fat (g)	2.75	5.48%	<10.00%					
Trans Fat[1] (g)	0.00	0.00%						

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