St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

CACFP Snack Menu

Portion Values - Detailed

Generated on: 11/3/2016 4:08:03 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 12/01/2016																
CACFP Snack Menu	Total	3000														
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Weighted Daily Average			124	10	211	2.44	0.20	223.8	293	35.92	*8	8.85	17.19	2.81	2.05	0.00
% of Calories											*26.9%	28.6%	55.5%	20.4%	14.9%	0.0%
Nutrient Guideline			450		540										<10.00	
Fri - 12/02/2016																
CACFP Snack Menu	Total	3000														
Fruit, Fresh, Variety	1/2 cup s erving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Bread, Goldfish Cracker	Package	3000	100	5	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	1.00	0.00
Weighted Daily Average			164	5	171	3.44	0.56	43.8	193	35.92	*8	3.85	30.19	3.81	1.05	0.00
% of Calories											*20.3%	9.4%	73.7%	20.9%	5.7%	0.0%
Nutrient Guideline			450		540										<10.00	
Mon - 12/05/2016																
CACFP Snack Menu	Total	3000														
Bread, Graham Cracker Bites	Pouch	3000	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
BIC, Yogurt (4oz. cup)	1 Each	3000	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Weighted Daily Average			230	0	225	2.00	0.72	300.0	40	1.20	*8	5.00	46.00	3.00	0.00	0.00
% of Calories											*13.9%	8.7%	80.0%	11.7%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Tue - 12/06/2016																
CACFP Snack Menu	Total	3000														
BIC, Bread Pumpkin	1 Each	3000	270	0	220	2.00	1.44	100.0	1000	0.0	24	6.0	43.0	10.0	2.00	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data**
[1] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Base Menu Spreadsheet

CACFP Snack Menu

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			380	10	350	2.00	1.44	400.0	1500	2.40	*24	14.00	56.00	11.50	3.50	0.00
% of Calories											*25.3%	14.7%	58.9%	27.2%	8.3%	0.0%
Nutrient Guideline			450		540										<10.00	
Wed - 12/07/2016																
CACFP Snack Menu	Total	3000														
Vegetables,Veggie Patch	1/2 Cup	3000	23	0	26	1.69	0.45	19.1	3250	42.7	2	1.01	4.82	0.13	0.03	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			173	15	304	1.69	0.45	337.8	3789	45.24	*2	9.51	19.58	5.03	2.09	0.00
% of Calories											*4.8%	22.0%	45.3%	26.2%	10.9%	0.0%
Nutrient Guideline			450		540										<10.00	
Thu - 12/08/2016																
CACFP Snack Menu	Total	3000														
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	3000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Weighted Daily Average			111	10	212	1.00	0.11	203.0	100	0.00	11	8.00	15.00	2.50	2.00	0.00
% of Calories											39.6%	28.8%	54.1%	20.3%	16.2%	0.0%
Nutrient Guideline			450		540										<10.00	
Fri - 12/09/2016																
CACFP Snack Menu	Total	3000														
Bread, Goldfish Cracker	Package	3000	100	5	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	1.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Weighted Daily Average			164	5	171	3.44	0.56	43.8	193	35.92	*8	3.85	30.19	3.81	1.05	0.00
% of Calories											*20.3%	9.4%	73.7%	20.9%	5.7%	0.0%
Nutrient Guideline			450		540										<10.00	

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Base Menu Spreadsheet

CACFP Snack Menu

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 12/12/2016																
CACFP Snack Menu	Total	3000														
BIC, Applesauce	1 Each	3000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Bread, Graham Cracker Bites	Pouch	3000	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
Weighted Daily Average			181	0	152	3.00	0.83	3.0	40	0.00	19	2.00	38.00	3.00	0.00	0.00
% of Calories											42.0%	4.4%	84.0%	14.9%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Tue - 12/13/2016																
CACFP Snack Menu	Total	3000														
Vegetables,Veggie Patch	1/2 Cup	3000	23	0	26	1.69	0.45	19.1	3250	42.7	2	1.01	4.82	0.13	0.03	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			173	15	304	1.69	0.45	337.8	3789	45.24	*2	9.51	19.58	5.03	2.09	0.00
% of Calories											*4.8%	22.0%	45.3%	26.2%	10.9%	0.0%
Nutrient Guideline			450		540										<10.00	
Wed - 12/14/2016																
CACFP Snack Menu	Total	3000														
BIC, Bread Pumpkin	1 Each	3000	270	0	220	2.00	1.44	100.0	1000	0.0	24	6.0	43.0	10.0	2.00	0.00
Dairy, Milk, White 1%	HALF PIN	3000	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Weighted Daily Average			380	10	350	2.00	1.44	400.0	1500	2.40	*24	14.00	56.00	11.50	3.50	0.00
% of Calories											*25.3%	14.7%	58.9%	27.2%	8.3%	0.0%
Nutrient Guideline			450		540										<10.00	
Thu - 12/15/2016																
CACFP Snack Menu	Total	3000														
Fruit, Fresh, Variety	1/2 cup s erving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00

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Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			124	10	211	2.44	0.20	223.8	293	35.92	*8	8.85	17.19	2.81	2.05	0.00
% of Calories											*26.9%	28.6%	55.5%	20.4%	14.9%	0.0%
Nutrient Guideline			450		540										<10.00	
Fri - 12/16/2016																
CACFP Snack Menu	Total	3000														
Bread, Goldfish Cracker	Package	3000	100	5	170	1.00	0.36	20.0	0	0.0	0	3.0	14.0	3.5	1.00	0.00
Fruit, Fresh, Variety	1/2 cup s erving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Weighted Daily Average			164	5	171	3.44	0.56	43.8	193	35.92	*8	3.85	30.19	3.81	1.05	0.00
% of Calories											*20.3%	9.4%	73.7%	20.9%	5.7%	0.0%
Nutrient Guideline			450		540										<10.00	
Mon - 12/19/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Tue - 12/20/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Wed - 12/21/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Thu - 12/22/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Fri - 12/23/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Mon - 12/26/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Tue - 12/27/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Wed - 12/28/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Thu - 12/29/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Fri - 12/30/2016																
CACFP Snack Menu	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			450		540										<10.00	
Weighted Average			197	8	236	2.38	0.63	213.4	994	23.01	*11	7.61	31.26	4.88	1.70	0.00
											*50.1%	15.4%	63.4%	22.3%	7.8%	0.0%

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		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	197		450	44%		253		Correction Required - Calories are Low
Cholesterol (mg)	8							
Sodium (mg)	236		540					
Fiber (g)	2.38							
Iron (mg)	0.63							
Calcium (mg)	213.4							
Vitamin A (IU)	994							
Sugars (g)	11	22.27%			Missing			
Vitamin C (mg)	23.01							
Protein (g)	7.61	15.43%						
Carbohydrate (g)	31.26	63.39%						
Total Fat (g)	4.88	22.28%						
Saturated Fat (g)	1.70	7.76%	<10.00%					
Trans Fat[1] (g)	0.00	0.00%						

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