St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

Generated on: 11/3/2016 4:06:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 12/01/2016																
St Vrain K-5 Lunch	Total	6000														
Entree, Crispito, K-8	1 Each	5500	380	50	550	3.00	1.80	240.0	1050	0.0	1	19.0	24.01	23.0	8.00	0.00
Condiment, Mexican	1 OZ	5500	14	0	188	0.43	0.25	8.6	199	4.79	*1	0.43	2.57	0.0	0.00	0.00
Condiment, Green Chili	1/4 Cup	5500	21	0	308	1.03	0.00	20.5	103	3.69	2	1.03	4.1	0.0	0.00	0.00
Rice, Brown, Santa Fe w/Beans	Servings	5500	125	3	221	2.39	*N/A*	*N/A*	0	0.0	2	4.18	23.87	1.49	0.60	0.00
Vegetable, Beans, Refried	3/4 cup	3000	361	0	1349	22.04	5.05	124.3	1	2.08	0	22.04	62.11	3.01	1.00	0.00
Fruit, Peaches, Diced, Canned	1/2 Cup	3000	48	0	5	0.53	0.00	0.0	319	1.28	10	0.0	11.69	0.0	0.00	0.00
Entree, Fruit &CottCheesePlate	Servings	250	370	15	690	5.98	2.35	132.8	209	0.0	*5	16.0	50.0	10.5	4.50	0.00
Entree, Fruit &StrCheesePlate	Servings	250	515	20	667	9.37	2.66	459.7	504	42.73	*16	21.02	76.79	13.34	7.05	0.00
Vegetable, Salad Bar w beans	3/4 cup	3000	80	0	168	4.00	1.53	50.4	3004	28.21	*2	3.78	14.34	1.33	0.07	*0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			944	59	2222	20.20	*5.38	*673.1	3451	42.36	*12	45.78	126.12	27.69	9.56	*0.00
% of Calories											*5.1%	19.4%	53.4%	26.4%	9.1%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 12/02/2016																
St Vrain K-5 Lunch	Total	6000														
Sandwich, Chicken Filet/ Bun	1 EACH	5500	400	25	710	6.00	2.88	100.0	100	0.0	4	23.0	39.0	17.0	2.50	0.00
Condiment, Sandwich	servings	5500	0	0	179	0.01	0.00	0.2	4	0.02	*0	0.01	0.03	0.0	0.00	0.00
Vegetable, Sweet PotatoLattice	3/4 cup	4000	216	0	233	6.65	1.08	51.2	1796	0.76	13	1.66	34.89	13.29	1.66	0.00
Fruit, Frozen Fruit Treat Cup	4.4oz	3000	77	0	11	3.30	0.40	87.9	549	65.91	18	0.0	20.87	0.0	0.00	0.00
Sandwich,Turkey K-8	1 EACH	500	195	24	600	3.00	1.33	62.0	3	0.0	3	19.4	23.02	3.07	0.02	0.00
Condiment, Sandwich	servings	500	0	0	179	0.01	0.00	0.2	4	0.02	*0	0.01	0.03	0.0	0.00	0.00
Vegetable, Salad Bar no beans	3/4 cup	3000	27	0	103	1.44	0.47	23.6	1650	25.26	*2	0.91	5.34	0.45	0.06	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Fresh, Variety	1/2 cup s erving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data**
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St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

Generated on: 11/3/2016 4:06:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			748	34	1334	13.78	4.01	508.1	3009	65.65	*27	32.95	101.29	27.16	4.11	0.00
% of Calories											*14.3%	17.6%	54.1%	32.7%	4.9%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Mon - 12/05/2016																
St Vrain K-5 Lunch	Total	6000														
Entree, Bean Burrito	SERVING	5500	406	25	737	10.39	2.65	264.6	298	0.79	*0	19.33	50.65	15.06	7.33	0.00
Vegetable, Corn, canned	3/4 cup	3000	122	0	28	3.74	0.67	0.0	28	0.0	6	3.74	28.08	1.87	0.00	0.00
Fruit, Pears, Diced, Canned	1/2 cup	3000	52	0	5	2.09	0.00	0.0	63	1.25	9	0.0	13.59	0.0	0.00	0.00
Entree, PBJ Basket	1 Each	500	505	15	725	4.23	*0.36	*220.0	100	0.0	14	21.77	49.46	24.31	6.77	0.00
Vegetable, Salad Bar no beans	3/4 cup	3000	27	0	103	1.44	0.47	23.6	1650	25.26	*2	0.91	5.34	0.45	0.06	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			683	33	1047	13.52	*3.03	*587.0	1671	31.01	*10	30.61	100.81	19.07	7.98	0.00
% of Calories											*5.7%	17.9%	59.1%	25.1%	10.5%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Tue - 12/06/2016																
St Vrain K-5 Lunch	Total	6000														
Entree, Chicken, Roasted	Piece	5500	90	75	250	1.00	0.72	0.0	0	0.0	0	13.0	0.0	4.0	1.00	0.00
Vegetable, Beans, Veg. Baked	3/4 cup s erving	5500	267	0	813	7.97	3.43	93.6	274	5.73	*31	9.41	57.8	1.59	0.01	*0.00
Bread, Biscuit, WG Rich's	Biscuit	5500	170	0	380	2.97	1.19	32.3	3	0.04	3	4.0	23.0	7.0	4.50	0.00
Fruit, BlueBerries in a Cloud	1/2 cup	3000	71	0	8	3.06	0.20	34.9	65	2.83	12	0.48	16.39	0.73	0.06	0.00
Sandwich, Tuna Salad	SERVING	500	329	54	928	6.48	2.35	93.9	300	1.15	*4	30.73	33.19	10.19	1.01	0.00
Condiment, Sandwich	servings	500	0	0	179	0.01	0.00	0.2	4	0.02	*0	0.01	0.03	0.0	0.00	0.00
Vegetable, Salad Bar w beans	3/4 cup	3000	80	0	168	4.00	1.53	50.4	3004	28.21	*2	3.78	14.34	1.33	0.07	*0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient**
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St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

Generated on: 11/3/2016 4:06:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			754	82	1746	15.02	5.96	480.3	2333	37.93	*38	37.64	118.96	15.50	5.86	*0.00
% of Calories											*20.3%	20.0%	63.1%	18.5%	7.0%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 12/07/2016																
St Vrain K-5 Lunch	Total	6000														
Breakfast, French Toast Sticks	4 Piece	5500	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	2 Each	5500	110	40	450	0.00	2.16	40.0	5	0.0	1	12.0	1.0	8.0	2.00	0.00
Condiment, Syrup, Pancake	each	5500	*N/A*	*N/A*	24	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	26	*N/A*	34.53	*N/A*	*N/A*	*N/A*
Entree, Yogurt Basket Lunch	1 Each	500	430	10	525	5.98	2.35	532.8	109	1.2	*0	15.0	67.0	10.5	5.00	0.00
Vegetables,Veggie Patch	3/4 Cup	3000	35	0	38	2.54	0.67	28.6	4875	64.04	3	1.51	7.23	0.2	0.04	0.00
Fruit, Applesauce, Canned	1/2 CUP	3000	51	0	2	1.34	0.28	4.9	35	25.86	11	0.21	13.75	0.12	0.01	0.00
Vegetable, Salad Bar no beans	3/4 cup	3000	27	0	103	1.44	0.47	23.6	1650	25.26	*2	0.91	5.34	0.45	0.06	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			*625	*46	1067	*6.09	*4.84	*653.7	*4235	*74.71	*44	*28.18	112.29	*22.41	*4.92	*0.00
% of Calories											*28.2%	*18.0%	71.9%	*32.3%	*7.1%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 12/08/2016																
St Vrain K-5 Lunch	Total	9000														
Entree, Turkey & Gravy	servings	8500	240	110	920	0.00	*1.44	*40.0	*0	*0.0	*0	30.0	4.01	12.0	4.00	0.00
Bread, WW Dinner Roll	Each	8500	109	0	178	2.97	1.42	59.3	0	0.0	*N/A*	5.93	18.79	1.48	0.00	0.00
Entree, Fruit &CottCheesePlate	Servings	250	370	15	690	5.98	2.35	132.8	209	0.0	*5	16.0	50.0	10.5	4.50	0.00
Entree, Fruit &StrCheesePlate	Servings	250	515	20	667	9.37	2.66	459.7	504	42.73	*16	21.02	76.79	13.34	7.05	0.00
Vegetable, Potatoes, Mashed	1/2 cup	9000	70	0	96	1.20	0.23	13.5	2	24.43	1	1.57	14.82	0.73	0.19	0.00
Vegetable, Bean, Green,Canned	1/2 cup	9000	16	0	142	2.02	0.00	0.0	5	0.0	1	1.01	3.04	0.0	0.00	0.00
Condiment, Cranberry Sauce	2 Tablespoons	3000	58	0	2	0.40	0.15	1.1	12	0.36	11	0.33	14.62	0.05	0.00	0.00
Dessert, Pumpkin Cake	1 oz slices	9000	326	19	295	0.94	0.94	271.5	2458	1.04	*42	2.89	55.01	8.28	1.19	*0.00
Fruit, Juice, 100%	servings	9000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			923	128	1722	7.52	*4.06	*605.7	*2822	*58.67	*48	46.88	130.21	22.67	5.73	*0.00
% of Calories											*21.0%	20.3%	56.4%	22.1%	5.6%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

Fri - 12/09/2016																
St Vrain K-5 Lunch	Total	6000														
Entree, Pizza,Vegetable, K-8	Servings	2250	377	30	645	3.44	2.16	493.6	778	30.85	3	20.83	34.78	17.02	7.77	0.00
Entree, Pizza,Cheese, K-8	Servings	2250	363	30	628	2.67	1.96	487.0	280	1.02	2	20.44	32.22	16.72	7.72	0.00
Vegetable, Broccoli Blanched	3/4 cup	3000	14	0	14	0.90	0.25	13.8	241	36.78	0	0.9	2.69	0.0	0.00	0.00
Fruit, Grapes,Fresh	0.5 Cup	3000	58	0	2	0.77	0.25	12.0	86	3.44	*N/A*	0.54	14.74	0.3	0.10	0.00
Sandwich,Turkey K-8	1 EACH	500	195	24	600	3.00	1.33	62.0	3	0.0	3	19.4	23.02	3.07	0.02	0.00
Condiment, Sandwich	servings	500	0	0	179	0.01	0.00	0.2	4	0.02	*0	0.01	0.03	0.0	0.00	0.00
Vegetable, Salad Bar no beans	3/4 cup	3000	27	0	103	1.44	0.47	23.6	1650	25.26	*2	0.91	5.34	0.45	0.06	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			511	34	844	4.10	2.14	712.0	1905	61.72	*3	27.02	65.18	15.36	6.55	0.00
% of Calories											*2.4%	21.2%	51.1%	27.1%	11.5%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Mon - 12/12/2016																
St Vrain K-5 Lunch	Total	6000														
Entree, Italian Dunkers	Each	5500	360	20	914	4.55	2.28	319.5	690	2.33	*5	19.0	35.01	15.5	6.49	*0.00
Condiment, Marinara (AM)	2 oz	5500	29	0	234	1.46	0.35	15.4	174	2.21	3	0.97	4.88	0.49	0.49	0.00
Vegetable, Broccoli Blanched	3/4 cup	3000	14	0	14	0.90	0.25	13.8	241	36.78	0	0.9	2.69	0.0	0.00	0.00
Fruit, Apples,Fresh	1 each	3000	76	0	5	3.50	0.18	11.6	79	6.96	15	0.39	20.15	0.25	0.04	0.00
Entree, PBJ Basket	1 Each	500	505	15	725	4.23	*0.36	*220.0	100	0.0	14	21.77	49.46	24.31	6.77	0.00
Vegetable, Salad Bar no beans	3/4 cup	3000	27	0	103	1.44	0.47	23.6	1650	25.26	*2	0.91	5.34	0.45	0.06	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			625	29	1416	8.78	*2.88	*664.2	2305	55.69	*18	29.97	81.53	19.11	7.67	*0.00
% of Calories											*11.5%	19.2%	52.2%	27.5%	11.1%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Tue - 12/13/2016																
St Vrain K-5 Lunch	Total	6000														
Entree, Chicken Tenders K-8 gr	3 Pieces	5500	246	54	384	1.54	1.66	0.0	0	0.0	*N/A*	23.04	13.82	10.75	2.30	0.00
Bread, WW Dinner Roll	1 Each	5500	109	0	178	2.97	1.42	59.3	0	0.0	*N/A*	5.93	18.79	1.48	0.00	0.00
Vegetable, Potatoes, Mashed	3/4 cup	3000	104	0	144	1.80	0.35	20.3	3	36.65	1	2.36	22.23	1.09	0.29	0.00
Condiment, Country Gravy	2 oz	3000	29	0	323	0.00	0.00	21.3	0	0.0	*0	0.0	7.8	0.0	0.00	0.00
Fruit, Kiwi	1/2 cup	3000	62	0	3	3.04	0.31	34.5	88	93.94	9	1.16	14.86	0.53	0.03	0.00
Sandwich, Tuna Salad	SERVING	500	329	54	928	6.48	2.35	93.9	300	1.15	*4	30.73	33.19	10.19	1.01	0.00
Condiment, Sandwich	servings	500	0	0	179	0.01	0.00	0.2	4	0.02	*0	0.01	0.03	0.0	0.00	0.00
Vegetable, Salad Bar w beans	3/4 cup	3000	80	0	168	4.00	1.53	50.4	3004	28.21	*2	3.78	14.34	1.33	0.07	*0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			658	63	1169	9.09	4.12	439.8	2092	96.52	*7	41.51	89.03	15.61	3.05	*0.00
% of Calories											*4.0%	25.2%	54.1%	21.4%	4.2%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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[1] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Wed - 12/14/2016																
St Vrain K-5 Lunch	Total	6000														
Entree, Italian Shells	Servings	5500	257	37	770	4.51	1.68	240.7	505	3.79	*6	16.17	35.43	5.76	3.59	0.00
Bread, Sticks, Rich's	1 each	5500	77	0	165	1.77	0.85	0.0	0	0.0	*N/A*	2.95	14.17	0.89	0.00	0.00
Vegetable, Bean, Green,Canned	3/4 cup	3000	24	0	213	3.04	0.00	0.0	8	0.0	2	1.52	4.56	0.0	0.00	0.00
Fruit, Peaches, Diced, Canned	1/2 Cup	3000	48	0	5	0.53	0.00	0.0	319	1.28	10	0.0	11.69	0.0	0.00	0.00
Entree, Yogurt Basket Lunch	1 Each	500	430	10	525	5.98	2.35	532.8	109	1.2	*0	15.0	67.0	10.5	5.00	0.00
Vegetable, Salad Bar no beans	3/4 cup	3000	27	0	103	1.44	0.47	23.6	1650	25.26	*2	0.91	5.34	0.45	0.06	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			559	44	1305	8.76	2.75	591.2	1980	33.87	*12	28.74	88.60	9.27	4.39	0.00
% of Calories											*8.6%	20.6%	63.5%	14.9%	7.1%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Thu - 12/15/2016																
St Vrain K-5 Lunch	Total	6000														
Sandwich, Sloppy Joes	1/3 cup	5500	270	41	691	3.76	2.10	87.4	561	11.47	*8	19.56	32.39	6.2	1.37	*0.00
Entree, Fruit &StrCheesePlate	Servings	250	515	20	667	9.37	2.66	459.7	504	42.73	*16	21.02	76.79	13.34	7.05	0.00
Entree, Fruit &CottCheesePlate	Servings	250	370	15	690	5.98	2.35	132.8	209	0.0	*5	16.0	50.0	10.5	4.50	0.00
Vegetable, Beans, Veg. Baked	3/4 cup s erving	3000	267	0	813	7.97	3.43	93.6	274	5.73	*31	9.41	57.8	1.59	0.01	*0.00
Vegetable, Salad Bar w beans	3/4 cup	3000	80	0	168	4.00	1.53	50.4	3004	28.21	*2	3.78	14.34	1.33	0.07	*0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Oranges	1 EACH	3000	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
Fruit, Juice, 100%	servings	3000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			648	48	1423	11.22	4.67	510.4	2810	71.82	*29	35.27	103.44	10.27	2.45	*0.00
% of Calories											*18.0%	21.8%	63.8%	14.3%	3.4%	*0.0%
Nutrient Guideline			550-650		1230										<10.00	

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St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Fri - 12/16/2016																
St Vrain K-5 Lunch	Total	6000														
Sandwich, Grilled Cheese	Sandwich	5500	280	32	580	3.00	1.64	466.0	524	0.0	6	18.56	30.97	9.91	5.56	0.00
Soup, Campbells Tomato Soup	8 oz	5500	102	0	549	1.14	0.00	3.9	455	6.82	14	2.27	22.73	0.0	0.00	0.00
Vegetable, Baby Carrots	3/4 Cup	3000	40	0	88	3.29	1.01	36.3	15638	2.95	5	0.73	9.34	0.15	0.03	0.00
Fruit, Frozen Fruit Treat Cup	4.4 oz	3000	77	0	11	3.30	0.40	87.9	549	65.91	18	0.0	20.87	0.0	0.00	0.00
Sandwich,Turkey K-8	1 EACH	500	195	24	600	3.00	1.33	62.0	3	0.0	3	19.4	23.02	3.07	0.02	0.00
Condiment, Sandwich	servings	500	0	0	179	0.01	0.00	0.2	4	0.02	*0	0.01	0.03	0.0	0.00	0.00
Vegetable, Salad Bar no beans	3/4 cup	3000	27	0	103	1.44	0.47	23.6	1650	25.26	*2	0.91	5.34	0.45	0.06	0.00
Condiment, Ranch/ low fat	1 OZ	3000	40	5	148	0.00	0.00	18.7	39	0.15	*0	0.5	1.76	3.4	0.57	0.00
Fruit, Fresh, Variety	1/2 cup s erving	3000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Dairy, Milk, White 1%	HALF PIN	1500	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	4500	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			608	40	1444	9.28	2.65	831.0	10432	72.85	*35	30.20	96.15	11.87	5.82	0.00
% of Calories											*22.8%	19.9%	63.3%	17.6%	8.6%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Mon - 12/19/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 12/20/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

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St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Wed - 12/21/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Thu - 12/22/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Fri - 12/23/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Mon - 12/26/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Tue - 12/27/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Wed - 12/28/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Thu - 12/29/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Fri - 12/30/2016																
St Vrain K-5 Lunch	Total	1														
HOLIDAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			550-650		1230										<10.00	
Weighted Average			*690	*53	1395	*10.61	*3.87	*604.7	*3254	*58.57	*24	*34.56	101.13	*18.00	*5.67	*0.00
											*30.7%	*20.0%	58.6%	*23.5%	*7.4%	*0.0%

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St. Vrain Valley School District

Dec 1, 2016 thru Dec 31, 2016

Base Menu Spreadsheet

St Vrain K-5 Lunch

Portion Values - Detailed

Generated on: 11/3/2016 4:06:51 PM

		Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat[1] (g)

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	690		550 - 650	106%	Missing		40	Correction Required - Calories too High
Cholesterol (mg)	53				Missing			
Sodium (mg)	1395		1230				165	Correction Required - Sodium too High
Fiber (g)	10.61				Missing			
Iron (mg)	3.87				Missing			
Calcium (mg)	604.7				Missing			
Vitamin A (IU)	3254				Missing			
Sugars (g)	24	13.66%			Missing			
Vitamin C (mg)	58.57				Missing			
Protein (g)	34.56	20.03%			Missing			
Carbohydrate (g)	101.13	58.60%						
Total Fat (g)	18.00	23.46%			Missing			
Saturated Fat (g)	5.67	7.40%	<10.00%		Missing			
Trans Fat[1] (g)	0.00	0.00%			Missing			

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