

St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017																
K-8 Breakfast	Total	1200														
BIC, Muffin Blueberry	1 Each	900	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			517	89	450	4.78	2.20	436.7	861	46.51	*29	17.09	87.00	10.49	3.95	*0.00
% of Calories											*22.8%	13.2%	67.3%	18.3%	6.9%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 05/02/2017																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Condiment, Syrup, Pancake	each	900	*N/A*	*N/A*	24	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	26	*N/A*	34.53	*N/A*	*N/A*	*N/A*
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			*628	*70	704	*5.85	*3.89	*559.7	*1108	*46.51	*48	*21.72	120.94	*18.26	*4.30	*0.00
% of Calories											*30.4%	*13.8%	77.1%	*26.2%	*6.2%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/03/2017																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Serving	900	210	15	479	2.00	1.80	99.8	200	0.0	9	8.98	25.96	6.99	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			528	66	653	4.95	2.83	431.6	911	46.51	*26	19.16	86.13	10.90	3.45	*0.00
% of Calories											*19.4%	14.5%	65.3%	18.6%	5.9%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 05/04/2017																
K-8 Breakfast	Total	1200														
Breakfast Bread Variety	Each	900	273	0	225	3.00	1.49	78.2	302	0.3	*19	5.0	43.5	9.5	2.25	0.00
BIC, Yogurt (4oz. cup)	1 Each	300	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			600	55	481	5.70	2.60	490.3	988	47.03	*33	16.92	104.79	12.78	3.64	*0.00
% of Calories											*21.8%	11.3%	69.9%	19.2%	5.5%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017																
K-8 Breakfast	Total	1200														
Breakfast, Sandwich/Biscuit	Sandwich	900	326	121	818	2.97	2.72	170.1	292	0.06	5	16.63	25.5	18.6	7.95	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			615	146	907	5.68	3.52	484.3	980	46.55	*22	24.89	85.79	19.61	7.91	*0.00
% of Calories											*14.6%	16.2%	55.8%	28.7%	11.6%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Mon - 05/08/2017																
K-8 Breakfast	Total	1200														
BIC, Frudel, Pillsbury	1 Each	900	210	0	280	2.00	1.08	0.0	0	0.0	11	4.99	35.94	5.99	1.50	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			532	55	562	4.78	2.20	421.7	786	46.51	*26	18.58	91.45	10.48	3.58	*0.00
% of Calories											*19.3%	14.0%	68.8%	17.7%	6.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Condiment, Syrup, Pancake	each	900	*N/A*	*N/A*	24	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	26	*N/A*	34.53	*N/A*	*N/A*	*N/A*
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			*628	*70	704	*5.85	*3.89	*559.7	*1108	*46.51	*48	*21.72	120.94	*18.26	*4.30	*0.00
% of Calories											*30.4%	*13.8%	77.1%	*26.2%	*6.2%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 05/10/2017																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Serving	900	210	15	479	2.00	1.80	99.8	200	0.0	9	8.98	25.96	6.99	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			528	66	653	4.95	2.83	431.6	911	46.51	*26	19.16	86.13	10.90	3.45	*0.00
% of Calories											*19.4%	14.5%	65.3%	18.6%	5.9%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/11/2017																
K-8 Breakfast	Total	1200														
Breakfast Bread Variety	Each	900	273	0	225	3.00	1.49	78.2	302	0.3	*19	5.0	43.5	9.5	2.25	0.00
BIC, Yogurt (4oz. cup)	1 Each	300	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			600	55	481	5.70	2.60	490.3	988	47.03	*33 *21.8%	16.92 11.3%	104.79 69.9%	12.78 19.2%	3.64 5.5%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 05/12/2017																
K-8 Breakfast	Total	1200														
Breakfast, Sandwich/Biscuit	Sandwich	900	326	121	818	2.97	2.72	170.1	292	0.06	5	16.63	25.5	18.6	7.95	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Egg, Hard Boiled	1 EACH	100	78	187	62	0.00	0.60	25.0	260	0.0	1	6.29	0.56	5.31	1.63	*N/A*
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			615	146	907	5.68	3.52	484.3	980	46.55	*22 *14.6%	24.89 16.2%	85.79 55.8%	19.61 28.7%	7.91 11.6%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017																
K-8 Breakfast	Total	1200														
BIC, Muffin Blueberry	1 Each	900	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			511	73	445	4.78	2.15	434.6	839	46.51	*29	16.56	86.95	10.05	3.82	*0.00
% of Calories											*23.1%	13.0%	68.1%	17.7%	6.7%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 05/16/2017																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Condiment, Syrup, Pancake	each	900	*N/A*	*N/A*	24	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	26	*N/A*	34.53	*N/A*	*N/A*	*N/A*
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			*621	*55	699	*5.85	*3.84	*557.6	*1086	*46.51	*48	*21.20	120.89	*17.82	*4.17	*0.00
% of Calories											*30.6%	*13.6%	77.8%	*25.8%	*6.0%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/17/2017																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Serving	900	210	15	479	2.00	1.80	99.8	200	0.0	9	8.98	25.96	6.99	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			521	51	648	4.95	2.78	429.5	889	46.51	*26 *19.6%	18.63 14.3%	86.08 66.1%	10.46 18.1%	3.31 5.7%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/18/2017																
K-8 Breakfast	Total	1200														
Breakfast Bread Variety	Each	900	273	0	225	3.00	1.49	78.2	302	0.3	*19	5.0	43.5	9.5	2.25	0.00
BIC, Yogurt (4oz. cup)	1 Each	300	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			593	40	476	5.70	2.55	488.3	966	47.03	*33 *22.0%	16.40 11.1%	104.74 70.6%	12.34 18.7%	3.50 5.3%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017																
K-8 Breakfast	Total	1200														
Breakfast, Sandwich/Biscuit	Sandwich	900	326	121	818	2.97	2.72	170.1	292	0.06	5	16.63	25.5	18.6	7.95	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			608	131	902	5.68	3.47	482.2	958	46.55	*22	24.36	85.74	19.17	7.78	*0.00
% of Calories											*14.7%	16.0%	56.4%	28.4%	11.5%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Mon - 05/22/2017																
K-8 Breakfast	Total	1200														
BIC, Frudel, Pillsbury	1 Each	900	210	0	280	2.00	1.08	0.0	0	0.0	11	4.99	35.94	5.99	1.50	0.00
Dairy, String Cheese	1 OZ	400	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			525	39	557	4.78	2.15	419.6	764	46.51	*26	18.06	91.40	10.04	3.44	*0.00
% of Calories											*19.6%	13.7%	69.6%	17.2%	5.9%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/23/2017																
K-8 Breakfast	Total	1200														
Breakfast, French Toast Sticks	4 Piece	900	288	0	299	3.20	2.13	250.7	460	0.0	12	6.4	37.33	12.8	2.13	0.00
Breakfast, Sausage Patty	1 Each	900	55	20	225	0.00	1.08	20.0	3	0.0	1	6.0	0.5	4.0	1.00	0.00
Condiment, Syrup, Pancake	each	900	*N/A*	*N/A*	24	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	26	*N/A*	34.53	*N/A*	*N/A*	*N/A*
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			*621	*55	699	*5.85	*3.84	*557.6	*1086	*46.51	*48 *30.6%	*21.20 *13.6%	120.89 77.8%	*17.82 *25.8%	*4.17 *6.0%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 05/24/2017																
K-8 Breakfast	Total	1200														
Breakfast, Pizza	Serving	900	210	15	479	2.00	1.80	99.8	200	0.0	9	8.98	25.96	6.99	2.00	0.00
Breakfast, Cereal, Oatmeal	1 Cup	100	109	0	10	2.00	0.96	14.6	3	0.0	9	2.51	22.33	1.5	0.25	*0.00
Breakfast, Cereal, Variety	1 each	100	100	0	163	1.80	4.86	96.0	420	6.12	*5	1.4	21.6	1.4	0.10	0.00
BIC, Muffin Blueberry	1 Each	100	190	45	130	2.00	1.08	20.0	100	0.0	16	3.0	30.0	6.0	2.00	0.00
Breakfast, Basket, Yogurt/Muff	1 EACH	100	1557	361	1067	16.08	8.65	254.8	804	0.6	*129	25.01	247.95	48.23	16.08	0.00
Fruit, Fresh, Variety	1 each	800	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	800	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	200	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	1000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			521	51	648	4.95	2.78	429.5	889	46.51	*26 *19.6%	18.63 14.3%	86.08 66.1%	10.46 18.1%	3.31 5.7%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/25/2017																
K-8 Breakfast	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 05/26/2017																
K-8 Breakfast	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 05/29/2017																
K-8 Breakfast	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 05/30/2017																
K-8 Breakfast	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 05/31/2017																
K-8 Breakfast	Total	2400														
No School Today	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00

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St. Vrain Valley School District

May 1, 2017 thru May 31, 2017

Base Menu Spreadsheet

K-8 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			400-500		540						0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

Weighted Average			*573	*73	643	*5.36	*2.98	*477.2	*950	*46.60	*32 *49.6%	*19.78 *13.8%	97.58 68.1%	*14.01 *22.0%	*4.42 *7.0%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	573		400 - 500	115%	Missing		73	Correction Required - Calories too High
Cholesterol (mg)	73				Missing			
Sodium (mg)	643		540				103	Correction Required - Sodium too High
Fiber (g)	5.36				Missing			
Iron (mg)	2.98				Missing			
Calcium (mg)	477.2				Missing			
Vitamin A (IU)	950				Missing			
Sugars (g)	32	22.04%			Missing			
Vitamin C (mg)	46.60				Missing			
Protein (g)	19.78	13.81%			Missing			
Carbohydrate (g)	97.58	68.14%						
Total Fat (g)	14.01	22.01%			Missing			
Saturated Fat (g)	4.42	6.95%	<10.00%		Missing			
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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