

St. Vrain Valley School District

Apr 1, 2017 thru Apr 30, 2017

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/03/2017																
K-8 BIC	Total	3600														
BIC, Cinn Tst Crnch Bar	Bar	3600	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			381	14	465	3.58	1.87	675.2	583	18.57	*14	18.24	66.11	5.35	2.42	0.00
% of Calories											*14.9%	19.2%	69.4%	12.6%	5.7%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 04/04/2017																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			491	7	463	7.59	2.56	422.4	631	38.69	*5	14.72	85.33	9.10	3.68	0.00
% of Calories											*3.8%	12.0%	69.6%	16.7%	6.7%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 04/05/2017																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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St. Vrain Valley School District

Apr 1, 2017 thru Apr 30, 2017

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			502	9	473	3.36	1.19	557.6	735	40.05	*30 *23.6%	17.08 13.6%	85.69 68.3%	11.12 19.9%	2.83 5.1%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 04/06/2017																
K-8 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			473	12	609	3.31	1.52	382.0	548	29.86	*22 *18.8%	12.45 10.5%	87.81 74.2%	8.31 15.8%	1.39 2.7%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 04/07/2017																
K-8 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			410	51	420	3.36	1.19	469.9	763	40.92	*21 *20.1%	16.47 16.1%	67.86 66.1%	7.81 17.1%	3.39 7.4%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/10/2017																
K-8 BIC	Total	3600														
Sandwich, Grape PBJ Smkr K-8	1 Each	3600	356	0	356	3.33	*N/A*	*N/A*	0	0.0	14	11.11	35.56	18.89	3.89	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			536	6	530	3.89	*0.06	*307.2	500	18.57	*21	19.67	70.64	19.14	4.14	0.00
% of Calories											*15.4%	14.7%	52.8%	32.2%	7.0%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 04/11/2017																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			491	7	463	7.59	2.56	422.4	631	38.69	*5	14.72	85.33	9.10	3.68	0.00
% of Calories											*3.8%	12.0%	69.6%	16.7%	6.7%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 04/12/2017																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			502	9	473	3.36	1.19	557.6	735	40.05	*30 *23.6%	17.08 13.6%	85.69 68.3%	11.12 19.9%	2.83 5.1%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 04/13/2017																	
K-8 BIC	Total	3600															
BIC, Frudel, Pillsbury	1 Each	3600	210	0	280	2.00	1.08	0.0	0	0.0	11	4.99	35.94	5.99	1.50	0.00	
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00	
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00	
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00	
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00	
Weighted Daily Average % of Calories			431	6	453	3.02	1.36	313.3	548	29.86	*21 *19.1%	14.01 13.0%	81.39 75.5%	6.29 13.1%	1.75 3.6%	0.00 0.0%	
Nutrient Guideline			400-500		540											<10.00	

Fri - 04/14/2017																	
K-8 BIC	Total	3600															
Bread, Graham Cracker Bites	Pouch	3600	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00	
BIC, Yogurt (4oz. cup)	1 Each	2000	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00	
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00	
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00	
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00	
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00	
Weighted Daily Average % of Calories			373	6	365	3.36	0.83	485.4	647	39.19	*13 *13.5%	12.70 13.6%	72.52 77.8%	3.42 8.3%	0.28 0.7%	0.00 0.0%	
Nutrient Guideline			400-500		540											<10.00	

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K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/17/2017																
K-8 BIC	Total	3600														
BIC, Cinn Tst Crnch Bar	Bar	3600	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
Dairy, String Cheese	1 OZ	3000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			381	14	465	3.58	1.87	675.2	583	18.57	*14 *14.9%	18.24 19.2%	66.11 69.4%	5.35 12.6%	2.42 5.7%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 04/18/2017																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			491	7	463	7.59	2.56	422.4	631	38.69	*5 *3.8%	14.72 12.0%	85.33 69.6%	9.10 16.7%	3.68 6.7%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Wed - 04/19/2017																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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K-8 BIC

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			502	9	473	3.36	1.19	557.6	735	40.05	*30 *23.6%	17.08 13.6%	85.69 68.3%	11.12 19.9%	2.83 5.1%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 04/20/2017																
K-8 BIC	Total	3600														
BIC, Mini French Toast	1 Each	3600	252	6	435	2.29	1.24	68.7	0	0.0	13	3.43	42.36	8.01	1.14	0.00
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			473	12	609	3.31	1.52	382.0	548	29.86	*22 *18.8%	12.45 10.5%	87.81 74.2%	8.31 15.8%	1.39 2.7%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 04/21/2017																
K-8 BIC	Total	3600														
BIC, Muffin Apple	1 Each	3600	190	40	130	2.00	1.08	40.0	100	2.4	16	3.0	31.0	6.0	2.00	0.00
Dairy, String Cheese	1 OZ	2000	60	10	210	0.00	0.00	200.0	100	0.0	0	8.0	1.0	2.5	2.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			410	51	420	3.36	1.19	469.9	763	40.92	*21 *20.1%	16.47 16.1%	67.86 66.1%	7.81 17.1%	3.39 7.4%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

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St. Vrain Valley School District

Apr 1, 2017 thru Apr 30, 2017

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/24/2017																
K-8 BIC	Total	3600														
Sandwich, Grape PBJ Smkr K-8	1 Each	3600	356	0	356	3.33	*N/A*	*N/A*	0	0.0	14	11.11	35.56	18.89	3.89	0.00
BIC, Applesauce	1 Each	2000	51	0	2	1.00	0.11	3.0	0	0.0	11	0.0	14.0	0.0	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			536	6	530	3.89	*0.06	*307.2	500	18.57	*21	19.67	70.64	19.14	4.14	0.00
% of Calories											*15.4%	14.7%	52.8%	32.2%	7.0%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 04/25/2017																
K-8 BIC	Total	3600														
Breakfast, UBR Cinnamon Bar	1 EACH	3600	281	0	250	6.23	2.45	34.2	10	0.0	*N/A*	4.17	45.83	8.33	3.12	0.00
BIC, Other Variety	1 Each	1000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			491	7	463	7.59	2.56	422.4	631	38.69	*5	14.72	85.33	9.10	3.68	0.00
% of Calories											*3.8%	12.0%	69.6%	16.7%	6.7%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 04/26/2017																
K-8 BIC	Total	3600														
BIC, Bread Zucchini	Slice	3600	270	0	220	2.00	1.08	100.0	100	1.2	25	5.0	43.0	10.0	2.00	0.00
BIC, Other Variety	1 Each	2000	80	5	143	0.00	0.00	250.0	50	0.6	*0	5.5	11.5	1.25	1.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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St. Vrain Valley School District

Apr 1, 2017 thru Apr 30, 2017

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			502	9	473	3.36	1.19	557.6	735	40.05	*30 *23.6%	17.08 13.6%	85.69 68.3%	11.12 19.9%	2.83 5.1%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 04/27/2017																
K-8 BIC	Total	3600														
BIC, Frudel, Pillsbury	1 Each	3600	210	0	280	2.00	1.08	0.0	0	0.0	11	4.99	35.94	5.99	1.50	0.00
BIC, Raisins/els/Craisins	1 Each	2000	126	0	1	1.83	0.51	14.0	87	20.33	*17	0.83	32.67	0.08	0.00	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			431	6	453	3.02	1.36	313.3	548	29.86	*21 *19.1%	14.01 13.0%	81.39 75.5%	6.29 13.1%	1.75 3.6%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 04/28/2017																
K-8 BIC	Total	3600														
Bread, Graham Cracker Bites	Pouch	3600	130	0	150	2.00	0.72	0.0	40	0.0	8	2.0	24.0	3.0	0.00	0.00
BIC, Yogurt (4oz. cup)	1 Each	2000	100	0	75	0.00	0.00	300.0	0	1.2	*N/A*	3.0	22.0	0.0	0.00	0.00
Fruit, Fresh, Variety	1 each	2000	64	0	1	2.44	0.20	23.8	193	35.92	*8	0.85	16.19	0.31	0.05	0.00
Fruit, Juice, 100%	servings	2000	60	0	2	0.00	0.00	10.0	0	30.9	*N/A*	1.0	15.25	0.0	0.00	0.00
Dairy, Milk, White 1%	HALF PIN	600	110	10	130	0.00	0.00	300.0	500	2.4	*N/A*	8.0	13.0	1.5	1.50	0.00
Dairy, Milk, Chocolate Skim	Carton	3000	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			373	6	365	3.36	0.83	485.4	647	39.19	*13 *13.5%	12.70 13.6%	72.52 77.8%	3.42 8.3%	0.28 0.7%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Weighted Average			459	13	472	4.24	*1.43	*459.3	632	33.45	*18 *35.2%	15.72 13.7%	78.84 68.7%	9.07 17.8%	2.64 5.2%	0.00 0.0%
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St. Vrain Valley School District

Apr 1, 2017 thru Apr 30, 2017

Base Menu Spreadsheet

K-8 BIC

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	459		400 - 500	100%													
Cholesterol (mg)	13																
Sodium (mg)	472		540														
Fiber (g)	4.24																
Iron (mg)	1.43				Missing												
Calcium (mg)	459.3				Missing												
Vitamin A (IU)	632																
Sugars (g)	18	15.63%			Missing												
Vitamin C (mg)	33.45																
Protein (g)	15.72	13.70%															
Carbohydrate (g)	78.84	68.73%															
Total Fat (g)	9.07	17.80%															
Saturated Fat (g)	2.64	5.17%															
Trans Fat ¹ (g)	0.00	0.00%															
			<10.00%														

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