

SCVSFSA

Base Menu Spreadsheet
 Portion Values - Detailed

Page 1

Jun 1, 2017 thru Jun 2, 2017

Combined: K-8 Breakfast/Middle School (6-8) Lunch

Generated on: 5/25/2017 11:51:00 AM

	Portion Size	Carb (g)
Thu - 06/01/2017		
K-8 Breakfast	Total	
CYCLE 19	SERVING	0.0
Pancake, Buttermilk, WG	1 EACH	15.5
Sausage Patty, Pork	Patty	0.5
Syrup, Pancake & Waffle	1 TBSP	12.5
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bear, WG, Brkfst Honey	PKG	20.0
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Fruit, Fresh, Breakfast***	1 piece	17.8
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Middle School (6-8) Lunch	Total	
CYCLE 19	SERVING	0.0
Meatballs & Marinara Sauce	4 Meatballs/sau	10.0
Roll, WG 4"	Roll	27.0
Cheese, Shredded for topping	1 TBSP	0.05
Hamburger Patty	Patty	2.0
Bun, Hamburger WG 3.5"	Bun	28.0
Cheese, Slice	1 slice	1.0
Quesadilla, Chicken	piece	16.45
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Potato, Fries, Oven Baked	1/4 Cup	8.5
Jicama Sticks	1/4 cup	2.65
Corn, Cnd 1/4c	1/4 CUP	12.75
Apple, Fresh	1 EACH	14.64
Pudding, Chocolate Bay Valley	1/3 cup	17.18
Whipped Topping, On Top Richs	1 TBSP	1.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Weighted Daily Average		58.19
% of Calories		63.7%
Nutrient Guideline		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Jun 1, 2017 thru Jun 2, 2017

Combined: K-8 Breakfast/Middle School (6-8) Lunch

Generated on: 5/25/2017 11:51:01 AM

	Portion Size	Carb (g)
Fri - 06/02/2017		
K-8 Breakfast	Total	
CYCLE 20	SERVING	0.0
Cinnamon Roll, Sweet Potato	Roll	43.0
Breakfast Bun, WG	BUN	37.0
Cereal, Cinn Toast Crunch, WG	Bowl	22.0
Cereal, Honey Nut Cheerios, WG	Bowl	22.0
Cereal, Trix, WG, RS	Bowl	24.0
Belly Bears, WG, Brkfst Cinn	package	21.0
Fruit Juice, Variety***	4 fl.oz.	15.5
Fruit, Canned, Breakfast***	1/2 CUP	18.75
Milk, Nonfat	HALF PINT	13.0
Milk, 1% Lowfat	HALF PINT	14.0
5-Compartment Trays	Tray	0.0
Breakfast Trays	Tray	0.0
Combo Kits	Kit	0.0
Dressing, Italian, Light	2 TBSP	2.0
Dressing, Ranch, Light	2 TBSP	6.0
Ketchup	1 TBSP	5.0
Mustard	1 TSP	0.0
BBQ Sauce	2 TBSP	13.86
Salsa, Mild, Cnd	2 TBSP	4.0
Taco Sauce, Mild	pkt	1.18
Middle School (6-8) Lunch	Total	
CYCLE 20	SERVING	0.0
Chicken Drumstick, BBQ Teriyaki	Drumstick	3.0
Rice, Brown, WG 1/2cup	1/2 cup	18.58
Chicken Patty	Pattie	12.0
Chicken Patty, Spicy	Pattie	17.0
Bun, Hamburger WG 3.5"	Bun	28.0
Manager's Choice	1	*N/A*
Pizza, Cheese, SmartChoice	Slice	33.81
Pizza, Pepperoni SmartChoice	Slice	33.88
Salad Blend	3/4 Cup	4.0
Broccoli	1/4 CUP	1.51
Beans, Red Kidney	1/4 CUP	11.0
Orange Wedges (whole)***	4 Wedges	11.28
Pineapple, Sno Pal	1/2 package	4.0
Milk, Nonfat	HALF PINT	12.0
Milk, 1% Lowfat	HALF PINT	16.0
Milk, Chocolate Nonfat	Carton	23.0
Weighted Daily Average		58.45
% of Calories		56.2%
Nutrient Guideline		

Weighted Average	58.32
	59.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Carbohydrate (g)	58.32	59.69%						

*Data comparisons are not available for one or two day selections

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