

Condiment Carb Counts

<u>Condiment</u>	<u>Carbohydrates (Per 1 Serving)</u>
Assorted Jelly	6g
BBQ Sauce Cup	10g
Ketchup	3g
Lite Mayonnaise	1g
Mustard	0g
Ranch Dressing	2g
Taco Sauce	1g
Tajin	0g
Tapatio	0g

<u>Salad Dressings</u>	<u>Carbohydrates (Per 1 Serving)</u>
Creamy Caesar	2g
Lite Italian	2g
Sesame Oriental	8g
Ranch Dressing	2g