

LUNCH PRICE:

\$3.25
Reduced .40

ROCKLIN HIGH LUNCH MENU 2017-2018



Get Up & Go MONDAY

Pizza - Four Cheese or Pepperoni
Smokin' BBQ Rib Sandwich
Spicy Chicken Breast Sandwich w/lettuce, pickle & tomato

Variety Vegetables may include:

- *Lettuce, tomato & pickle cup
- *Side salad w/ranch
- *Mini carrots

FEATURED TREAT
Apple or Cherry Pie

Meals include a variety of fresh fruits & veggies including our *Featured Vegetable Corn* & 1% white or non fat chocolate milk

Move & Groove TUESDAY

Cheesy Bosco Sticks w/parmesan cheese & marinara sauce
Chicken Breast Sandwich w/lettuce, pickles & tomato
Spicy Chicken Tenders w/seasoned fries & garlic toast

House made
Chicken Caesar Salad w/parmesan cheese, croutons & Caesar dressing

House made
Teriyaki Chicken Rice Bowl w/egg roll

FEATURED TREAT
Frozen Fruit Cup

Meals includes a variety of fresh fruits & veggies including our *Featured Vegetable Mini carrots* & 1% white or non fat chocolate milk

Half Way WEDNESDAY

Chicken Mashed Potato Bowl w/ gravy, corn & dinner roll
Pizza-Buffalo Chicken or Four Cheese
House made
Bean & Cheese Burrito w/salsa

House made
Calzone w/cheese, pepperoni & sausage

House made
Spicy Chicken Twister w/ranch, lettuce & cheese

FEATURED TREAT
Sour Amazin' Raisins

Meals includes a variety of fresh fruits & veggies including our *Featured Vegetable Broccoli* & 1% white or non fat chocolate milk

Almost There THURSDAY

Cheesy Bosco Sticks w/parmesan cheese & marinara sauce
Smokin' BBQ Rib Sandwich
Spicy Chicken Tenders w/seasoned fries & garlic toast

House made
Chicken Caesars Salad w/ croutons & Caesar dressing
OR
BBQ Chicken Salad w/corn, cheese, BBQ ranch dressing

House made
Orange Chicken Rice Bowl w/egg roll

FEATURED TREAT
Frozen Fruit Cup

Meals includes a variety of fresh fruits & veggies including our *Featured Vegetable Baked beans* & 1% white or non fat chocolate milk

We Made It FRIDAY

NEW ITEM:
Chicken Corn Dogs (2)
Mega Bacon Cheeseburger w/lettuce, pickles & tomato
Pizza—All Meat or Four Cheese Pizza

House made
Big Beefy Burrito stuffed w/rice, beans, corn & cheese

FEATURED TREAT
Apple or Cherry Pie

Meals includes a variety of fresh fruits & veggies including our *Featured Vegetable Mini carrots* & 1% white or non fat chocolate milk