

LUNCH PRICE:

\$3.25
Reduced .40

ROCKLIN HIGH LUNCH MENU 2017-2018



Get Up & Go MONDAY

Pizza - Four Cheese or Pepperoni
Smokin' BBQ Rib Sandwich
Spicy Chicken Breast Sandwich w/lettuce, pickle & tomato

Variety Vegetables may include:

- *Lettuce, tomato & pickle cup
- *Side salad w/ranch
- *Mini carrots

FEATURED TREAT
Apple or Cherry Pie

Meals include a variety of fresh fruits & veggies including our **Featured Vegetable Corn** & 1% white or non fat chocolate milk

Move & Groove TUESDAY

NEW: Cheese Flautas w/salsa
Cheesy Bosco Sticks w/parmesan cheese & marinara sauce
Chicken Breast Sandwich w/lettuce, pickles & tomato
Spicy Chicken Tenders w/seasoned fries & garlic toast

House made
Chicken Caesar Salad w/parmesan cheese, croutons & Caesar dressing

FEATURED TREAT
Sour Frozen Fruit Cup

Meals includes a variety of fresh fruits & veggies including our **Featured Vegetable Mini carrots** & 1% white or non fat chocolate milk

Half Way WEDNESDAY

Mega Bacon Cheeseburger w/lettuce, pickles & tomato
Pizza-Buffalo Chicken or Four Cheese

House made
Bean & Cheese Burrito w/salsa

House made
Calzone w/cheese, pepperoni & sausage

House made
Spicy Chicken Twister w/ranch, lettuce & cheese

FEATURED TREAT
Sour Amazin' Raisins

Meals includes a variety of fresh fruits & veggies including our **Featured Vegetable Broccoli** & 1% white or non fat chocolate milk

Almost There THURSDAY

Cheesy Bosco Sticks w/parmesan cheese & marinara sauce
Smokin' BBQ Rib Sandwich
Spicy Chicken Tenders w/seasoned fries & garlic toast

House made
Chicken Caesars Salad parmesan cheese, croutons & Caesar dressing

House made
Orange Chicken Rice Bowl w/egg roll (NEW)
OR
Teriyaki Chicken Rice Bowl w/egg roll (NEW)

FEATURED TREAT
Sour Frozen Fruit Cup

Meals includes a variety of fresh fruits & veggies including our **Featured Vegetable Baked beans** & 1% white or non fat chocolate milk

We Made It FRIDAY

Mega Bacon Cheeseburger w/lettuce, pickles & tomato
Pizza—All Meat or Four Cheese Pizza
House made
BBQ Chicken Salad w/corn, cheese, tomatoes & BBQ ranch dressing
House made
Big Beefy Burrito stuffed w/rice, beans, corn & cheese
House made
Calzone w/cheese, pepperoni & sausage

FEATURED TREAT
Apple or Cherry Pie

Meals includes a variety of fresh fruits & veggies including our **Featured Vegetable Mini carrots** & 1% white or non fat chocolate milk