

BREAKFAST PRICE:



ROCKLIN HIGH BREAKFAST MENU 2017-2018



Get Up & Go **MONDAY**

ARTICULATION DAY!
Breakfast served before school and Lunch served at Nutrition break.

Bagel w/cream cheese

Donuts—Chocolate or Powdered WG

Pop Tarts -Cinnamon or Strawberry

House made
Bacon, egg & cheese
Bagel Sandwich

Meals include bananas, oranges or cupped fruit & non fat chocolate or 1% white milk

Move & Groove **TUESDAY**

Bagel w/cream cheese

Donuts—Chocolate or Powdered WG

NEW: Dutch Waffle w/powered sugar & fruit

Fresh Baked
Chocolate Muffins

House made
Breakfast Burrito w/egg, tator tots, bacon & cheese

Meals include bananas, oranges or cupped fruit & non fat chocolate or 1% white milk

Half Way **WEDNESDAY**

Bagel w/cream cheese

Donuts—Chocolate or Powdered WG

Cinnamon Roll WG

Pop Tarts - Cinnamon or Strawberry

House made
Bacon, egg & cheese
Bagel Sandwich

Meals include bananas, oranges or cupped fruit & non fat chocolate or 1% white milk

Almost There **THURSDAY**

Bagel w/cream cheese

Donuts—Chocolate or Powdered WG

NEW: Dutch Waffle w/powered sugar & fruit

Fresh Baked
Chocolate Muffins

House made
Breakfast Burrito w/egg, tator tots, bacon & cheese

Meals include bananas, oranges or cupped fruit & non fat chocolate or 1% white milk

We Made It **FRIDAY**

Bagel w/cream cheese

Cinnamon Roll WG

Donuts—Chocolate or Powdered WG

Pop Tarts -Cinnamon or Strawberry

House made
Bacon, egg & cheese
Bagel Sandwich

Meals include bananas, oranges or cupped fruit & non fat chocolate or 1% white milk

This Institution is an equal opportunity provider

Revised 8/11/17

Menu items are subject to change