

Lunch Price: \$2.75

Reduced: .40 cents



**IT'S COOL
TO
EAT
AT
SCHOOL!!**



Rocklin Unified School District Elementary Lunch Menu

October 2018

Rise & Shine MONDAY	Move & Groove TUESDAY	Half Way WEDNESDAY	Almost There THURSDAY	You made it FRIDAY
1	2	3	4	5
Cheesy Bread Sticks w/Marinara Sauce Macaroni & Cheese Garlic Toast Steamed Corn	Chicken Tenders Natural Beef Hot Dog Seasoned Fries Maple Stick Edamame	Big Daddy Pepperoni Pizza Spaghetti w/Italian Beef Meat Sauce Bread Stick Frozen Fruit Cup Carrots	<i>Breakfast for Lunch!</i> Sausage Pancake Nuggets Chicken Patty Sandwich Hash Brown	Chicken Nuggets Cheeseburger Potato Smiles Rice Krispie Treat Spinach Mandarin Salad w/Raspberry Vinaigrette
8	9	10	11	12
 Staff Development Day!	<i>October Birthday's</i> Confetti Mini Pancakes Beef Taco Stick w/Salsa Cup Sausage Patty Pinto Beans Crazy Color Fruit Roll-up	Popcorn Chicken Turkey Corn Dog Mashed Potatoes Gravy Soft Baked Cookie	French Bread Pepperoni Pizza Cheeseburger Tator Tots Fruit Pie Broccoli	Tostito Tortilla Scoops w/Taco Beef & Cheese Chicken Patty Sandwich Variety Vegetables
15	16	17	18	19
Big Daddy Cheese Pizza Macaroni & Cheese Garlic Toast Steamed Corn	Turkey & Cheese Cracker Kit w/cookie dots BBQ Pork Rib Sandwich Seasoned Fries Baked Beans	Big Daddy Pepperoni Pizza Spaghetti w/Italian Beef Meat Sauce Bread Stick Frozen Fruit Cup Carrots	<i>Breakfast for Lunch!</i> Cinnamon Glaze Pancakes & 2 Strips of Turkey Bacon Chicken Patty Sandwich Hash Brown	Chicken Nuggets Cheeseburger Potato Smiles Rice Krispie Treat Spinach Mandarin Salad w/Raspberry Vinaigrette
22	23	24	25	26
Cheesy Bread Sticks w/Marinara Sauce Cheese Quesadilla Garden Salad w/Ranch Tomatoes	<i>Breakfast for Lunch!</i> Mini Maple Pancakes Beef Taco Stick w/Salsa Cup Hash Brown Pinto Beans	Popcorn Chicken Turkey Corn Dog Mashed Potatoes Gravy Soft Baked Cookie	French Bread Pepperoni Pizza Cheeseburger Tator Tots Rice Krispie Treat Broccoli	Tostito Tortilla Scoops w/Taco Beef & Cheese Chicken Patty Sandwich Variety Veggies
29	30	31	All meals include a variety of fresh fruits and vegetables & 1% white or non fat chocolate milk A La Carte Milk: .50 cents	
French Bread Cheese Pizza Macaroni & Cheese Garlic Toast Steamed Corn	Chicken Tenders BBQ Pork Rib Sandwich Seasoned Fries Maple Stick Edamame	Big Daddy Pepperoni Pizza Spaghetti w/Italian Beef Meat Sauce Bread Stick Frozen Fruit Cup Carrots		

Daily Cold Lunch Option

Cinnamon Crumble Cake or Blueberry Muffin
& your choice of Turkey Breast Stick
or Lite Mozzarella String Cheese
w/Yogurt, Milk Choice & Salad Bar



For easy Online Payments, Please go to:
www.myschoolbucks.com

All items are 51% Whole Grain