



Be Smart - Eat Healthy!
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Rocklin Unified School District ELEMENTARY BREAKFAST MENU

Breakfast Price: Regular \$1.75/Reduced \$.30

Menu Subject to Change

The Rocklin Unified School District Nutrition Services Department is dedicated to serving our students healthy and nutritious meals that meet or exceed the USDA and CDE guidelines for a complete meal. We are serving All Whole Grains with no Trans Fats, Fresh Fruits, Vegetables and delicious foods that they will love! For more information visit our website at www.rocklin.org—Choose Departments/Nutrition Services
 The USDA and this institution are equal opportunity providers.

ONLINE PAYMENTS AVAILABLE: Go to MYSCHOOLBUCKS.COM!! Prepayments are a fast and easy way for students to purchase breakfast or lunch. Checks and cash are also accepted daily in the school front office or the cafeteria. Please take advantage of these easy and convenient services for your child!

GARDEN BAR INCLUDES:
 Bananas, Oranges or Cupped Fruit and a Choice of a Lite Mozz String Cheese or a Yogurt Cup (4 oz Strawberry, Strawberry, Banana, or Cherry Vanilla)

MAY/JUNE 2018
Meals Includes choice of Entrée & Fruit Selections & 1% White or Non Fat Chocolate Milk Daily!



**IT'S COOL!
 TO EAT
 AT
 SCHOOL!!**



NEW! Meatless MONDAY

Tremendous! TUESDAY

Wacky! WEDNESDAY

Terrific! THURSDAY

Fantastic! FRIDAY

National School Breakfast Program

Cook's Choice! June 4th to 7th!!

1
 Sausage Pancake on a Stick, Banana Bread, or WG Pop Tart Selection, Garden Bar/Milk Choice

2
 French Toast Sticks, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

3
 Dutch Waffle, Banana Bread, or WG Pop Tart Selection, Garden Bar/Milk Choice

4
 Mini Maple Pancakes, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

7
 Banana Bread, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

8
 Sausage Breakfast Burrito, Variety Muffin, or WG Pop Tart Selection, Garden Bar/Milk Choice

9
 WG Donut, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

10
 Scrambled Eggs w/Bacon, Variety Muffin, or WG Pop Tart Selection, Garden Bar/Milk Choice

11
 Cinnamon Roll, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

14
 Variety Muffin, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

15
 Sausage Pancake on a Stick, Banana Bread, or WG Pop Tart Selection, Garden Bar/Milk Choice

16
 French Toast Sticks, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

17
 Dutch Waffle, Banana Bread, or WG Pop Tart Selection, Garden Bar/Milk Choice

18
 Mini Maple Pancakes, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

21
 Banana Bread, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

22
 Sausage Breakfast Burrito, Variety Muffin, or WG Pop Tart Selection, Garden Bar/Milk Choice

23
 WG Donut, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

24
 Scrambled Eggs w/Bacon, Variety Muffin, or WG Pop Tart Selection, Garden Bar/Milk Choice

25
 Cinnamon Roll, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

28
 NO SCHOOL!
 MEMORIAL DAY HOLIDAY!!

29
 Sausage Pancake on a Stick, Banana Bread, or WG Pop Tart Selection, Garden Bar/Milk Choice

30
 French Toast Sticks, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

31
 Dutch Waffle, Banana Bread, or WG Pop Tart Selection, Garden Bar/Milk Choice

1
 Mini Maple Pancakes, Bagel w/Cream Cheese, or WG Cereal Selection, Garden Bar/Milk Choice

HAVE A GREAT SUMMER!!