

PYLUSD

	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 02/01/2010															
Elementary Lunch	Total														
RAVIOLI W/MEAT SAUCE	1 CUP	250	30	690	5.00	2.70	20.0	200	40	0.00	16.00	30.00	8.00	3.50	0.00
CHEESE STUFFED STICK	1 EACH	164	11	377	0.60	1.30	166.0	226	45	0.00	8.30	15.90	7.50	2.80	*0.00
CALZONE, CHEESE & PEPPER	1 EA	421	51	1275	0.97	2.02	177.3	3477	695	1.80	20.41	42.10	21.68	5.85	*0.00
APPLESAUCE:cnnd,unswtnd,+vit C	3/8 CUP	39	0	2	1.10	0.11	2.7	27	3	19.40	0.16	10.33	0.05	0.01	*0.00
BAR, ROC 'N ROLL , BV	1 EA	193	6	68	2.00	1.50	31.0	5	1	0.00	3.00	39.00	5.50	1.00	0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		776	59	1400	6.05	4.48	509.8	2701	535	22.17	33.38	115.41	25.08	7.35	*0.00
% of Calories											17.2%	59.5%	29.1%	8.5%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		117%				129%	178%	241%		145%	342%				

Tue - 02/02/2010															
Elementary Lunch	Total														
CHICKEN TOUCHDOWN NUGGE	3 PIECES	190	40	660	0.00	*0.00	*0.0	*0	*0	0.00	14.00	12.00	10.00	2.50	0.00
TATOR TOTS	1/2 CUP	122	0	307	1.60	0.41	9.0	3	1	4.03	1.31	17.76	5.52	1.16	*0.00
CATSUP, PACKET HEINZ	PACKET	10	0	100	0.00	0.00	0.0	100	20	0.00	0.00	3.00	0.00	0.00	*0.00
KIWI FRUIT,(CHINESE GOOSEB ERRI	1/2 cup	54	0	3	2.66	0.27	30.1	77	16	82.04	1.01	12.97	0.46	0.03	*0.00
CRACKERS GOLDFISH, PEPPER IDGE	1 EA	100	5	180	1.00	0.72	20.0	0	0	0.00	2.00	13.00	4.50	1.00	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		602	51	1395	5.25	*1.40	*354.0	*680	*134	87.81	26.47	81.08	20.98	4.99	*0.00
% of Calories											17.6%	53.9%	31.4%	7.5%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		91%				40%	124%	61%		576%	271%				
Shortfall		63				2.07		438					OVER		

Wed - 02/03/2010															
Elementary Lunch	Total														
PIZZA CHEESE 3.2X5 TONY	1 ea	323	31	763	1.22	1.92	417.2	433	87	0.58	19.11	30.69	13.94	6.48	*0.00
LETTUCE,ICEBERG,FRESH	5/8 CUP	5	0	3	0.41	0.14	6.2	173	11	0.96	0.31	1.02	0.05	0.01	*0.00
SPINACH,RAW	3/8 CUP	3	0	9	0.25	0.30	11.1	1055	76	3.16	0.32	0.41	0.04	0.01	*0.00
DRESSING PACKET, ITALIAN	12 gr	10	0	110	0.00	0.01	0.7	0	0	0.03	0.00	1.09	0.60	0.00	*0.00
APPLESAUCE:cnnd,unswtnd,+vit C	.5 CUP	52	0	2	1.46	0.15	3.7	35	4	25.86	0.21	13.77	0.06	0.01	*0.00
COOKIE, SNICKERDOODLE	1 EACH	140	5	82	0.31	0.54	2.7	83	17	0.07	1.54	18.65	6.60	2.33	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00

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PYLUSD

Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values Elementary Lunch

	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average		659	42	1114	3.66	3.06	736.6	2279	291	32.41	29.64	87.98	21.79	9.13	*0.00
% of Calories										18.0%	53.4%	29.8%	12.5%	0.0%	
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		99%				88%	258%	204%		213%	303%				
Shortfall		6				0.41								OVER	

Thu - 02/04/2010															
Elementary Lunch	Total														
FRENCH TOAST SMART STIX (B RKFT	2 pieces	180	10	220	0.00	1.39	20.0	22	4	0.00	4.00	26.00	6.00	2.00	*0.00
SAUSAGE BEEF PATTIES Q7712	2 PATTIES	226	48	400	0.00	1.20	8.8	14	3	0.00	10.80	1.00	19.80	8.20	0.60
0 DL															
Syrup, Pancake;100/1.5 oz pp	PACKET	121	0	0	0.00	0.00	0.0	0	0	0.00	0.00	31.39	0.00	0.00	*0.00
BANANAS	1 EACH	90	0	1	2.63	0.26	5.1	65	8	8.79	1.10	23.07	0.33	0.11	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		743	64	766	2.63	2.86	328.8	601	112	10.53	24.05	103.80	26.63	10.61	*0.60
% of Calories											12.9%	55.9%	32.2%	12.8%	0.7%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		112%				82%	115%	54%		69%	246%				
Shortfall						0.61		518		4.72			OVER	OVER	

Fri - 02/05/2010															
Elementary Lunch	Total														
MINI CORN DOGS, FOSTER FAR MS 5	5 PIECES	275	31	637	0.00	2.25	125.0	0	0	0.00	8.75	23.74	16.24	4.37	0.00
TATOR TOTS	.5 CUP	122	0	307	1.60	0.41	9.0	3	1	4.03	1.31	17.76	5.52	1.16	*0.00
CATSUP, PACKET HEINZ	PACKET	10	0	100	0.00	0.00	0.0	100	20	0.00	0.00	3.00	0.00	0.00	*0.00
MUSTARD YELLOW PACKET	PACKET	3	0	56	0.05	0.09	3.8	0	0	0.00	0.21	0.29	0.20	0.01	*0.00
CARROTS,RAW,BABY	2 OZ	20	0	44	1.64	0.50	18.1	7819	851	1.47	0.36	4.67	0.07	0.01	*0.00
APPLE, GREEN SLICES	.25 cup	14	0	0	0.66	0.03	1.6	15	1	1.26	0.07	3.80	0.05	0.01	*0.00
CARAMEL DIP, 1 OZ	1 EA	80	0	30	0.00	*0.00	*0.0	*0	*0	*0.00	1.00	19.00	0.00	0.00	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		650	37	1320	3.95	*3.29	*452.5	*8437	*971	*8.51	19.85	94.61	22.58	5.87	*0.00
% of Calories											12.2%	58.2%	31.3%	8.1%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		98%				95%	158%	754%		56%	203%				
Shortfall		14				0.18				6.73			OVER		

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	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Mon - 02/08/2010															
Elementary Lunch	Total														
BURRITO, BEAN & CHEESE FER NAND	1 ea	397	27	1043	4.00	3.80	228.0	891	178	15.00	15.50	51.20	14.50	6.41	*0.00
TACO SAUCE	9 GR	5	0	71	0.12	0.13	1.7	37	7	0.06	0.16	1.04	0.08	0.02	*0.00
COOKIE, APPLE OATMEAL	1 EACH	164	0	56	0.39	0.71	20.2	22	4	0.31	1.88	23.14	7.36	2.17	*0.00
FRUIT STICK KETTLE VALLEY	BAR	68	0	15	1.70	0.36	0.0	0	0	60.00	0.20	16.00	0.30	0.00	0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		760	33	1330	6.21	5.00	545.0	1450	287	77.11	25.89	113.73	22.74	8.90	*0.00
% of Calories											13.6%	59.9%	26.9%	10.5%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		114%				144%	191%	130%		506%	265%				
Shortfall															OVER

Tue - 02/09/2010															
Elementary Lunch	Total														
RIB B Q ON BUN QBP425, PORK	1 EACH	284	33	682	1.70	2.30	81.0	14	3	0.00	14.90	32.00	10.50	3.50	*0.00
GRILLED CHEESE 3.75 OZ	1 EA	351	30	966	2.13	1.53	62.8	579	116	0.00	12.35	35.94	16.50	7.85	*0.00
PEACH CUPS FROZEN	4 OZ CUP	106	0	7	2.00	0.40	3.4	160	32	106.00	0.70	27.00	0.00	0.00	0.00
GRAHAM CRACKERS, CHOCOL ATE ELF	1 EA	120	0	100	1.00	0.54	4.0	0	0	0.00	2.00	17.00	4.50	1.00	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		674	38	1096	4.95	2.80	373.0	997	196	107.74	24.29	100.60	18.93	7.29	*0.00
% of Calories											14.4%	59.7%	25.3%	9.7%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		102%				81%	130%	89%		707%	249%				
Shortfall						0.67		122							

Wed - 02/10/2010															
Elementary Lunch	Total														
TERIYAKI BURGER	1 EA	302	29	598	1.02	3.71	64.2	50	10	0.06	22.30	32.90	9.80	3.60	0.00
CHEETOS BAKED	BAG	130	0	240	0.00	1.08	100.0	0	0	0.00	2.00	19.00	5.00	1.00	0.00
TANGERINES,FRESH	1 EACH	45	0	2	1.51	0.13	31.1	572	77	22.43	0.68	11.21	0.26	0.03	*0.00
RICE KRISPIES SQUARE MINI	1 EA	45	0	50	0.00	0.18	0.0	100	30	0.00	0.50	9.00	1.00	0.25	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		648	35	1034	2.53	5.10	490.3	1222	214	24.23	33.63	94.45	16.56	5.18	*0.00
% of Calories											20.8%	58.3%	23.0%	7.2%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		97%				147%	171%	109%		159%	344%				
Shortfall		17													

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values Elementary Lunch

	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 02/11/2010															
Elementary Lunch	Total														
CHICKEN NUGGETS HEART SH APPEL	SERV	250	40	520	0.00	1.80	0.0	*0	*0	*0.00	15.00	10.00	17.00	3.50	0.00
TATOR TOTS	1/2 CUP	122	0	307	1.60	0.41	9.0	3	1	4.03	1.31	17.76	5.52	1.16	*0.00
CATSUP, PACKET HEINZ	PACKET	10	0	100	0.00	0.00	0.0	100	20	0.00	0.00	3.00	0.00	0.00	*0.00
KIWI FRUIT,(CHINESE GOOSEBERRI	1/2 cup	54	0	3	2.66	0.27	30.1	77	16	82.04	1.01	12.97	0.46	0.03	*0.00
CRACKERS GOLDFISH, PEPPERIDGE	1 EA	100	5	180	1.00	0.72	20.0	0	0	0.00	2.00	13.00	4.50	1.00	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		662	51	1255	5.25	3.20	354.0	*680	*134	*87.81	27.47	79.08	27.98	5.99	*0.00
% of Calories											16.6%	47.8%	38.1%	8.1%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		100%				92%	124%	61%		576%	281%				
Shortfall		3				0.27		438					OVER		

Fri - 02/12/2010															
Elementary Lunch	Total														
PIZZA CHEESE 3.2X5 TONY'S	1 ea	323	31	763	1.22	1.92	417.2	433	87	0.58	19.11	30.69	13.94	6.48	*0.00
LETTUCE,ICEBERG,FRESH	5/8 CUP	5	0	3	0.41	0.14	6.2	173	11	0.96	0.31	1.02	0.05	0.01	*0.00
SPINACH,RAW	3/8 CUP	3	0	9	0.25	0.30	11.1	1055	76	3.16	0.32	0.41	0.04	0.01	*0.00
DRESSING PACKET, RANCH	PACKET	70	5	75	0.00	0.00	0.0	0	0	0.00	0.00	1.00	7.00	1.00	*0.00
FRUIT COCKTAIL:canned,lt syrup	3/8 CUP	52	0	5	0.91	0.26	5.4	186	19	1.72	0.36	13.55	0.06	0.01	*0.00
COOKIE, VALENTINE IW	1 EACH	140	5	82	0.31	0.54	2.7	83	17	0.07	1.54	18.65	6.60	2.33	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		718	47	1082	3.10	3.17	737.6	2429	306	8.24	29.80	87.67	28.20	10.13	*0.00
% of Calories											16.6%	48.8%	35.3%	12.7%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		108%				91%	258%	217%		54%	305%				
Shortfall						0.30				7.00			OVER	OVER	

Mon - 02/15/2010															
Elementary Lunch	Total														
VACATION	1 EACH	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

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	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 02/16/2010															
Elementary Lunch	Total														
CLASSIC BURGER	1 ea	295	40	558	1.70	3.00	66.0	14	3	0.00	17.00	29.40	11.90	4.60	*0.00
CATSUP, PACKET HEINZ	PACKET	10	0	100	0.00	0.00	0.0	100	20	0.00	0.00	3.00	0.00	0.00	*0.00
MUSTARD YELLOW PACKET	PACKET	3	0	56	0.05	0.09	3.8	0	0	0.00	0.21	0.29	0.20	0.01	*0.00
CARROTS,RAW,BABY	2 OZ	20	0	44	1.64	0.50	18.1	7819	851	1.47	0.36	4.67	0.07	0.01	*0.00
APPLES,Fresh, Wedges	1/2 EACH	36	0	1	1.66	0.08	4.1	37	3	3.17	0.18	9.53	0.12	0.01	*0.00
ANIMAL SNACKERS	1 OZ	120	0	50	0.00	1.08	0.0	100	20	0.00	1.00	20.00	3.00	0.50	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		610	46	954	5.05	4.76	387.1	8570	994	6.39	26.90	89.24	15.79	5.44	*0.00
% of Calories											17.6%	58.5%	23.3%	8.0%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		92%				137%	135%	766%		42%	275%				
Shortfall		54								8.85					

Wed - 02/17/2010															
Elementary Lunch	Total														
MINI HOT DOGS, 60001, MICHAEL	SERVING	296	29	347	1.70	2.49	83.5	*0	*0	*0.00	11.70	30.40	13.60	5.39	*0.00
CATSUP, PACKET HEINZ	PACKET	10	0	100	0.00	0.00	0.0	100	20	0.00	0.00	3.00	0.00	0.00	*0.00
MUSTARD YELLOW PACKET	PACKET	3	0	56	0.05	0.09	3.8	0	0	0.00	0.21	0.29	0.20	0.01	*0.00
ZUCCHINI,RAW	.50 CUP	10	0	6	0.68	0.22	9.3	124	21	10.51	0.75	2.07	0.11	0.02	*0.00
DRESSING, RANCH PREP 1oz	1 OZ	57	1	226	0.00	0.00	16.6	3	1	0.14	0.47	1.73	6.22	1.08	0.00
BROWNIE, RED FAT SHEET 2.2O	.5 EA	96	0	113	0.58	0.90	0.6	0	0	0.00	1.53	19.78	1.38	0.58	0.00
TANGERINES,FRESH	1 EACH	45	0	2	1.51	0.13	31.1	572	77	22.43	0.68	11.21	0.26	0.03	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		644	36	996	4.51	3.83	439.9	*1299	*216	*34.82	23.49	90.82	22.27	7.41	*0.00
% of Calories											14.6%	56.4%	31.1%	10.4%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		97%				110%	154%	116%		228%	240%				
Shortfall		21											OVER	OVER	

Thu - 02/18/2010															
Elementary Lunch	Total														
Cheese Sauce, Much Queso, Jala	1 Ea	161	31	1008	0.00	0.26	227.1	334	67	0.00	7.65	4.25	11.91	6.80	*0.00
TORTILLA CHIPS, 1.8 oz	1 EA	252	0	108	3.00	1.26	70.0	150	30	0.00	3.00	33.02	13.01	1.00	*0.00
PINTO BEANS: cooked	1/2 CUP	122	0	1	7.70	1.79	39.3	0	0	0.68	7.70	22.42	0.56	0.12	*0.00
BANANAS	1 EACH	90	0	1	2.63	0.26	5.1	65	8	8.79	1.10	23.07	0.33	0.11	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00

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	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Daily Average		751	38	1263	13.32	3.57	636.5	1049	202	11.21	27.61	105.11	26.30	8.33	*0.00
% of Calories										14.7%	56.0%	31.5%	10.0%	0.0%	
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		113%				103%	223%	94%		74%	283%				
Shortfall								70		4.03			OVER		

Fri - 02/19/2010															
Elementary Lunch	Total														
CHIK N PRETZEL	2 PIECES	273	35	525	1.00	1.80	20.0	200	40	0.00	16.40	14.30	17.50	4.00	*0.00
TATOR TOTS	1 CUP	243	0	614	3.20	0.82	17.9	6	3	8.06	2.62	35.52	11.03	2.33	*0.00
CATSUP, PACKET HEINZ	PACKET	10	0	100	0.00	0.00	0.0	100	20	0.00	0.00	3.00	0.00	0.00	*0.00
MUSTARD YELLOW PACKET	PACKET	3	0	56	0.05	0.09	3.8	0	0	0.00	0.21	0.29	0.20	0.01	*0.00
PEARS,CANNED,LIGHT SYRUP	3/8 CUP	56	0	5	1.56	0.27	4.9	0	0	0.68	0.19	14.79	0.03	0.00	*0.00
CRACKER, GOLDFISH PRETZELS	1 EACH	90	0	300	1.00	1.08	0.0	0	0	0.00	2.00	15.00	2.00	0.00	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		801	41	1745	6.80	4.06	341.6	806	160	10.49	29.57	105.25	31.26	6.64	*0.00
% of Calories										14.8%	52.5%	35.1%	7.5%	0.0%	
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		121%				117%	119%	72%		69%	303%				
Shortfall								312		4.76			OVER		

Mon - 02/22/2010															
Elementary Lunch	Total														
HOLIDAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

Tue - 02/23/2010															
Elementary Lunch	Total														
NO SCHOOL TODAY	SERVING	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		0%				0%	0%	0%		0%	0%				
Shortfall		664				3.47	286.00	1119		15.24	9.77		OVER	OVER	

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Feb 1, 2010 thru Feb 26, 2010 Spreadsheet - Portion Values
Elementary Lunch

Jan 29, 2010

	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 02/24/2010															
Elementary Lunch	Total														
PIZZA CHEESE 3.2X5 TONY'S	1 ea	323	31	763	1.22	1.92	417.2	433	87	0.58	19.11	30.69	13.94	6.48	*0.00
CARROTS,RAW,BABY	2 OZ	20	0	44	1.64	0.50	18.1	7819	851	1.47	0.36	4.67	0.07	0.01	*0.00
DRESSING PACKET, RANCH	PACKET	70	5	75	0.00	0.00	0.0	0	0	0.00	0.00	1.00	7.00	1.00	*0.00
COOKIE, CC, C-15W Red Fat	1 EA	150	13	180	0.39	0.70	11.0	60	12	0.10	1.79	26.45	4.05	1.65	0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		689	55	1207	3.26	3.12	741.3	8812	1047	3.90	29.41	85.16	25.57	9.44	*0.00
% of Calories											17.1%	49.4%	33.4%	12.3%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		104%				90%	259%	788%		26%	301%				
Shortfall						0.35				11.34			OVER	OVER	

Thu - 02/25/2010															
Elementary Lunch	Total														
PANCAKES 6	SERVING	220	20	450	2.00	1.80	40.0	0	0	0.00	6.00	40.00	4.00	0.50	0.00
Syrup, Pancake;100/1.5 oz pp	PACKET	121	0	0	0.00	0.00	0.0	0	0	0.00	0.00	31.39	0.00	0.00	*0.00
SAUSAGE BEEF PATTIES Q7712 0 1P	1 PATTY	113	24	200	0.00	0.60	4.4	7	1	0.00	5.40	0.50	9.90	4.10	0.30
APPLES,Fresh	1 EACH	72	0	1	3.31	0.17	8.3	75	7	6.35	0.36	19.06	0.23	0.04	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		652	50	796	5.31	2.57	347.7	582	105	8.09	19.91	113.29	14.63	4.94	*0.30
% of Calories											12.2%	69.5%	20.2%	6.8%	0.4%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		98%				74%	122%	52%		53%	204%				
Shortfall		12				0.90		537		7.15					

Fri - 02/26/2010															
Elementary Lunch	Total														
CHICKEN DRUMMIES	4 PIECES	230	40	840	2.00	1.80	1.2	0	0	0.00	15.00	18.00	10.99	2.50	*0.00
TATOR TOTS	1 CUP	243	0	614	3.20	0.82	17.9	6	3	8.06	2.62	35.52	11.03	2.33	*0.00
CATSUP, PACKET HEINZ	PACKET	10	0	100	0.00	0.00	0.0	100	20	0.00	0.00	3.00	0.00	0.00	*0.00
KIWI FRUIT,(CHINESE GOOSEBERRI	1/2 cup	54	0	3	2.66	0.27	30.1	77	16	82.04	1.01	12.97	0.46	0.03	*0.00
CRACKER GIANT GOLDFISH	1 EACH	131	0	114	1.09	1.57	0.0	0	0	0.00	2.18	20.71	3.82	1.09	*0.00
MILK - Variety	HALF PINT	126	6	145	0.00	0.00	295.0	500	97	1.74	8.15	22.35	0.50	0.30	0.00
Weighted Daily Average		794	46	1816	8.94	4.46	344.2	683	135	91.84	28.96	112.56	26.80	6.24	*0.00
% of Calories											14.6%	56.7%	30.4%	7.1%	0.0%
RDA's		664	0	0	0.00	3.47	286.00	1119		15.24	9.77	0.00	30.00	10.00	
% of RDA Satisfied		120%				128%	120%	61%		603%	296%				
Shortfall								435					OVER		

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	Portion Size	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Weighted Average		696	45	1210	5.34	*3.57	*477.6	*2546	*355	*37.25	27.08 15.6%	97.64 56.1%	23.18 30.0%	7.29 9.4%	*0.05 0.1%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	696		664	105%			
Cholesterol (mg)	45		0				
Sodium (mg)	1210		0				
Fiber (g)	5.34		0.00				
Iron (mg)	3.57		3.47	103%	Missing		
Calcium (mg)	477.6		286.00	167%	Missing		
Vitamin A (IU)	2546		1119	228%	Missing		
Vitamin A (RE)	355		224	159%	Missing		
Vitamin C (mg)	37.25		15.24	244%	Missing		
Protein (g)	27.08	15.56%	9.77	277%			
Carbohydrate (g)	97.64	56.11%	0.00				
Total Fat (g)	23.18	29.97%	<30.00				
Saturated Fat (g)	7.29	9.42%	<10.00				
Trans Fat (g)	0.05	0.07%					
Note: * - asterisk denotes nutrients with either missing or incomplete nutrient data.							