

Florence USD #1

Base Menu Spreadsheet

Portion Values - Detailed

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Nov 1, 2021 thru Nov 30, 2021

Combined: High School Breakfast/High School Lunch

Generated on: 10/11/2021 12:11:41 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/01/2021																
High School Breakfast	Total	100														
Blueberry Crumb Cake	1 each	50	270	30	250	3.00	*N/A*	*N/A*	*N/A*	*N/A*	20	5.0	45.0	8.0	1.50	0.00
Pizza Bagel	1 each	50	240	20	480	4.00	1.44	200.0	200	0.0	3	14.0	30.0	8.0	3.00	0.00
Hashbrowns	1 patty	50	120	0	250	1.00	0.00	0.0	0	1.2	*N/A*	1.0	15.0	6.0	1.00	0.00
Ketchup	Packet	50	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Peaches	1/2 cup	75	60	0	5	1.00	*N/A*	*N/A*	*N/A*	*N/A*	13	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
High School Lunch																
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Ham&Cheese Sandwich Meal	1 EACH	10	498	68	1499	8.63	*1.77	*135.6	*478	*7.44	*11	27.7	63.0	14.94	5.70	*0.00
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Hot Dog	1 each	100	330	40	940	3.00	2.52	60.0	100	0.0	6	14.0	31.0	18.0	7.00	0.00
Ketchup	2 each	100	20	0	170	0.00	0.00	0.0	0	0.0	4	0.0	4.0	0.0	0.00	0.00
Tater Gems	3/4 cup	100	265	0	358	1.56	0.56	0.0	0	0.0	0	3.12	29.6	14.02	2.34	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Pears	1/2 cup	250	80	0	0	3.00	0.00	0.0	0	0.0	12	0.0	18.0	0.0	0.00	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	3/4 cup	80	45	0	138	2.02	*0.33	*35.3	*5431	*22.57	*1	1.16	9.49	0.22	0.04	*0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			500	27	760	4.66	*1.49	*457.6	*1699	*62.71	*49	16.81	80.09	11.92	3.80	*0.00
% of Calories											*39.0%	13.5%	64.1%	21.5%	6.8%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Tue - 11/02/2021																
High School Breakfast	Total	100														
Mini Cinnamon Roll	1 each	50	240	5	270	3.00	0.00	0.0	0	0.0	14	4.0	40.0	7.0	1.50	0.00
Pancake Wrap	1 each	50	200	25	310	3.00	1.80	20.0	0	0.0	4	7.0	17.0	10.0	2.50	0.00
Syrup	pk	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Strawberries	1/2 CUP	75	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Club Wrap Meal	1 each	10	487	*47	1434	3.33	*1.69	*92.8	*2283	*37.09	*7	24.48	46.22	23.86	*2.82	*0.02
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Chicken Patty Sandwich	1 each	100	410	25	710	3.00	3.24	100.0	100	0.0	6	21.0	45.0	17.0	2.50	0.00
Lettuce & Tomato	serving	100	5	0	3	0.40	0.11	4.7	215	2.56	1	0.29	1.12	0.06	0.01	0.00
MAYONNAISE:individual PC	Pkt	100	60	5	55	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
Ranch Style Beans	3/4 cup	100	199	0	828	9.19	0.00	0.0	0	0.0	*N/A*	9.19	30.65	4.6	1.53	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Mixed Fruit	1/2 cup	250	80	0	10	2.00	0.00	0.0	200	1.2	13	0.0	19.0	0.0	0.00	0.00
Fresh Vegetables	3/4 cup	80	45	0	138	2.02	*0.33	*35.3	*5431	*22.57	*1	1.16	9.49	0.22	0.04	*0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			487	*23	742	5.44	*1.61	*450.2	*1845	*69.93	*47	18.43	78.12	11.05	*2.83	*0.00
% of Calories											*38.3%	15.1%	64.1%	20.4%	*5.2%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Wed - 11/03/2021																
High School Breakfast	Total	100														
Muffin	1 each	50	380	85	270	4.00	1.80	60.0	*N/A*	*N/A*	32	6.0	61.0	12.0	4.00	0.00
Scrambled Egg	1/2 cup	50	173	419	160	0.00	0.00	0.0	0	0.0	*0	14.79	0.0	11.09	3.70	0.00
Biscuit Small	1 each	50	129	0	397	0.00	0.00	0.0	0	0.0	2	*N/A*	16.87	5.95	2.98	0.00
Country Gravy	1/4 cup	50	42	0	226	0.00	0.00	1.6	0	0.0	1	0.0	5.59	1.86	0.93	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Apple	1 EACH	75	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	1	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Turkey&Swiss Sandwich Meal	1 EACH	10	660	64	1460	9.22	*2.75	*412.7	*1244	*20.22	*14	36.12	69.0	29.06	7.15	*0.28
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Chicken Nuggets	7 each	100	342	29	670	0.00	2.57	57.0	143	0.0	1	18.53	22.81	19.96	3.56	0.00
BBQ Sauce pk	PK	100	15	0	150	0.00	0.00	0.0	0	0.0	3	0.0	4.0	0.0	0.00	0.00
French Fries	3/4 cup	100	260	0	320	2.00	*N/A*	*N/A*	*N/A*	*N/A*	0	4.0	42.02	9.0	1.00	0.00
Ketchup	1 each	100	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Corn Muffin Star	muffin	100	136	10	82	1.40	1.00	14.0	37	0.0	*N/A*	2.6	21.0	4.5	0.90	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Craisins	pouch	250	110	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	28.0	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			537	67	697	4.05	*1.58	*448.7	*1056	*61.17	*43	*18.03	87.38	12.72	3.53	*0.01
% of Calories											*32.2%	*13.4%	65.1%	21.3%	5.9%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Thu - 11/04/2021																
High School Breakfast	Total	100														
Mini Bagel w/Cream Cheese	pouch	50	240	10	180	2.00	*N/A*	*N/A*	*N/A*	*N/A*	13	6.0	42.0	6.0	2.50	0.00
French Toast	3 each	50	630	375	960	6.00	5.40	180.0	600	0.0	27	24.0	84.0	21.0	7.50	0.00
Syrup	pk	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Banana	1 EACH	75	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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Combined: High School Breakfast/High School Lunch

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	1	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Sub Meal	1 EACH	10	635	91	1700	9.26	*2.53	*486.6	*16003	*12.58	18	38.91	75.59	23.67	9.15	0.28
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Cheeseburger	1 EACH	100	330	58	575	3.00	*2.88	*80.0	*100	*1.2	6	23.0	30.0	14.5	5.50	0.00
Lettuce & Tomato	serving	100	5	0	3	0.40	0.11	4.7	215	2.56	1	0.29	1.12	0.06	0.01	0.00
Potato Wedges seasoned crispy	3/4 cup	100	260	10	300	4.00	0.72	0.0	0	7.2	0	4.0	42.02	8.0	1.00	0.00
Ketchup	2 each	100	20	0	170	0.00	0.00	0.0	0	0.0	4	0.0	4.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Apple	1 EACH	250	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			510	62	662	5.25	*2.02	*466.7	*1437	*66.45	*51	19.60	85.71	10.41	3.64	*0.01
% of Calories											*40.1%	15.4%	67.2%	18.4%	6.4%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Fri - 11/05/2021																
High School Breakfast	Total	100														
Poptart Single	Pastry	50	180	0	180	3.00	1.80	100.0	500	0.0	15	2.0	38.0	2.5	1.00	0.00
Yogurt	container	50	90	5	50	0.00	0.00	200.7	0	0.0	14	3.01	19.07	0.0	0.00	0.00
Breakfast Burrito	1 each	50	151	47	198	2.51	0.00	*N/A*	*N/A*	*N/A*	1	7.87	16.72	6.3	2.65	0.00
Salsa commodity	1/4 cup	50	20	0	70	2.00	0.00	0.0	0	0.0	2	0.0	4.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Nectarine	1 each	75	62	0	0	2.41	0.40	8.5	471	7.67	11	1.51	14.98	0.45	0.04	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	1	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Western Chicken Wrap Meal	1 EACH	10	654	70	2292	14.79	*4.28	*137.7	*1514	*8.78	*4	40.24	80.48	19.62	6.63	0.00
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Taco In A Bag	1 each	100	403	47	629	4.09	0.81	63.2	331	3.33	3	20.68	30.83	24.63	5.75	0.00
Refried Beans Canned	3/4 cup	100	205	5	866	9.00	2.76	78.0	180	0.14	2	11.18	27.96	5.36	2.56	0.00
Salsa commodity	1/4 cup	100	20	0	70	2.00	0.00	0.0	0	0.0	2	0.0	4.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Applestrawberry Cup	container	250	90	0	0	1.00	0.00	0.0	0	12.04	*N/A*	0.0	23.08	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			476	29	708	5.57	*1.64	*478.2	*1221	*67.25	*43	18.76	79.01	9.93	3.32	*0.00
% of Calories											*35.7%	15.8%	66.4%	18.8%	6.3%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Mon - 11/08/2021																
High School Breakfast	Total	100														
Chocolate Donuts	Package	50	320	0	270	2.00	*N/A*	*N/A*	*N/A*	*N/A*	19	*N/A*	41.0	15.0	7.00	0.00
Breakfast Pizza Sausage Gravy	1.5 each	50	371	26	583	4.50	*N/A*	*N/A*	*N/A*	*N/A*	8	17.71	44.12	12.31	3.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Applesauce	1/2 cup	75	51	0	2	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Ham&Cheese Sandwich Meal	1 EACH	10	498	68	1499	8.63	*1.77	*135.6	*478	*7.44	*11	27.7	63.0	14.94	5.70	*0.00
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Mini Corn Dog	7 each	100	315	47	478	5.83	2.10	175.0	0	0.0	*N/A*	11.67	35.0	14.0	4.08	0.00
Ketchup	2 each	100	20	0	170	0.00	0.00	0.0	0	0.0	4	0.0	4.0	0.0	0.00	0.00
Tater Gems	3/4 cup	100	265	0	358	1.56	0.56	0.0	0	0.0	0	3.12	29.6	14.02	2.34	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Applesauce	1/2 cup	250	51	0	2	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	80	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			485	27	650	4.03	*1.27	*458.6	*1400	*61.51	*47 *38.7%	*16.12 *13.3%	77.92 64.2%	11.67 21.6%	3.68 6.8%	*0.00 *0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Tue - 11/09/2021																
High School Breakfast	Total	100														
Pumpkin Bread	slice	50	260	0	250	2.00	*N/A*	*N/A*	*N/A*	*N/A*	24	5.0	44.0	8.0	1.50	0.00
Egg & Ham Muffin	1 each	50	262	108	577	1.00	*3.24	*420.0	*3250	*1.8	3	14.0	40.0	6.0	2.00	0.00
Hashbrowns	1 patty	50	120	0	250	1.00	0.00	0.0	0	1.2	*N/A*	1.0	15.0	6.0	1.00	0.00
Ketchup	Packet	50	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Craisins	pouch	75	110	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	28.0	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Club Wrap Meal	1 each	10	487	*47	1434	3.33	*1.69	*92.8	*2283	*37.09	*7	24.48	46.22	23.86	*2.82	*0.02
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Hot n Spicy Chic Sandwich	1 each	100	410	25	710	3.00	4.14	100.0	100	0.0	6	20.0	46.0	17.0	3.00	0.00
Lettuce & Tomato	serving	100	5	0	3	0.40	0.11	4.7	215	2.56	1	0.29	1.12	0.06	0.01	0.00
MAYONNAISE:individual PC	Pkt	100	60	5	55	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
Ranch Style Beans	3/4 cup	100	199	0	828	9.19	0.00	0.0	0	0.0	*N/A*	9.19	30.65	4.6	1.53	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Peaches	1/2 cup	250	60	0	5	1.00	*N/A*	*N/A*	*N/A*	*N/A*	13	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			506	*31	780	4.85	*1.84	*482.0	*1588	*61.97	*47 *37.2%	18.90 15.0%	82.29 65.1%	11.27 20.1%	*2.96 *5.3%	*0.00 *0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

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Florence USD #1

Base Menu Spreadsheet

Portion Values - Detailed

Nov 1, 2021 thru Nov 30, 2021

Combined: High School Breakfast/High School Lunch

Generated on: 10/11/2021 12:11:41 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/10/2021																
High School Breakfast	Total	100														
Apple Frudel	1 each	50	210	0	250	2.00	1.08	0.0	0	0.0	10	4.0	36.0	6.0	1.00	0.00
Pancakes	3 each	50	240	15	330	3.00	4.32	240.0	0	0.0	15	6.0	45.0	4.5	0.00	0.00
Syrup	pk	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Sausage Link	link	50	70	25	260	0.00	0.36	20.0	0	0.0	*N/A*	7.0	0.0	4.0	1.50	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Pineapple Tidbits	4 oz	75	57	0	0	0.81	0.29	16.2	0	7.29	11	0.0	13.77	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Turkey&Swiss Sandwich Meal	1 EACH	10	660	64	1460	9.22	*2.75	*412.7	*1244	*20.22	*14	36.12	69.0	29.06	7.15	*0.28
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Pulled Pork Sandwich	1 each	125	291	50	816	2.00	1.08	40.0	200	0.0	*15	20.0	32.0	10.0	3.00	0.00
French Fries	3/4 cup	125	260	0	320	2.00	*N/A*	*N/A*	*N/A*	*N/A*	0	4.0	42.02	9.0	1.00	0.00
Ketchup	1 each	125	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Cool Tropics Slush	pouch	250	60	0	25	0.00	0.36	0.0	500	60.0	12	0.0	16.0	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			494	31	748	2.91	*1.76	*465.5	*1489	*89.19	*50	18.94	82.99	9.98	2.76	*0.01
% of Calories											*40.9%	15.3%	67.2%	18.2%	5.0%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Fri - 11/12/2021																
High School Breakfast	Total	100														
Cocoa Krispie Bar	bar	50	151	0	150	2.93	*N/A*	*N/A*	*N/A*	*N/A*	10	2.01	27.62	1.71	1.18	0.00
Yogurt	container	50	90	5	50	0.00	0.00	200.7	0	0.0	14	3.01	19.07	0.0	0.00	0.00
Dutch Waffle	2 each	50	620	40	700	6.00	3.60	80.0	0	0.0	*24	8.0	91.0	26.0	6.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
PEARS,FRESH	1 EACH	75	101	0	2	5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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Florence USD #1

Base Menu Spreadsheet

Portion Values - Detailed

Nov 1, 2021 thru Nov 30, 2021

Combined: High School Breakfast/High School Lunch

Generated on: 10/11/2021 12:11:41 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Western Chicken Wrap Meal	1 EACH	10	654	70	2292	14.79	*4.28	*137.7	*1514	*8.78	*4	40.24	80.48	19.62	6.63	0.00
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Spaghetti and Meat Sauce	1.25 CUP	100	647	48	449	15.45	*3.61	*35.6	*0	*0.0	*8	28.32	99.03	16.71	5.60	0.00
Italian Veggies	3/4 cup	100	70	0	100	4.01	0.36	40.1	1501	18.01	*0	4.0	10.02	0.0	0.00	0.00
Garlic Toast	1 each	100	140	0	215	0.50	1.08	0.0	100	0.0	*N/A*	2.0	14.0	8.0	2.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Pears	1/2 cup	250	80	0	0	3.00	0.00	0.0	0	0.0	12	0.0	18.0	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			569	29	619	8.10	*2.10	*467.0	*1518	*65.03	*51	19.52	96.18	11.21	3.66	*0.00
% of Calories											*35.7%	13.7%	67.7%	17.7%	5.8%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Mon - 11/15/2021																
High School Breakfast	Total	100														
Blueberry Crumb Cake	1 each	50	270	30	250	3.00	*N/A*	*N/A*	*N/A*	*N/A*	20	5.0	45.0	8.0	1.50	0.00
Pizza Bagel	1 each	50	240	20	480	4.00	1.44	200.0	200	0.0	3	14.0	30.0	8.0	3.00	0.00
Hashbrowns	1 patty	50	120	0	250	1.00	0.00	0.0	0	1.2	*N/A*	1.0	15.0	6.0	1.00	0.00
Ketchup	Packet	50	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Peaches	1/2 cup	75	60	0	5	1.00	*N/A*	*N/A*	*N/A*	*N/A*	13	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Sub Meal	1 EACH	10	635	91	1700	9.26	*2.53	*486.6	*16003	*12.58	18	38.91	75.59	23.67	9.15	0.28
Ham&Cheese Sandwich Meal	1 EACH	10	498	68	1499	8.63	*1.77	*135.6	*478	*7.44	*11	27.7	63.0	14.94	5.70	*0.00
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Corn Dog	1 each	100	240	40	390	5.00	1.80	80.0	0	0.0	5	9.0	30.0	8.0	2.50	0.00
Ketchup	2 each	100	20	0	170	0.00	0.00	0.0	0	0.0	4	0.0	4.0	0.0	0.00	0.00
Tater Gems	3/4 cup	100	265	0	358	1.56	0.56	0.0	0	0.0	0	3.12	29.6	14.02	2.34	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Pears	1/2 cup	250	80	0	0	3.00	0.00	0.0	0	0.0	12	0.0	18.0	0.0	0.00	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	3/4 cup	80	45	0	138	2.02	*0.33	*35.3	*5431	*22.57	*1	1.16	9.49	0.22	0.04	*0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			495	29	691	5.19	*1.40	*470.1	*1972	*62.94	*49	16.61	81.29	10.54	3.15	*0.01
% of Calories											*39.5%	13.4%	65.7%	19.2%	5.7%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Tue - 11/16/2021																
High School Breakfast	Total	100														
Mini Cinnamon Roll	1 each	50	240	5	270	3.00	0.00	0.0	0	0.0	14	4.0	40.0	7.0	1.50	0.00
Pancake Wrap	1 each	50	200	25	310	3.00	1.80	20.0	0	0.0	4	7.0	17.0	10.0	2.50	0.00
Syrup	pk	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Strawberries	1/2 CUP	75	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Club Wrap Meal	1 each	10	487	*47	1434	3.33	*1.69	*92.8	*2283	*37.09	*7	24.48	46.22	23.86	*2.82	*0.02
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Chicken Patty Sandwich	1 each	100	410	25	710	3.00	3.24	100.0	100	0.0	6	21.0	45.0	17.0	2.50	0.00
Lettuce & Tomato	serving	100	5	0	3	0.40	0.11	4.7	215	2.56	1	0.29	1.12	0.06	0.01	0.00
MAYONNAISE:individual PC	Pkt	100	60	5	55	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
Ranch Style Beans	3/4 cup	100	199	0	828	9.19	0.00	0.0	0	0.0	*N/A*	9.19	30.65	4.6	1.53	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Mixed Fruit	1/2 cup	250	80	0	10	2.00	0.00	0.0	200	1.2	13	0.0	19.0	0.0	0.00	0.00
Fresh Vegetables	3/4 cup	80	45	0	138	2.02	*0.33	*35.3	*5431	*22.57	*1	1.16	9.49	0.22	0.04	*0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			487	*23	742	5.44	*1.61	*450.2	*1845	*69.93	*47	18.43	78.12	11.05	*2.83	*0.00
% of Calories											*38.3%	15.1%	64.1%	20.4%	*5.2%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Wed - 11/17/2021																
High School Breakfast	Total	100														
Muffin	1 each	50	380	85	270	4.00	1.80	60.0	*N/A*	*N/A*	32	6.0	61.0	12.0	4.00	0.00
Scrambled Egg	1/2 cup	50	173	419	160	0.00	0.00	0.0	0	0.0	*0	14.79	0.0	11.09	3.70	0.00
Biscuit Small	1 each	50	129	0	397	0.00	0.00	0.0	0	0.0	2	*N/A*	16.87	5.95	2.98	0.00
Country Gravy	1/4 cup	50	42	0	226	0.00	0.00	1.6	0	0.0	1	0.0	5.59	1.86	0.93	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Apple	1 EACH	75	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	1	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Turkey&Swiss Sandwich Meal	1 EACH	10	660	64	1460	9.22	*2.75	*412.7	*1244	*20.22	*14	36.12	69.0	29.06	7.15	*0.28
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Chicken Nuggets	7 each	100	342	29	670	0.00	2.57	57.0	143	0.0	1	18.53	22.81	19.96	3.56	0.00
BBQ Sauce pk	PK	100	15	0	150	0.00	0.00	0.0	0	0.0	3	0.0	4.0	0.0	0.00	0.00
French Fries	3/4 cup	100	260	0	320	2.00	*N/A*	*N/A*	*N/A*	*N/A*	0	4.0	42.02	9.0	1.00	0.00
Ketchup	1 each	100	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Corn Muffin Star	muffin	100	136	10	82	1.40	1.00	14.0	37	0.0	*N/A*	2.6	21.0	4.5	0.90	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Craisins	pouch	250	110	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	28.0	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			537	67	697	4.05	*1.58	*448.7	*1056	*61.17	*43	*18.03	87.38	12.72	3.53	*0.01
% of Calories											*32.2%	*13.4%	65.1%	21.3%	5.9%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Thu - 11/18/2021																
High School Breakfast	Total	100														
Mini Bagel w/Cream Cheese	pouch	50	240	10	180	2.00	*N/A*	*N/A*	*N/A*	*N/A*	13	6.0	42.0	6.0	2.50	0.00
French Toast	3 each	50	630	375	960	6.00	5.40	180.0	600	0.0	27	24.0	84.0	21.0	7.50	0.00
Syrup	pk	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Banana	1 EACH	75	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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Florence USD #1

Base Menu Spreadsheet

Portion Values - Detailed

Nov 1, 2021 thru Nov 30, 2021

Combined: High School Breakfast/High School Lunch

Generated on: 10/11/2021 12:11:41 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	1	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Sub Meal	1 EACH	10	635	91	1700	9.26	*2.53	*486.6	*16003	*12.58	18	38.91	75.59	23.67	9.15	0.28
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Cheeseburger	1 EACH	100	330	58	575	3.00	*2.88	*80.0	*100	*1.2	6	23.0	30.0	14.5	5.50	0.00
Lettuce & Tomato	serving	100	5	0	3	0.40	0.11	4.7	215	2.56	1	0.29	1.12	0.06	0.01	0.00
Potato Wedges seasoned crispy	3/4 cup	100	260	10	300	4.00	0.72	0.0	0	7.2	0	4.0	42.02	8.0	1.00	0.00
Ketchup	2 each	100	20	0	170	0.00	0.00	0.0	0	0.0	4	0.0	4.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Apple	1 EACH	250	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			510	62	662	5.25	*2.02	*466.7	*1437	*66.45	*51	19.60	85.71	10.41	3.64	*0.01
% of Calories											*40.1%	15.4%	67.2%	18.4%	6.4%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Fri - 11/19/2021																
High School Breakfast	Total	100														
Poptart Single	Pastry	50	180	0	180	3.00	1.80	100.0	500	0.0	15	2.0	38.0	2.5	1.00	0.00
Yogurt	container	50	90	5	50	0.00	0.00	200.7	0	0.0	14	3.01	19.07	0.0	0.00	0.00
Breakfast Burrito	1 each	50	151	47	198	2.51	0.00	*N/A*	*N/A*	*N/A*	1	7.87	16.72	6.3	2.65	0.00
Salsa commodity	1/4 cup	50	20	0	70	2.00	0.00	0.0	0	0.0	2	0.0	4.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Nectarine	1 each	75	62	0	0	2.41	0.40	8.5	471	7.67	11	1.51	14.98	0.45	0.04	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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Florence USD #1

Base Menu Spreadsheet

Portion Values - Detailed

Nov 1, 2021 thru Nov 30, 2021

Combined: High School Breakfast/High School Lunch

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	1	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Western Chicken Wrap Meal	1 EACH	10	654	70	2292	14.79	*4.28	*137.7	*1514	*8.78	*4	40.24	80.48	19.62	6.63	0.00
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
BBQ Rib Sandwich	1 each	100	324	30	790	4.00	2.63	100.0	220	3.36	17	17.0	44.8	12.0	3.50	0.00
Potato Smiles	8 each	100	208	0	288	3.20	*N/A*	*N/A*	*N/A*	*N/A*	0	3.2	32.0	7.2	0.80	0.00
Ketchup	1 each	100	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Applestrawberry Cup	container	250	90	0	0	1.00	0.00	0.0	0	12.04	*N/A*	0.0	23.08	0.0	0.00	0.00
Fresh Vegetables	1/2 cup	50	30	0	92	1.35	*0.22	*23.5	*3621	*15.05	*1	0.77	6.32	0.15	0.02	*0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			461	25	635	4.14	*1.47	*470.7	*1168	*67.23	*44	16.64	81.92	7.97	2.59	*0.00
% of Calories											*38.6%	14.5%	71.1%	15.6%	5.1%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Mon - 11/22/2021																
High School Breakfast	Total	100														
Chocolate Donuts	Package	50	320	0	270	2.00	*N/A*	*N/A*	*N/A*	*N/A*	19	*N/A*	41.0	15.0	7.00	0.00
Breakfast Pizza Sausage Gravy	1.5 each	50	371	26	583	4.50	*N/A*	*N/A*	*N/A*	*N/A*	8	17.71	44.12	12.31	3.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Applesauce	1/2 cup	75	51	0	2	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
High School Lunch	Total	450														
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Hot Dog	1 each	100	330	40	940	3.00	2.52	60.0	100	0.0	6	14.0	31.0	18.0	7.00	0.00
Ketchup	1 each	100	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Baked Beans	3/4 cup	100	210	0	825	7.50	2.70	60.0	150	0.0	18	9.0	43.5	1.5	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Applesauce	1/2 cup	250	51	0	2	1.00	*N/A*	*N/A*	*N/A*	*N/A*	11	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			449	23	741	4.04	*1.62	*441.0	*684	*58.50	50	*16.54	75.71	9.22	3.51	0.00
% of Calories											44.6%	*14.7%	67.4%	18.5%	7.0%	0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Tue - 11/23/2021																
High School Breakfast	Total	100														
Pumpkin Bread	slice	50	260	0	250	2.00	*N/A*	*N/A*	*N/A*	*N/A*	24	5.0	44.0	8.0	1.50	0.00
Egg & Ham Muffin	1 each	50	262	108	577	1.00	*3.24	*420.0	*3250	*1.8	3	14.0	40.0	6.0	2.00	0.00
Hashbrowns	1 patty	50	120	0	250	1.00	0.00	0.0	0	1.2	*N/A*	1.0	15.0	6.0	1.00	0.00
Ketchup	Packet	50	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Craisins	pouch	75	110	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	28.0	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
High School Lunch	Total	450														
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Roast Turkey	4 oz	100	152	61	512	0.05	0.13	3.8	10	0.05	0	21.14	0.26	7.94	2.65	0.00
Mashed Potatoes	3/4 cup	100	131	0	425	1.26	0.00	29.4	0	4.52	*0	2.51	21.36	4.56	0.60	2.85
Gravy Chicken	2 oz	100	5	0	36	0.00	0.00	0.2	0	0.0	0	0.0	0.77	0.13	0.00	0.00
Corn Muffin	1 each	100	136	10	82	1.40	1.00	14.0	37	0.0	*N/A*	2.6	21.0	4.5	0.90	0.00
Pumpkin Pie	slice	0	275	37	292	0.83	0.00	0.0	833	0.0	*N/A*	4.17	38.33	9.17	3.33	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			408	36	623	2.21	*1.17	*466.0	*943	*59.61	*39	17.34	66.68	8.12	2.49	0.52
% of Calories											*38.5%	17.0%	65.4%	17.9%	5.5%	1.1%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/29/2021																
High School Breakfast	Total	100														
Blueberry Crumb Cake	1 each	50	270	30	250	3.00	*N/A*	*N/A*	*N/A*	*N/A*	20	5.0	45.0	8.0	1.50	0.00
Pizza Bagel	1 each	50	240	20	480	4.00	1.44	200.0	200	0.0	3	14.0	30.0	8.0	3.00	0.00
Hashbrowns	1 patty	50	120	0	250	1.00	0.00	0.0	0	1.2	*N/A*	1.0	15.0	6.0	1.00	0.00
Ketchup	Packet	50	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Peaches	1/2 cup	75	60	0	5	1.00	*N/A*	*N/A*	*N/A*	*N/A*	13	0.0	14.0	0.0	0.00	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Sub Meal	1 EACH	10	635	91	1700	9.26	*2.53	*486.6	*16003	*12.58	18	38.91	75.59	23.67	9.15	0.28
Ham&Cheese Sandwich Meal	1 EACH	10	498	68	1499	8.63	*1.77	*135.6	*478	*7.44	*11	27.7	63.0	14.94	5.70	*0.00
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Mini Corn Dog	7 each	100	315	47	478	5.83	2.10	175.0	0	0.0	*N/A*	11.67	35.0	14.0	4.08	0.00
Ketchup	2 each	100	20	0	170	0.00	0.00	0.0	0	0.0	4	0.0	4.0	0.0	0.00	0.00
Tater Gems	3/4 cup	100	265	0	358	1.56	0.56	0.0	0	0.0	0	3.12	29.6	14.02	2.34	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Pears	1/2 cup	250	80	0	0	3.00	0.00	0.0	0	0.0	12	0.0	18.0	0.0	0.00	0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Fresh Vegetables	3/4 cup	80	45	0	138	2.02	*0.33	*35.3	*5431	*22.57	*1	1.16	9.49	0.22	0.04	*0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			509	30	707	5.34	*1.46	*487.4	*1972	*62.94	*48	17.09	82.20	11.63	3.44	*0.01
% of Calories											*37.7%	13.4%	64.6%	20.6%	6.1%	*0.0%
Nutrient Guideline			695-805		1278									<=30.0	<10.00	

Tue - 11/30/2021																
High School Breakfast	Total	100														
Mini Cinnamon Roll	1 each	50	240	5	270	3.00	0.00	0.0	0	0.0	14	4.0	40.0	7.0	1.50	0.00
Pancake Wrap	1 each	50	200	25	310	3.00	1.80	20.0	0	0.0	4	7.0	17.0	10.0	2.50	0.00
Syrup	pk	50	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Strawberries	1/2 CUP	75	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
Fruit Juice	Carton	85	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Milk Fat Free Choco	carton	80	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00

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Florence USD #1

Nov 1, 2021 thru Nov 30, 2021

Base Menu Spreadsheet

Combined: High School Breakfast/High School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
High School Lunch	Total	450														
Chef Salad w/Diced Ham	1 each	10	739	61	1228	11.18	*2.69	*93.8	*12409	*37.52	28	25.55	87.09	33.63	9.14	0.00
Club Wrap Meal	1 each	10	487	*47	1434	3.33	*1.69	*92.8	*2283	*37.09	*7	24.48	46.22	23.86	*2.82	*0.02
Big Daddy Pepperoni hs	1/8 each	100	403	40	770	5.21	3.46	320.7	1013	18.77	10	19.1	44.6	17.03	7.01	0.00
Chicken Patty Sandwich	1 each	100	410	25	710	3.00	3.24	100.0	100	0.0	6	21.0	45.0	17.0	2.50	0.00
Lettuce & Tomato	serving	100	5	0	3	0.40	0.11	4.7	215	2.56	1	0.29	1.12	0.06	0.01	0.00
MAYONNAISE:individual PC	Pkt	100	60	5	55	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
Ranch Style Beans	3/4 cup	100	199	0	828	9.19	0.00	0.0	0	0.0	*N/A*	9.19	30.65	4.6	1.53	0.00
Offered with Entrees	none	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Mixed Fruit	1/2 cup	250	80	0	10	2.00	0.00	0.0	200	1.2	13	0.0	19.0	0.0	0.00	0.00
Fresh Vegetables	3/4 cup	80	45	0	138	2.02	*0.33	*35.3	*5431	*22.57	*1	1.16	9.49	0.22	0.04	*0.00
Fruit Juice	Carton	400	65	2	7	0.00	0.00	100.0	0	60.0	15	0.0	16.5	0.0	0.00	0.00
Milk Fat Free Choco	carton	400	140	4	200	0.00	0.00	300.0	500	2.4	24	8.0	26.0	0.0	0.00	0.00
MILK,1% Lowfat	carton	10	100	10	125	0.00	1.08	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
Weighted Daily Average			487	*23	742	5.44	*1.61	*450.2	*1845	*69.93	*47	18.43	78.12	11.05	*2.83	*0.00
% of Calories											*38.3%	15.1%	64.1%	20.4%	*5.2%	*0.0%
Nutrient Guideline			695-805		1278								<=30.0	<10.00		

Weighted Average			495	*36	700	4.78	*1.62	*462.5	*1454	*65.77	*47	*17.99	81.49	10.71	*3.23	*0.03
											*85.4%	*14.5%	65.9%	19.5%	*5.9%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	495		695 - 805	71%		201		Correction Required - Calories are Low
Cholesterol (mg)	36				Missing			
Sodium 1 (mg)	700		1278					
Sodium 2 (mg)	700		987					
Fiber (g)	4.78							
Iron (mg)	1.62				Missing			
Calcium (mg)	462.5				Missing			
Vitamin A (IU)	1454				Missing			
Sugars (g)	47	37.97%			Missing			
Vitamin C (mg)	65.77				Missing			
Protein (g)	17.99	14.54%			Missing			
Carbohydrate (g)	81.49	65.88%						
Total Fat (g)	10.71	19.49%	<=30.00%					
Saturated Fat (g)	3.23	5.88%	<10.00%		Missing			
Trans Fat ¹ (g)	0.03	0.06%			Missing			

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