

Lunch Menu

Valley High School

DUBLIN
UNIFIED



School District

Mondays –

Popcorn Chicken or Cheeseburger w/fries
Cheese Pizza on herb seasoned crust

Tuesdays -

Crispy Chicken Basket
w/mashed potatoes and gravy, biscuit, and warm cinnamon
applesauce
Brown Rice and Bean Burrito

Wednesdays -

Hot Wings w/crunchy vegetables and bread stick
Spicy Chicken Sandwich w/fries
Cheese Pizza on herb seasoned crust

Thursdays –

Orange or Teriyaki Chicken
Asian Style w/brown rice and blanched veggies
Potstickers
w/brown rice and thai chili sauce
Brown Rice and Bean Burrito

Fridays Get Away

Cheese Pizza on herb seasoned crust
Philly Cheesesteak Sandwich w/chips

Available Daily

Low sugar, whole grain Cereal assortment
Yogurt Parfait w/fruit and cinnamon granola

Lunch \$4.25

Lunch includes entrée, fruit and shaker salad

Milk, juice or water are FREE w/lunch

Students receiving reduced price meal assistance pay \$0.30 for breakfast and \$0.40 for lunch

Available Ala carte - Milk, 8oz. Juice and 16oz. bottled water

All meals meet USDA guidelines

CNS accepts cash, checks or online payments which can be made
at www.MySchoolBucks.com

Child Nutrition Services is an equal opportunity employer!



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