

VALLEY HIGH SCHOOL MENU

DAILY SPECIALS

Monday – Super Cheeseburger, Chicken Caesar, Pizza
Tuesday – Orange Chicken Rice Bowl, Brown Rice Burrito
Wednesday – Stuffed Steak Quesadilla, Chicken Caesar, Pizza
Thursday – Popcorn Chicken Bowl, Brown Rice Burrito
Friday – Spicy Chicken Sandwich, Pizza

What's Special?

100% Beef Hamburgers
Whole Muscle Spicy Chicken Sandwich
All Natural Burrito w/whole grain tortilla, brown rice, cheese and beans
Whole Grain Crust Pizza – Cheese, Pepperoni, and Vegetarian
Deli Sandwiches – Turkey and Roast Beef
Fresh Salads To Go – Chicken Caesar and Garden Shaker
Yogurt Parfaits – w/ low fat Yoplait vanilla yogurt, cinnamon granola and fruit

Lunch \$5.00

Lunch includes entrée, fruit and salad cup

Milk, juice or water are FREE w/lunch

Students receiving reduced price meal assistance pay \$0.30 for breakfast and \$0.40 for lunch

All meals meet USDA guidelines

Please make sure your student's meal account is active and current so your student can purchase foods. Students may not "charge" meals.

CNS accepts cash, checks or online payments which can be made at www.MySchoolBucks.com

Child Nutrition Services is an equal opportunity employer!