



# DUBLIN UNIFIED SCHOOL DISTRICT

## Rise and Shine Breakfast

*Whole grain rich!*

May 1<sup>st</sup> – June 2<sup>nd</sup>

### ***Mondays***

**Whole Grain Crumb Cake**

w/berries and cream

### ***Tuesdays***

**Lemon Drop Scones**

w/fresh fruit

### ***Wednesdays***

**Scrambled Egg Breakfast Slice**

Eggs, cheese, and turkey bacon on whole grain

### ***Thursdays***

**Freshly Baked Whole Grain Muffin**

w/fruit cup

### ***Fridays***

**Yogurt Parfait**

w/fruit and granola

### ***Available Daily***

Low sugar Cereal assortment

Lowfat Fruit Yogurt and Granola

**Breakfast \$2.25**

Includes entrée, fruit, 100% juice, and choice of milk

Milk variety includes 1% white and nonfat white and chocolate

*Students receiving reduced price meal assistance pay \$0.30 for breakfast and \$0.40 for lunch*

Available Ala carte - \$0.50

Milk, 4oz. Juice and 8oz. bottled water

All meals meet USDA guidelines

Students with negative balances greater than \$10.50 will receive

an alternate meal of fresh fruit and milk at no charge until

balance is resolved

CNS accepts cash, checks or online payments which can be made  
at [www.MySchoolBucks.com](http://www.MySchoolBucks.com)

Child Nutrition Services is an equal opportunity employer!



Choose **MyPlate** gov