

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

Menu Name: At-Risk Supper 21-22

Include Cost: No

Site: All Sites

Report Style: Detailed

Monday - 11/01/2021

Reimbursable Meal Total 2767

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001734 Corn Dog, Chicken IW	Each	2672	240	2.50	390	5	8.00	0.00	40	30.00	5.00	9.00
001800 Potatoes Tator Tots (1/2c.S)	1/2 cup	2641	110	1.00	310	1	6.00	0.00	0	14.00	1.00	1.00
000796 Fruit, Peaches diced CND	.5 cup	1907	70	0.00	10	13	0.00	0.00	0	16.98	1.00	1.00
000376 Milk, 1% Low Fat Carton	carton	1019	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	155	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1451	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	2	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	86	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	6	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
000222 Ketchup: individual	packet	2355	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00

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Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	554	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			521	4.21	925	32	15.80	0.00	49	73.95	6.67	19.94
% of Calories				7.27%		24.6%	27.3%	0.0%		56.8%		15.3%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 11/02/2021

Reimbursable Meal Total 2786

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
002014 Chicken Orange/w Rice (2M, 2WG)	14ea 1/2c ric	2683	404	3.00	733	13	12.85	0.00	35	53.29	2.75	16.25
000257 Broccoli: Frozen, boiled	1/2 cup	1845	32	0.36	31	1	0.89	0.00	0	4.63	2.77	2.77
000086 Orange	each	2516	45	0.01	0	9	0.12	0.00	0	11.28	2.30	0.90
000376 Milk, 1% Low Fat Carton	carton	974	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	281	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1400	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	2	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	88	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	7	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07

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Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	71	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			568	3.78	889	37	14.33	0.00	43	82.44	6.77	27.95
% of Calories				5.99%		26.1%	22.7%	0.0%		58.1%		19.7%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 11/03/2021

Reimbursable Meal Total 2703

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001917 Breadsticks(2), Marinara(cups)	Each	2621	348	5.00	680	7	11.20	0.00	30	42.39	5.20	21.20
000257 Broccoli: Frozen, boiled	1/2 cup	1581	32	0.36	31	1	0.89	0.00	0	4.63	2.77	2.77
000830 Juice, AppleBerry 4 oz (1/2c. F-J)	4 oz (each)	2475	55	0.00	15	13	0.00	0.00	0	13.50	0.00	0.00
000376 Milk, 1% Low Fat Carton	carton	920	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	160	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1450	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	2	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	73	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	6	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07

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Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	73	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			521	5.68	848	35	12.60	0.00	38	73.94	6.84	31.50
% of Calories				9.81%		26.9%	21.8%	0.0%		56.8%		24.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 11/04/2021

Reimbursable Meal Total 2804

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001494 Cheeseburger, Twin 2pk	Each	2723	320	6.00	480	7	13.00	0.50	40	36.00	4.00	17.00
001570 Green Beans Cooked	1/2 Cup	1549	23	0.10	11	2	0.24	0.00	0	3.38	1.68	0.84
001414 Strawberries, Diced FZ	Each	2272	90	0.00	0	18	0.00	0.00	0	22.00	2.00	1.00
000376 Milk, 1% Low Fat Carton	carton	937	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	155	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1516	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	11	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	2	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	62	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	16	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
009006 Mayo packet	1 pc	527	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	
000223 Mustard: individual	PC packet	606	5	0.00	70	0	0.00	0.00	0	0.00	0.00	0.00	
000222 Ketchup: individual	packet	1942	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	
Weighted Daily Average				528	6.66	711	39	14.96	0.49	49	73.89	6.60	26.99
% of Calories					11.35%		29.5%	25.5%	0.8%		56.0%		20.4%
Weekly Nutrient Guideline				550 - 650	<10	1230		<=0					

Friday - 11/05/2021

Reimbursable Meal Total 2703

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001877 Spaghetti & meat sauce JTM	Entree	2616	478	6.71	638	12	*19.99	*0.01	54	52.01	4.22	22.16
001354 Carrot, Baby 3 oz bag	bag (3 oz)	1601	15	0.00	20	3	0.00	0.00	0	3.00	1.00	1.00
000830 Juice, AppleBerry 4 oz (1/2c. F-J)	4 oz (each)	2395	55	0.00	15	13	0.00	0.00	0	13.50	0.00	0.00
000376 Milk, 1% Low Fat Carton	carton	910	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	150	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1495	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	2	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	68	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	16	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	78	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			637	7.13	803	40	*20.62	*0.01	62	82.14	4.86	31.45
% of Calories				10.07%		25.1%	*29.1%	*0.0%		51.6%		19.7%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Saturday - 11/06/2021

Reimbursable Meal Total 540

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001827 *****Field Trip Menu*****	1	100	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000006 Peanut Butter Jamwich Twin	each	414	600	4.50	590	22	31.00	0.00	0	69.00	7.00	20.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	102	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001490 Soy Butter & Grape Sandwich (2M, 2WG)	Each	0	540	6.00	390	19	29.00	0.00	0	53.00	8.00	18.00
001674 Juice, fruit punch 3/4c (veg)	Each	490	90	0.00	40	18	0.00	0.00	0	21.00	0.00	0.00
001462 APPLESAUCE, Wild Watermelon	Each	540	60	0.00	15	15	0.00	0.00	0	17.00	1.00	0.00
000750 Milk 1% shelf stable	8 oz.	240	100	1.50	105	12	2.50	0.00	5	12.00	0.00	8.00
000376 Milk, 1% Low Fat Carton	carton	75	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000763 Milk, Nonfat Chocolate Carton	Carton	122	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
001809 Milk chocolate shelf stable	carton	100	140	0.00	260	25	0.00	0.00	5	27.00	0.00	8.00

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Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000865 Milk, Pacific Ultra Soy Select	cup	3	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
Weighted Daily Average			760	4.73	792	65	26.34	0.00	14	111.20	7.51	28.52
% of Calories				5.60%		34.2%	31.2%	0.0%		58.5%		15.0%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 11/08/2021

Reimbursable Meal Total 2782

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000006 Peanut Butter Jamwich Twin	each	2697	600	4.50	590	22	31.00	0.00	0	69.00	7.00	20.00
001354 Carrot, Baby 3 oz bag	bag (3 oz)	1653	15	0.00	20	3	0.00	0.00	0	3.00	1.00	1.00
000827 Juice, apple 4 oz	container (4oz)	2545	55	0.00	12	12	0.00	0.00	0	14.00	0.00	0.00
000376 Milk, 1% Low Fat Carton	carton	902	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	168	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1441	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000747 Soy Milk Plain	8 oz.	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	4	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001694 Pizza, Lunch Kit	Each	11	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	80	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23

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Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	66	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			752	4.97	750	50	31.25	0.00	9	98.74	7.57	29.08
% of Calories				5.95%		26.6%	37.4%	0.0%		52.5%		15.5%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 11/09/2021

Reimbursable Meal Total 2772

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001882 Chicken Tenders, WG (3 ea)	Serving (3ct)	2717	220	1.00	470	1	7.00	0.00	55	18.00	2.00	22.00
001883 Marinara 2.5 oz cup	each	2389	40	0.00	200	4	1.00	0.00	0	7.00	1.00	1.00
000267 Celery Sticks	.5 cup	1439	11	0.00	57	2	0.00	0.00	0	2.28	1.52	0.76
001637 Applesauce, Peach	Each	2152	50	0.00	15	12	0.00	0.00	0	14.00	1.00	0.00
000376 Milk, 1% Low Fat Carton	carton	945	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	235	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1371	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	10	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	80	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	11	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
000222 Ketchup: individual	packet	1138	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00

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009006 Mayo packet	1 pc	106	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			413	1.62	867	31	9.05	0.00	63	53.91	4.58	32.13
% of Calories				3.53%		30.0%	19.7%	0.0%		52.2%		31.1%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 11/10/2021

Reimbursable Meal Total 2676

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000195 Sandwich Grilled Cheese WG (1.5M, 1.5WG)	each (3.21 oz)	2602	218	4.42	454	4	8.10	0.00	23	24.13	2.34	14.09
001800 Potatoes Tator Tots (1/2c.S)	1/2 cup	2538	110	1.00	310	1	6.00	0.00	0	14.00	1.00	1.00
000064 Fruit, Apple, Fresh	EACH	2238	64	0.00	2	12	0.00	0.00	0	16.00	2.00	0.00
000376 Milk, 1% Low Fat Carton	carton	913	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	220	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1331	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	2	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	79	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	11	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
000222 Ketchup: individual	packet	1057	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	65	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			487	5.88	928	31	14.82	0.00	31	68.31	5.10	23.98
% of Calories				10.87%		25.5%	27.4%	0.0%		56.1%		19.7%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 11/12/2021

Reimbursable Meal Total 2696

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001979 Pizza, Cheese 3" Sliders IW	Each	2621	327	7.46	578	4	16.52	0.00	30	29.34	3.30	18.53
001354 Carrot, Baby 3 oz bag	bag (3 oz)	1663	15	0.00	20	3	0.00	0.00	0	3.00	1.00	1.00
001958 Fruit, Mango Caliente, Frzn (1/2c.F)	Each	2193	99	0.00	15	25	0.00	0.00	0	25.00	0.00	0.00
000358 Ranch Dressing - Salad Mix	1 OZ	1478	46	0.59	196	1	4.12	*0.00	11	1.75	0.00	0.51
000376 Milk, 1% Low Fat Carton	carton	920	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	220	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1326	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	4	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	76	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001694 Pizza, Lunch Kit	Each	6	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
Weighted Daily Average			544	8.17	848	41	19.38	*0.00	44	68.84	4.01	28.13
% of Calories				13.52%		30.1%	32.1%	*0.0%		50.6%		20.7%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Saturday - 11/13/2021

Reimbursable Meal Total 490

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001827 *****Field Trip Menu*****	1	0	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000006 Peanut Butter Jamwich Twin	each	383	600	4.50	590	22	31.00	0.00	0	69.00	7.00	20.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	102	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001490 Soy Butter & Grape Sandwich (2M, 2WG)	Each	0	540	6.00	390	19	29.00	0.00	0	53.00	8.00	18.00
001674 Juice, fruit punch 3/4c (veg)	Each	440	90	0.00	40	18	0.00	0.00	0	21.00	0.00	0.00
001462 APPLESAUCE, Wild Watermelon	Each	440	60	0.00	15	15	0.00	0.00	0	17.00	1.00	0.00
000750 Milk 1% shelf stable	8 oz.	140	100	1.50	105	12	2.50	0.00	5	12.00	0.00	8.00
000376 Milk, 1% Low Fat Carton	carton	75	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000763 Milk, Nonfat Chocolate Carton	Carton	272	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
001809 Milk chocolate shelf stable	carton	65	140	0.00	260	25	0.00	0.00	5	27.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000865 Milk, Pacific Ultra Soy Select	cup	3	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
Weighted Daily Average			781	4.63	830	66	26.56	0.00	15	114.32	7.63	30.41
% of Calories				5.34%		33.8%	30.6%	0.0%		58.6%		15.6%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 11/15/2021

Reimbursable Meal Total 2729

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001118 Burrito Bean & Cheese 5.20 oz	each	2637	291	3.62	479	1	8.29	0.00	15	40.95	7.96	15.60
000978 Cucumber w/Chili & Lemon	1/2 Cup	1652	13	0.04	67	1	0.13	0.00	0	3.06	0.51	0.56
000064 Fruit, Apple, Fresh	EACH	1930	64	0.00	2	12	0.00	0.00	0	16.00	2.00	0.00
000376 Milk, 1% Low Fat Carton	carton	934	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	245	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1400	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	7	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	5	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001694 Pizza, Lunch Kit	Each	21	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	83	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	66	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			452	4.18	669	26	9.41	0.00	24	70.70	9.63	25.04
% of Calories				8.32%		23.0%	18.7%	0.0%		62.6%		22.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 11/16/2021

Reimbursable Meal Total 2769

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001977 Corn Dogs, Turkey Mini (6ea)	Each 6ct	2678	257	1.80	362	11	10.00	0.00	37	35.00	0.00	10.00
001354 Carrot, Baby 3 oz bag	bag (3 oz)	1634	15	0.00	20	3	0.00	0.00	0	3.00	1.00	1.00
001462 APPLESAUCE, Wild Watermelon	Each	1878	60	0.00	15	15	0.00	0.00	0	17.00	1.00	0.00
000376 Milk, 1% Low Fat Carton	carton	924	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	268	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1411	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	5	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	82	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	21	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
009006 Mayo packet	1 pc	415	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000223 Mustard: individual	PC packet	582	5	0.00	70	0	0.00	0.00	0	0.00	0.00	0.00
000222 Ketchup: individual	packet	1646	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00
Weighted Daily Average			429	2.51	607	39	11.72	0.00	46	66.29	1.48	19.81
% of Calories				5.27%		36.4%	24.6%	0.0%		61.8%		18.5%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Wednesday - 11/17/2021

Reimbursable Meal Total 2668

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001881 Taco, Beef & Cheese Stick IW	Each	2576	345	8.35	631	1	12.82	0.00	52	31.87	3.85	20.07
002012 Beans Refried, Seasoned (1/2c.B/P or 2m/ma)	1/2 Cup	1558	170	0.50	694	0	2.00	0.00	0	29.01	11.00	11.00
000796 Fruit, Peaches diced CND	.5 cup	1753	70	0.00	10	13	0.00	0.00	0	16.98	1.00	1.00
000376 Milk, 1% Low Fat Carton	carton	915	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	230	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1381	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	11	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	5	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	83	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	21	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	61	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			596	9.02	1186	25	14.87	0.00	60	76.94	11.02	36.14
% of Calories				13.62%		16.8%	22.5%	0.0%		51.6%		24.3%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Thursday - 11/18/2021

Reimbursable Meal Total 2774

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001638 Pizza, Cheese Longboard	Each	2688	304	6.20	513	3	12.40	0.00	26	29.00	2.90	18.80
001570 Green Beans Cooked	1/2 Cup	1444	23	0.10	11	2	0.24	0.00	0	3.38	1.68	0.84
001414 Strawberries, Diced FZ	Each	2057	90	0.00	0	18	0.00	0.00	0	22.00	2.00	1.00
000376 Milk, 1% Low Fat Carton	carton	924	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	263	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1431	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	5	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001694 Pizza, Lunch Kit	Each	21	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	77	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	65	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			490	6.70	664	33	13.41	0.00	35	64.04	5.37	28.93
% of Calories				12.31%		26.9%	24.6%	0.0%		52.3%		23.6%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Friday - 11/19/2021

Reimbursable Meal Total 2675

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001639 Cheeseburger, IW	cheeseburger	2589	279	4.20	409	4	10.30	0.00	38	30.10	2.70	17.70
001354 Carrot, Baby 3 oz bag	bag (3 oz)	1553	15	0.00	20	3	0.00	0.00	0	3.00	1.00	1.00
000830 Juice, AppleBerry 4 oz (1/2c. F-J)	4 oz (each)	2255	55	0.00	15	13	0.00	0.00	0	13.50	0.00	0.00
000376 Milk, 1% Low Fat Carton	carton	912	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	230	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1346	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	5	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	77	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	21	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
009006 Mayo packet	1 pc	808	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000222 Ketchup: individual	packet	1616	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00
000223 Mustard: individual	PC packet	518	5	0.00	70	0	0.00	0.00	0	0.00	0.00	0.00
Weighted Daily Average			464	5.00	663	33	12.94	0.00	47	61.41	3.40	27.18
% of Calories				9.70%		28.4%	25.1%	0.0%		52.9%		23.4%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Saturday - 11/20/2021

Reimbursable Meal Total 130

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001827 *****Field Trip Menu*****	1	100	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000006 Peanut Butter Jamwich Twin	each	128	600	4.50	590	22	31.00	0.00	0	69.00	7.00	20.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	2	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001490 Soy Butter & Grape Sandwich (2M, 2WG)	Each	0	540	6.00	390	19	29.00	0.00	0	53.00	8.00	18.00
001674 Juice, fruit punch 3/4c (veg)	Each	80	90	0.00	40	18	0.00	0.00	0	21.00	0.00	0.00
001462 APPLESAUCE, Wild Watermelon	Each	80	60	0.00	15	15	0.00	0.00	0	17.00	1.00	0.00
000750 Milk 1% shelf stable	8 oz.	0	100	1.50	105	12	2.50	0.00	5	12.00	0.00	8.00
000376 Milk, 1% Low Fat Carton	carton	50	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000763 Milk, Nonfat Chocolate Carton	Carton	78	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
001809 Milk chocolate shelf stable	carton	0	140	0.00	260	25	0.00	0.00	5	27.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000865 Milk, Pacific Ultra Soy Select	cup	2	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
Weighted Daily Average			801	5.05	770	59	31.64	0.00	9	110.09	7.63	29.25
% of Calories				5.67%		29.5%	35.6%	0.0%		55.0%		14.6%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Monday - 11/29/2021

Reimbursable Meal Total 2740

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001734 Corn Dog, Chicken IW	Each	2654	240	2.50	390	5	8.00	0.00	40	30.00	5.00	9.00
001800 Potatoes Tator Tots (1/2c.S)	1/2 cup	2581	110	1.00	310	1	6.00	0.00	0	14.00	1.00	1.00
000796 Fruit, Peaches diced CND	.5 cup	1915	70	0.00	10	13	0.00	0.00	0	16.98	1.00	1.00
000376 Milk, 1% Low Fat Carton	carton	1024	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	165	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1446	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	9	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	2	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	91	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	1	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07
000222 Ketchup: individual	packet	2686	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	791	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			529	4.29	941	33	16.28	0.00	50	74.58	6.69	20.11
% of Calories				7.30%		25.0%	27.7%	0.0%		56.4%		15.2%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

Tuesday - 11/30/2021

Reimbursable Meal Total 2686

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
002014 Chicken Orange/w Rice (2M, 2WG)	14ea 1/2c ric	2590	404	3.00	733	13	12.85	0.00	35	53.29	2.75	16.25
000257 Broccoli: Frozen, boiled	1/2 cup	1579	32	0.36	31	1	0.89	0.00	0	4.63	2.77	2.77
000086 Orange	each	2437	45	0.01	0	9	0.12	0.00	0	11.28	2.30	0.90
000376 Milk, 1% Low Fat Carton	carton	959	120	1.50	160	15	2.50	0.00	15	16.00	0.00	11.00
000377 Milk, Non-Fat Carton	Carton	180	90	0.00	120	12	0.00	0.00	5	12.00	0.00	9.00
000763 Milk, Nonfat Chocolate Carton	Carton	1426	110	0.00	135	18	0.00	0.00	5	20.00	0.00	8.00
000865 Milk, Pacific Ultra Soy Select	cup	10	125	0.40	108	11	4.30	0.00	0	13.10	2.00	8.80
001737 Lactaid	Cup	5	90	0.00	125	12	0.00	0.00	5	13.00	0.00	8.00
001616 Sandwich, LS Turkey w/cheese (2M, 2WG)	Sandwich	96	241	2.15	744	3	5.80	0.00	38	27.01	6.00	25.23
001694 Pizza, Lunch Kit	Each	15	341	7.48	610	5	16.56	0.00	30	32.00	3.83	19.07

Planned Menu Spreadsheet

Portion Values

Nov 1, 2021 thru Nov 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
009006 Mayo packet	1 pc	75	60	1.00	60	1	6.00	0.00	4	1.00	0.00	0.00
Weighted Daily Average			569	3.80	894	37	14.39	0.00	44	82.72	6.62	27.95
% of Calories				6.01%		26.0%	22.8%	0.0%		58.2%		19.6%
Weekly Nutrient Guideline			550 - 650	<10	1230		<=0					

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			571	5	820	40	*17.39	*0.03	39	79.39	6.31	27.60
% of Calories				8.13%		28.0%	*27.4%	*0.0%		55.6%		19.3%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

***** - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.