

Central Unified Food Services

Jun 1, 2018 thru Jun 7, 2018

Base Menu Spreadsheet

East and West Snack Bar

Portion Values - Detailed

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Generated on: 5/30/2018 10:04:59 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 06/01/2018																
East and West Snack Bar	Total	200														
Chicken Patty on a Bun	1 each	25	350	55	980	4.00	3.60	100.0	100	0.0	4	22.0	41.0	13.0	2.50	0.00
Lettuce Pickle Cup	1 each	25	21	0	184	2.77	1.02	44.0	6572	27.2	*N/A*	1.13	3.9	0.0	0.00	0.00
Pizza, Big Daddy Cheese	1 Each	25	370	30	590	2.00	2.70	300.0	400	0.0	*N/A*	19.0	43.0	14.0	7.00	0.00
Pizza, Big Daddy Pepperoni	1 Each	25	380	30	700	2.00	2.70	250.0	400	0.0	*N/A*	19.0	44.0	15.0	7.00	0.00
Chicken Tenders WG, 6 each	6 Each	50	420	110	1460	2.00	3.60	40.0	200	0.0	2	30.0	26.0	22.0	4.00	0.00
Fiesta Bean & Cheese Burrito	1 each	25	290	15	390	6.00	1.80	100.0	500	18.0	3	15.0	42.0	7.0	4.00	0.00
Nacho Supreme	1 Each	25	375	65	895	2.00	1.80	320.0	200	0.0	*0	21.0	26.0	21.0	9.50	0.00
Jalapeno Peppers	1 each	25	2	0	170	0.33	0.24	140.0	100	0.8	*N/A*	0.0	0.33	0.0	0.00	0.00
Sour Cream	1 each	25	57	14	14	0.00	0.00	18.9	189	0.0	0	0.94	1.88	5.66	3.30	0.00
PBJ Grape WW Sandwich	1 Each	25	630	0	620	7.00	1.80	60.0	0	0.0	28	19.0	64.0	33.0	7.00	0.00
Baby Carrots	1/2 Cup	150	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
Garbonzo Beans	1/2 Cup	150	143	0	140	5.30	1.62	38.0	29	4.6	*N/A*	5.94	27.14	1.37	0.14	0.00
Fruit Cup, Strawberry	1 each	175	90	0	0	2.00	0.00	0.0	0	0.0	18	1.0	22.0	0.0	0.00	0.00
Raisins, Box	1 Box	75	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	50	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	100	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Ketchup Pkt.	1 each	25	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Mayo Pkt	1	25	70	5	45	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
BBQ Sauce Cup	1 ea	25	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
ranch dressing	pkt	25	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Marinara Sauce Cup	1 each	25	15	0	120	1.00	0.36	0.0	100	1.2	2	1.0	3.0	0.0	0.00	0.00
Weighted Daily Average			780	61	1276	11.64	4.97	477.2	8654	13.12	*22	35.27	111.61	22.55	6.79	0.00
% of Calories											*11.4%	18.1%	57.3%	26.0%	7.8%	0.0%
Nutrient Guideline			750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Jun 1, 2018 thru Jun 7, 2018

Base Menu Spreadsheet

East and West Snack Bar

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 06/04/2018																
East and West Snack Bar	Total	200														
Chicken Patty on a Bun	1 each	25	350	55	980	4.00	3.60	100.0	100	0.0	4	22.0	41.0	13.0	2.50	0.00
Lettuce Pickle Cup	1 each	25	21	0	184	2.77	1.02	44.0	6572	27.2	*N/A*	1.13	3.9	0.0	0.00	0.00
Pizza, Big Daddy Cheese	1 Each	25	370	30	590	2.00	2.70	300.0	400	0.0	*N/A*	19.0	43.0	14.0	7.00	0.00
Pizza, Big Daddy Pepperoni	1 Each	25	380	30	700	2.00	2.70	250.0	400	0.0	*N/A*	19.0	44.0	15.0	7.00	0.00
Chicken Tenders WG, 6 each	6 Each	50	420	110	1460	2.00	3.60	40.0	200	0.0	2	30.0	26.0	22.0	4.00	0.00
Fiesta Bean & Cheese Burrito	1 each	25	290	15	390	6.00	1.80	100.0	500	18.0	3	15.0	42.0	7.0	4.00	0.00
Nacho Supreme	1 Each	25	375	65	895	2.00	1.80	320.0	200	0.0	*0	21.0	26.0	21.0	9.50	0.00
Jalapeno Peppers	1 each	25	2	0	170	0.33	0.24	140.0	100	0.8	*N/A*	0.0	0.33	0.0	0.00	0.00
Sour Cream	1 each	25	57	14	14	0.00	0.00	18.9	189	0.0	0	0.94	1.88	5.66	3.30	0.00
PBJ Grape WW Sandwich	1 Each	25	630	0	620	7.00	1.80	60.0	0	0.0	28	19.0	64.0	33.0	7.00	0.00
Baby Carrots	1/2 Cup	150	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
Salad with Ranch	1 Cup	150	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
Peach Cup	1 ea	175	117	0	7	2.25	0.46	3.7	354	117.5	28	0.79	29.91	0.16	0.02	0.00
Raisins, Box	1 Box	75	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	50	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	100	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Ketchup Pkt.	1 each	25	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Mayo Pkt	1	25	70	5	45	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
BBQ Sauce Cup	1 ea	25	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
ranch dressing	pkt	25	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Marinara Sauce Cup	1 each	25	15	0	120	1.00	0.36	0.0	100	1.2	2	1.0	3.0	0.0	0.00	0.00
Weighted Daily Average			710	62	1205	8.93	4.60	471.6	12467	124.99	*31	31.27	100.46	21.90	6.76	*0.00
% of Calories											*17.3%	17.6%	56.6%	27.8%	8.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Base Menu Spreadsheet

East and West Snack Bar

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 06/05/2018																
East and West Snack Bar	Total	200														
Chicken Patty on a Bun	1 each	25	350	55	980	4.00	3.60	100.0	100	0.0	4	22.0	41.0	13.0	2.50	0.00
Lettuce Pickle Cup	1 each	25	21	0	184	2.77	1.02	44.0	6572	27.2	*N/A*	1.13	3.9	0.0	0.00	0.00
Pizza, Big Daddy Cheese	1 Each	25	370	30	590	2.00	2.70	300.0	400	0.0	*N/A*	19.0	43.0	14.0	7.00	0.00
Pizza, Big Daddy Pepperoni	1 Each	25	380	30	700	2.00	2.70	250.0	400	0.0	*N/A*	19.0	44.0	15.0	7.00	0.00
Chicken Tenders WG, 6 each	6 Each	50	420	110	1460	2.00	3.60	40.0	200	0.0	2	30.0	26.0	22.0	4.00	0.00
Fiesta Bean & Cheese Burrito	1 each	25	290	15	390	6.00	1.80	100.0	500	18.0	3	15.0	42.0	7.0	4.00	0.00
Nacho Supreme	1 Each	25	375	65	895	2.00	1.80	320.0	200	0.0	*0	21.0	26.0	21.0	9.50	0.00
Jalapeno Peppers	1 each	25	2	0	170	0.33	0.24	140.0	100	0.8	*N/A*	0.0	0.33	0.0	0.00	0.00
Sour Cream	1 each	25	57	14	14	0.00	0.00	18.9	189	0.0	0	0.94	1.88	5.66	3.30	0.00
PBJ Grape WW Sandwich	1 Each	25	630	0	620	7.00	1.80	60.0	0	0.0	28	19.0	64.0	33.0	7.00	0.00
Baby Carrots	1/2 Cup	150	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
beans, vegetarian	1/2 cup	150	130	0	520	9.00	1.80	80.0	0	2.4	*N/A*	7.0	24.0	0.0	0.00	0.00
Fruit Cup, Strawberry	1 each	175	90	0	0	2.00	0.00	0.0	0	0.0	18	1.0	22.0	0.0	0.00	0.00
Raisins, Box	1 Box	75	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	50	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	100	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Ketchup Pkt.	1 each	25	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Mayo Pkt	1	25	70	5	45	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
BBQ Sauce Cup	1 ea	25	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
ranch dressing	pkt	25	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Marinara Sauce Cup	1 each	25	15	0	120	1.00	0.36	0.0	100	1.2	2	1.0	3.0	0.0	0.00	0.00
Weighted Daily Average			770	61	1561	14.41	5.10	508.7	8633	11.48	*22	36.07	109.26	21.52	6.68	0.00
% of Calories											*11.5%	18.7%	56.8%	25.2%	7.8%	0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 06/06/2018																
East and West Snack Bar	Total	200														
Chicken Patty on a Bun	1 each	25	350	55	980	4.00	3.60	100.0	100	0.0	4	22.0	41.0	13.0	2.50	0.00
Lettuce Pickle Cup	1 each	25	21	0	184	2.77	1.02	44.0	6572	27.2	*N/A*	1.13	3.9	0.0	0.00	0.00
Pizza, Big Daddy Cheese	1 Each	25	370	30	590	2.00	2.70	300.0	400	0.0	*N/A*	19.0	43.0	14.0	7.00	0.00
Pizza, Big Daddy Pepperoni	1 Each	25	380	30	700	2.00	2.70	250.0	400	0.0	*N/A*	19.0	44.0	15.0	7.00	0.00
Chicken Tenders WG, 6 each	6 Each	50	420	110	1460	2.00	3.60	40.0	200	0.0	2	30.0	26.0	22.0	4.00	0.00
Fiesta Bean & Cheese Burrito	1 each	25	290	15	390	6.00	1.80	100.0	500	18.0	3	15.0	42.0	7.0	4.00	0.00
Nacho Supreme	1 Each	25	375	65	895	2.00	1.80	320.0	200	0.0	*0	21.0	26.0	21.0	9.50	0.00
Jalapeno Peppers	1 each	25	2	0	170	0.33	0.24	140.0	100	0.8	*N/A*	0.0	0.33	0.0	0.00	0.00
Sour Cream	1 each	25	57	14	14	0.00	0.00	18.9	189	0.0	0	0.94	1.88	5.66	3.30	0.00
PBJ Grape WW Sandwich	1 Each	25	630	0	620	7.00	1.80	60.0	0	0.0	28	19.0	64.0	33.0	7.00	0.00
Baby Carrots	1/2 Cup	150	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
French Fries, Waffle Cut	1/2 Cup	150	170	0	600	2.00	0.72	0.0	0	6.0	*N/A*	2.0	22.0	8.0	1.00	0.00
Peach Cup	1 ea	175	117	0	7	2.25	0.46	3.7	354	117.5	28	0.79	29.91	0.16	0.02	0.00
Raisins, Box	1 Box	75	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	50	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	100	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Ketchup Pkt.	1 each	25	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Mayo Pkt	1	25	70	5	45	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
BBQ Sauce Cup	1 ea	25	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
ranch dressing	pkt	25	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Marinara Sauce Cup	1 each	25	15	0	120	1.00	0.36	0.0	100	1.2	2	1.0	3.0	0.0	0.00	0.00
Weighted Daily Average			824	61	1628	9.38	4.70	452.0	8943	116.99	*31	32.13	114.68	27.66	7.44	0.00
% of Calories											*14.9%	15.6%	55.7%	30.2%	8.1%	0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Thu - 06/07/2018																
East and West Snack Bar	Total	200														
Chicken Patty on a Bun	1 each	25	350	55	980	4.00	3.60	100.0	100	0.0	4	22.0	41.0	13.0	2.50	0.00
Lettuce Pickle Cup	1 each	25	21	0	184	2.77	1.02	44.0	6572	27.2	*N/A*	1.13	3.9	0.0	0.00	0.00
Pizza, Big Daddy Cheese	1 Each	25	370	30	590	2.00	2.70	300.0	400	0.0	*N/A*	19.0	43.0	14.0	7.00	0.00
Pizza, Big Daddy Pepperoni	1 Each	25	380	30	700	2.00	2.70	250.0	400	0.0	*N/A*	19.0	44.0	15.0	7.00	0.00
Chicken Tenders WG, 6 each	6 Each	50	420	110	1460	2.00	3.60	40.0	200	0.0	2	30.0	26.0	22.0	4.00	0.00
Fiesta Bean & Cheese Burrito	1 each	25	290	15	390	6.00	1.80	100.0	500	18.0	3	15.0	42.0	7.0	4.00	0.00
Nacho Supreme	1 Each	25	375	65	895	2.00	1.80	320.0	200	0.0	*0	21.0	26.0	21.0	9.50	0.00
Jalapeno Peppers	1 each	25	2	0	170	0.33	0.24	140.0	100	0.8	*N/A*	0.0	0.33	0.0	0.00	0.00
Sour Cream	1 each	25	57	14	14	0.00	0.00	18.9	189	0.0	0	0.94	1.88	5.66	3.30	0.00
PBJ Grape WW Sandwich	1 Each	25	630	0	620	7.00	1.80	60.0	0	0.0	28	19.0	64.0	33.0	7.00	0.00
Jicama	1/2 Cup	150	25	0	4	1.12	0.36	9.0	0	12.0	*N/A*	0.85	5.25	0.0	0.00	*N/A*
Salad with Ranch	1 Cup	150	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
APPLES,Fresh	1 EACH	175	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Raisins, Box	1 Box	75	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	50	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	100	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Ketchup Pkt.	1 each	25	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Mayo Pkt	1	25	70	5	45	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
BBQ Sauce Cup	1 ea	25	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
ranch dressing	pkt	25	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Marinara Sauce Cup	1 each	25	15	0	120	1.00	0.36	0.0	100	1.2	2	1.0	3.0	0.0	0.00	0.00
Weighted Daily Average			670	62	1161	9.20	4.08	467.3	5097	34.92	*19	31.53	90.40	21.96	6.77	*0.00
% of Calories											*11.4%	18.8%	54.0%	29.5%	9.1%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	
Weighted Average			751	61	1366	10.71	4.69	475.4	8759	60.30	*25 *29.9%	33.26 17.7%	105.28 56.1%	23.12 27.7%	6.89 8.3%	*0.00 *0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Central Unified Food Services

Jun 1, 2018 thru Jun 7, 2018

Base Menu Spreadsheet

East and West Snack Bar

Portion Values - Detailed

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Generated on: 5/30/2018 10:04:59 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	751		750 - 850	100%													
Cholesterol (mg)	61																
Sodium (mg)	1366		1420														
Fiber (g)	10.71																
Iron (mg)	4.69																
Calcium (mg)	475.4																
Vitamin A (IU)	8759																
Sugars (g)	25	13.27%				Missing											
Vitamin C (mg)	60.30																
Protein (g)	33.26	17.72%															
Carbohydrate (g)	105.28	56.10%															
Total Fat (g)	23.12	27.72%															
Saturated Fat (g)	6.89	8.26%															
Trans Fat ¹ (g)	0.00	0.00%															
			<10.00%			Missing											

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