

Central Unified Food Services

Dec 1, 2017 thru Dec 15, 2017

Base Menu Spreadsheet

K-6 Elementary Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 12/01/2017																
K-6 Elementary Lunch	Total	500														
Pizza, 4x6 Cheese Smart	1 EA	75	300	25	440	4.00	2.70	250.0	300	0.0	10	16.0	33.0	11.0	5.00	0.00
Pizza, 4X6 Pepperoni, Smart	1 each	425	300	25	530	4.00	2.70	200.0	300	0.0	10	16.0	33.0	12.0	5.00	0.00
Baby Carrots	1/2 Cup	100	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
Salad with Ranch	1 Cup	300	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
ranch dressing	pkt	300	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
beans, vegetarian	1/2 cup	1	130	0	520	9.00	1.80	80.0	0	2.4	*N/A*	7.0	24.0	0.0	0.00	0.00
PEACHES: canned,light syrup	1/2 Cup	250	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
Raisins, Box	1 Box	450	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	150	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	350	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Weighted Daily Average			617	36	776	7.33	4.07	576.3	5742	14.33	*18	27.45	92.28	17.16	6.14	*0.00
% of Calories											*11.9%	17.8%	59.8%	25.0%	9.0%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	

Mon - 12/04/2017																
K-6 Elementary Lunch	Total	500														
Corn Dog,Mini turkey,F F,ele	6 EA	500	320	30	780	1.00	2.70	100.0	0	0.0	*N/A*	10.0	27.0	20.0	6.00	0.00
Bug Bite Grahams	1 each	450	120	0	115	1.00	0.72	100.0	500	0.0	*N/A*	2.0	21.0	3.5	1.00	0.00
Baby Carrots	1/2 Cup	350	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
Salad with Ranch	1 Cup	250	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 cup	250	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Raisins, Box	1 Box	300	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	100	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	400	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
ranch dressing	pkt	250	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Mustard Pkt.	1 each	300	5	0	70	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
Ketchup Pkt.	1 each	200	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Weighted Daily Average			721	40	1236	5.45	4.75	552.1	10075	13.12	*9	22.56	99.94	27.45	7.77	*0.00
% of Calories											*5.2%	12.5%	55.4%	34.3%	9.7%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	

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K-6 Elementary Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/05/2017																
K-6 Elementary Lunch	Total	500														
Chicken Patty on a Bun	1 each	500	350	55	980	4.00	3.60	100.0	100	0.0	4	22.0	41.0	13.0	2.50	0.00
French Fries, CC McCain	1/2 Cup	250	173	0	213	1.33	0.48	0.0	0	4.8	*N/A*	2.67	28.0	6.0	0.67	0.00
PICKLES,DILL	SLICE	400	3	0	170	0.21	0.05	12.0	26	0.48	0	0.11	0.51	0.06	0.02	0.00
Salad with Ranch	1 Cup	150	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
GRAPES,Fresh	1/2 CUP	150	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
Raisins, Box	1 Box	75	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	200	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	100	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Milk, Strawberry	1 each	200	120	5	120	0.00	0.00	350.0	500	1.2	19	9.0	19.0	0.0	0.00	0.00
Mayo Pkt	1	175	70	5	45	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
Ketchup Pkt.	1 each	400	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Weighted Daily Average			636	66	1466	5.71	4.25	484.1	2058	10.70	*18	33.82	85.35	19.72	3.86	*0.00
% of Calories											*11.3%	21.3%	53.7%	27.9%	5.5%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	

Wed - 12/06/2017																
K-6 Elementary Lunch	Total	500														
Taquito, WG Chicken 2 each	1 each	500	210	15	270	3.00	1.44	40.0	200	0.0	*N/A*	9.0	27.0	8.0	1.50	0.00
Salsa, Pace	2 oz	250	20	0	460	2.00	0.00	0.0	200	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Sour Cream	1 each	250	57	14	14	0.00	0.00	18.9	189	0.0	0	0.94	1.88	5.66	3.30	0.00
Salad with Ranch	1 Cup	350	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
Baby Carrots	1/2 Cup	300	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
ranch dressing	pkt	100	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
MELONS,HONEYDEW,RAW	1/2 CUP	350	30	0	9	0.51	0.06	5.1	34	21.08	*N/A*	0.39	7.8	0.09	0.02	*N/A*
Raisins, Box	1 Box	150	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	150	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	350	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Weighted Daily Average			468	32	762	6.96	2.54	418.9	9908	29.68	*0	20.29	70.82	13.31	3.89	*0.00
% of Calories											*0.1%	17.3%	60.5%	25.6%	7.5%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 12/07/2017																
K-6 Elementary Lunch	Total	500														
Chicken Tenders WG, 3 each	ea, 3 ea	500	210	55	730	1.00	1.80	20.0	100	0.0	1	15.0	13.0	11.0	2.00	0.00
BAKED BEANS - CUSD	1/2 CUP	350	151	0	452	5.69	1.90	58.9	221	2.26	*16	6.62	34.45	0.52	0.10	*0.00
WG Garlic Knot	1 each	350	170	0	270	2.00	1.08	20.0	200	6.0	2	4.0	23.0	7.0	1.50	0.00
Salad with Ranch	1 Cup	350	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
Jicama	1/2 Cup	250	25	0	4	1.12	0.36	9.0	0	12.0	*N/A*	0.85	5.25	0.0	0.00	*N/A*
APPLES,Fresh	1 EACH	300	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Raisins, Box	1 Box	225	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	200	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	300	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
BBQ Sauce Cup	1 ea	450	40	0	200	0.00	0.36	0.0	100	3.6	8	0.0	10.0	0.0	0.00	0.00
Weighted Daily Average			714	65	1617	10.54	5.23	451.5	4319	32.57	*30	33.99	110.89	17.70	3.82	*0.00
% of Calories											*16.6%	19.0%	62.1%	22.3%	4.8%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	

Fri - 12/08/2017																
K-6 Elementary Lunch	Total	500														
Stuffed Cheese Sticks, 2 each	1 each	500	300	25	490	3.00	0.00	0.0	0	0.0	4	20.0	30.0	11.0	6.00	0.00
Marinara Sauce Cup	1 each	450	15	0	120	1.00	0.36	0.0	100	1.2	2	1.0	3.0	0.0	0.00	0.00
Salad with Ranch	1 Cup	250	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
Baby Carrots	1/2 Cup	200	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
PEACHES: canned,light syrup	1/2 Cup	350	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
Raisins, Box	1 Box	150	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	100	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	400	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
ranch dressing	pkt	250	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Weighted Daily Average			571	35	857	6.96	1.44	349.4	7051	14.18	*18	31.47	78.89	15.23	6.86	*0.00
% of Calories											*12.3%	22.0%	55.3%	24.0%	10.8%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	

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K-6 Elementary Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/11/2017																
K-6 Elementary Lunch	Total	500														
Quesadilla, Chicken & Cheese	1 each	500	300	40	560	3.00	2.70	250.0	200	0.0	2	19.0	31.0	11.0	4.50	0.00
Scooby Grahams	1 bag	400	120	0	115	1.00	0.72	100.0	500	0.0	*N/A*	2.0	21.0	3.5	1.00	0.00
Salad with Ranch	1 Cup	250	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
Baby Carrots	1/2 Cup	200	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
FRUIT COCKTAIL:canned,lt syrup	1/2 Cup	350	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
Raisins, Box	1 Box	150	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	100	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	400	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
ranch dressing	pkt	250	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
Taco Sauce Pkt	1 ea	400	5	0	95	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	0.0	0.00	0.00
Weighted Daily Average			658	50	988	6.57	4.32	681.8	7426	12.60	*14	31.11	94.66	18.07	6.16	*0.00
% of Calories											*8.4%	18.9%	57.5%	24.7%	8.4%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	

Tue - 12/12/2017																
K-6 Elementary Lunch	Total	500														
Cheeseburger	1 EACH	500	432	84	877	3.00	3.33	248.1	160	0.0	3	25.57	28.68	23.35	10.06	1.16
Smiles, McCain	serv, 4 ea	350	129	0	179	1.99	0.36	0.0	0	2.39	0	1.99	19.92	4.48	0.50	0.00
Salad with Ranch	1 Cup	150	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
GRAPES,Fresh	1/2 Cup	300	62	0	2	0.83	0.27	12.9	92	3.68	15	0.58	15.78	0.32	0.10	0.00
Raisins, Box	1 Box	100	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	100	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	200	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Milk, Strawberry	1 each	200	120	5	120	0.00	0.00	350.0	500	1.2	19	9.0	19.0	0.0	0.00	0.00
Ketchup Pkt.	1 each	400	10	0	85	0.00	0.00	0.0	0	0.0	2	0.0	2.0	0.0	0.00	0.00
Mayo Pkt	1	100	70	5	45	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	7.0	1.00	0.00
Mustard Pkt.	1 each	100	5	0	70	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			733	92	1258	5.59	4.06	607.5	2125	10.49	*22	37.20	79.79	28.71	11.00	*1.16
% of Calories											*11.8%	20.3%	43.6%	35.3%	13.5%	*1.4%
Nutrient Guideline			600-650		1230										<10.00	

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Wed - 12/13/2017																
K-6 Elementary Lunch	Total	500														
Orange Chicken Bowl	1 Bowl	500	196	25	175	0.60	42.67	0.0	0	0.75	*N/A*	9.29	34.19	2.48	0.31	0.00
Baby Carrots	1/2 Cup	400	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
Salad with Ranch	1 Cup	100	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
ranch dressing	pkt	400	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
PINEAPPLE CHUNKS:canned,lt syr	1/2 Cup	475	33	0	1	0.50	0.25	8.8	24	4.72	8	0.23	8.47	0.08	0.01	0.00
Raisins, Box	1 Box	350	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	200	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	300	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Soy Sauce Pkt.	1 each	75	0	0	430	0.00	0.00	0.0	0	0.0	2	0.0	0.0	0.0	0.00	0.00
Fortune Cookie	1 each	500	35	0	10	0.00	0.00	0.0	0	0.0	*N/A*	0.0	7.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			545	38	536	3.94	44.10	382.9	9063	12.78	*8 *5.8%	20.29 14.9%	95.43 70.0%	9.33 15.4%	1.76 2.9%	*0.00 *0.0%
Nutrient Guideline			600-650		1230											<10.00

Thu - 12/14/2017																
K-6 Elementary Lunch	Total	500														
Turkey & Gravy - Jennie - O	1/2 cup	500	120	55	460	0.00	0.72	20.0	107	0.0	*N/A*	15.0	2.0	6.0	2.00	0.00
Mashed Potatoes 1/2 Cup	1/2 Cup	500	110	0	350	2.00	0.72	20.0	0	6.0	1	2.0	17.0	3.5	0.00	0.00
Texas Toast	1 each	450	100	0	130	2.00	0.72	20.0	300	1.2	0	3.0	15.0	3.0	0.00	0.00
Salad with Ranch	1 Cup	400	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
Rosati, Sno Joe Sweet Apple	1 each	350	99	0	15	0.00	0.00	0.0	0	12.0	25	0.0	25.0	0.0	0.00	0.00
Raisins, Box	1 Box	150	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	100	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	100	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Milk, Vanilla	1 each	300	120	5	120	0.00	0.00	350.0	500	1.2	19	9.0	19.0	0.0	0.00	0.00
Cookie, Tree	1 each	500	120	0	75	1.00	0.36	0.0	0	0.0	8	1.0	16.0	6.0	1.50	0.00
Weighted Daily Average % of Calories			680	63	1183	6.34	3.14	434.6	4636	30.51	*38 *22.4%	31.13 18.3%	96.22 56.6%	19.00 25.1%	3.88 5.1%	*0.00 *0.0%
Nutrient Guideline			600-650		1230											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Central Unified Food Services

Dec 1, 2017 thru Dec 15, 2017

Base Menu Spreadsheet

K-6 Elementary Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 12/15/2017																
K-6 Elementary Lunch	Total	500														
MaxSnax, Con Queso, WG	1 each	75	260	10	600	3.00	10.00	20.0	2	0.0	2	14.0	30.0	10.0	2.50	0.00
MaxSnax, Taco 3 each	1 each	425	250	10	600	4.00	15.00	20.0	2	0.0	2	15.0	30.0	8.0	2.50	0.00
Baby Carrots	1/2 Cup	250	25	0	55	2.00	0.72	20.0	9500	2.4	*N/A*	0.0	6.0	0.0	0.00	0.00
Salad with Ranch	1 Cup	300	19	1	36	1.40	0.60	26.1	4699	16.66	*0	0.85	3.04	0.31	0.08	*0.00
Garbonzo Beans	1/2 Cup	75	143	0	140	5.30	1.62	38.0	29	4.6	*N/A*	5.94	27.14	1.37	0.14	0.00
ranch dressing	pkt	300	70	5	75	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.0	7.0	1.00	0.00
PEACHES: canned,light syrup	1/2 Cup	400	68	0	6	1.63	0.45	3.8	444	3.01	17	0.56	18.26	0.04	0.00	0.00
Raisins, Box	1 Box	250	113	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.16	29.98	0.17	0.04	0.00
Low Fat Milk, 1%	1 Each	100	130	15	160	0.00	0.00	400.0	500	2.4	*N/A*	11.0	16.0	2.5	1.50	0.00
Chocolate Milk, NonFat	1 Each	350	120	5	180	0.00	0.00	300.0	500	1.2	*N/A*	9.0	21.0	0.0	0.00	0.00
Weighted Daily Average			559	20	880	8.49	15.93	353.9	8381	16.05	*15	25.78	86.99	13.51	3.50	*0.00
% of Calories											*11.0%	18.4%	62.2%	21.7%	5.6%	*0.0%
Nutrient Guideline			600-650		1230										<10.00	
Weighted Average			628	49	1051	6.72	8.53	481.2	6435	17.91	*17 *24.7%	28.65 18.3%	90.12 57.4%	18.11 26.0%	5.33 7.6%	*0.11 *0.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	628		600 - 650	100%				
Cholesterol (mg)	49							
Sodium (mg)	1051		1230					
Fiber (g)	6.72							
Iron (mg)	8.53							
Calcium (mg)	481.2							
Vitamin A (IU)	6435							
Sugars (g)	17	10.98%			Missing			
Vitamin C (mg)	17.91							
Protein (g)	28.65	18.26%						
Carbohydrate (g)	90.12	57.44%						
Total Fat (g)	18.11	25.97%						
Saturated Fat (g)	5.33	7.64%	<10.00%					
Trans Fat ¹ (g)	0.11	0.15%			Missing			

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